

PLATE

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- MON**
- Breakfast** Green eggs and ham
 - Lunch** Roasted pork loin with tomato Kalamata relish, creamy polenta and broccolini
Ratatouille with roasted red potatoes (vg)
 - Dinner** Chicken cacciatore with herb pasta and broccolini
Eggplant Parmesan with herb pasta and broccolini (v)
Rosemary tomato white beans and rice (vg)

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- TUE**
- Breakfast** French toast (v)
 - Lunch & Dinner** Taco Tuesday—build-your-own taco with beef, pork, chicken, pinto beans, black beans, smoked-tomato rice, cilantro rice, cheese, fajita vegetables, chipotle cream, sour cream, aji amarillo crema, pico de gallo, tomatillo salsa, spicy red salsa, corn salsa, guacamole, lettuce (v and vg available)

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- WED**
- Breakfast** Corn salsa and black bean scramble with cheddar (v)
 - Lunch** Roasted pork loin with tomato Kalamata relish, creamy polenta and broccolini
Ratatouille with roasted red potatoes (vg)
 - Dinner** BBQ pork ribs or honey BBQ chicken with a choice of two of the following sides: baked beans, corn on the cob, macaroni and cheese, slaw, red potato salad, broccoli, corn bread

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- THU**
- Breakfast** Greek scramble with sausage, feta, spinach and tomato
 - Lunch** Tagliata – rosemary grilled flank steak, lemon parmesan gremolata, roasted garlic mashers, broccolini
Cheese raviolis with butternut squash, red peppers, brussels sprouts and herbs (v)
Citrus and arugula salad (vg)
 - Dinner** BBQ pork ribs or honey BBQ chicken with a choice of two of the following sides: baked beans, corn on the cob, macaroni and cheese, slaw, red potato salad, broccoli, corn bread

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- FRI**
- Breakfast** Blueberry pancakes
 - Lunch** Tagliata – rosemary grilled flank steak, lemon parmesan gremolata, roasted garlic mashers, broccolini
Cheese raviolis with butternut squash, red peppers, brussels sprouts and herbs (v)
Citrus and arugula salad (vg)

MARKET

Chicken Caesar Wrap—Chicken Caesar salad wrapped in a tortilla

SELECT

Bowl Curry chicken, chana aloo, roasted cauliflower, white rice, brown rice, lemon pickle, spinach, chutneys

Soup Tomato Rosemary, Du Jour
