



PLATE

MON

- Breakfast** **Denver Scramble**
- Lunch** **Beef Stroganoff** with Herb Pasta and Green Beans
Polenta and Roasted Veggies (v) with Honey Mustard Spinach Salad
Sun-Dried Tomato White Beans (vg) with White or Brown Rice
- Dinner** **Orange Balsamic Roasted Chicken** with Thyme Red Potatoes and Fennel Green Beans
Baked Polenta (v) with Sun-Dried Tomato Cream, Garlic Greens, and Rosemary Roasted Cauliflower
Sun-Dried Tomato White Beans with White or Brown Rice

TUES

TACO
TUESDAY

- Breakfast** **French Toast** with Maple Syrup
- Lunch & Dinner** **Build Your Own Taco, Burrito, Bowl or Salad**
Choice of: Beef, Pork, or Chicken (**Halal**), Black Beans, Pinto Beans, Smoked Tomato Rice, Cilantro Rice, Fajita Veggies,
Topping Bar: Sour Cream, Aji Amarillo Cream, Pico de Gallo, Guacamole, Lettuce, Assorted Salsa, Cheese, Fajita Vegetables, Chipotle Cream

WEDS

- Breakfast** **Spanish Scramble** with Black Beans, Corn, Peppers and Jack Cheese
- Lunch** **Beef Stroganoff** with Herb Pasta and Green Beans
Polenta and Roasted Veggies (v) with Honey Mustard Spinach Salad
Sun-Dried Tomato White Beans (vg) with White or Brown Rice
- Dinner** **Kalua Pork** with Spam Fried Rice and Macaroni Salad
Hula-Hula Chicken with Spam Fried Rice and Macaroni Salad
Spicy Tofu Salad (v) with Veggie Fried Rice and Macaroni Salad
Pineapple Brown Sugar Baked Beans (vg) with White or Brown Rice

THUR

- Breakfast** **Blueberry Pancakes** with Maple Syrup
- Lunch** **Pork Vindaloo** with Basmati or Brown Rice and House-Made Chutneys
Chana Aloo (vg) with Chickpea, Potato, and Tomato Curry with Basmati or Brown Rice and House-Made Chutneys
- Dinner** **Shrimp Fra Diavolo** with Herb Penne and Snap Peas
Grilled Cheese and Tomato Soup (v) with Tillamook Cheddar and House-Made Tomato Rosemary Soup

FRI

- Breakfast** **Mediterranean Scramble** with Prosciutto, Sun-Dried Tomato, Parmesan and Fresh Herbs
- Lunch** **Pork Vindaloo** with Basmati or Brown Rice and House-Made Chutneys
Chana Aloo (vg) with Chickpea, Potato, and Tomato Curry with Basmati or Brown Rice and House-Made Chutneys

MARKET

Ham & Brie With Dijon Mayo and Caramelized Onions

NOODLE

Lunch **Make Your Own Pasta**

Daily **Choice of:**

Pasta: Penne, Whole Wheat or Gluten Free

Protein: Beef & Pork Meatballs, Pork Italian Sausage, Grilled Chicken, Seasonal

Topping: Vegetable, Basil Pesto, Marinara & Alfredo

Pan Asian

Teriyaki Chicken with Jasmine or Brown Rice and Sesame Slaw

Lunch **Pork Yakisoba** with Veggies and Soy Ginger Sauce

Veggie Yakisoba (v) with Soy Ginger Sauce

Dinner **Pork Katsu-** Crispy Pork Fritter with Bulldog Tonkatsu Sauce, with Miso Stir Fry
Veggies and choice of Jasmine or Brown Rice

Chicken Yakisoba with a Soy Ginger Sauce

Veggie Yakisoba (v) with a Soy Ginger Sauce

DUB STREET

Teriyaki Burger All-Beef Patty on a Toasted Bun topped with Caramelized Pineapple Mayo, Lettuce, Tomato, Onion and Teriyaki Sauce

Fry Special Lattice

SELECT

Mediterranean Choice of Brown or White Rice, Falafel, Chickpea Salad, Greek Salad, Mixed Greens
Bowl (vg) and Tomato Green Beans

Soup Tomato Basil **(vg)** and Du Jour
