# Big Kitchen

## Breakfast

<table>
<thead>
<tr>
<th>Day</th>
<th>Special</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MON</strong></td>
<td>Special Scramble with Ham, Cheddar &amp; Green Onion</td>
</tr>
<tr>
<td><strong>TUE</strong></td>
<td>French Toast Special</td>
</tr>
<tr>
<td><strong>WED</strong></td>
<td>Spanish Scramble with Chorizo, Pico de Gallo &amp; Cheese</td>
</tr>
<tr>
<td><strong>THU</strong></td>
<td>Special Scramble with Bacon, Mushroom &amp; Swiss</td>
</tr>
<tr>
<td><strong>FRI</strong></td>
<td>Congee with Chicken, Ginger &amp; Green Onion</td>
</tr>
</tbody>
</table>

## Lunch Daily

### Pasta Bar

- **Make Your Own Pasta Bar** — Penne, Whole Wheat, and Gluten Free Pastas (vg)
- **Sauces:** Marinara (vg), Alfredo (v), Lentil Bolognese (vg)
- **Toppings/Add-Ons:** Pork Italian Sausage, Beef & Pork Meatballs, Grilled Chicken, Seasonal Veggies (vg), Basil Pesto (v)

<table>
<thead>
<tr>
<th>Day</th>
<th>Special</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MON</strong></td>
<td>PASTA SPECIAL</td>
<td>Ravioli Beef Bolognese (Halal) — Cheese-filled Ravioli in a Beef Bolognese Sauce, served with Breadstick</td>
</tr>
<tr>
<td><strong>TUE</strong></td>
<td>SANDWICH</td>
<td>Italian Meatball — Pork &amp; Beef Meatballs, Tomato Sauce &amp; Provolone Cheese on Italian Milano Roll, served with Sweet Potato Fries</td>
</tr>
<tr>
<td><strong>WED</strong></td>
<td>SANDWICH</td>
<td>Grilled Turkey &amp; Swiss — on Toasted Nine-Grain Bread with Tomato Soup and Rosemary Fries</td>
</tr>
<tr>
<td><strong>THU</strong></td>
<td>SPECIAL</td>
<td>Taco Salad — Spicy Beef Taco Meat, Romaine, Corn, Peppers, Black Beans, Guacamole, Sour Cream &amp; Cheddar Cheese in Crispy Tostada Bowl</td>
</tr>
<tr>
<td><strong>FRI</strong></td>
<td>PASTA SPECIAL</td>
<td>Beef Lasagna (Halal) — Layered with Tomato Sauce and served with Breadstick</td>
</tr>
</tbody>
</table>

### Feature Friday

- **Chef's Special**

---

*Made in a facility that also prepares wheat-based foods. v = vegetarian, vg = vegan. h = prepared with halal meats. Eating raw and/or undercooked foods may increase the risk of food borne illness. Menu subject to change without notice. Allergen information for menu items are available and/or posted in each dining location.*

[www.hfs.uw.edu/eat](http://www.hfs.uw.edu/eat)
DINNER

**SUN**
- **BBQ Roasted Chicken** – Sweet & Spicy Sauce, Mac & Cheese and Green Beans
- **BBQ Smoked Tofu (v)** – Sweet & Spicy Sauce, Mac & Cheese and Green Beans
- **Oven-Roasted Tofu**

**MON**
- **Choice of:** Italian Sausage, All-Beef Dog or Vegan Sausage on Stadium Roll
- **Topping Bar:** Cream Cheese, Chilli, Cheddar Cheese, Relish, Caramelized Onions, Jalapenos, Sauerkraut, Horseradish
- **Sides:** Housemade Potato Salad & Coleslaw

**TUE**
- **Fried Cod Tacos** – 2 Grilled Corn Tacos filled with Mango Salsa. Served with Rice and Beans
- **Crispy Tofu Tacos (vg)** – 2 Grilled Corn Tacos with choice of topping. Served with Rice and Beans
- **Topping Bar:** Assorted Salsas, Tomatoes, Lettuce, Onions, Pico, Sour Cream, Cheddar Cheese, Olives, Pickled Jalapenos

**WED**
- **Baked Chicken Wings** – 5 per plate served with Asian Slaw and Garlic Green Beans
- **Crispy Tofu Bites (v)** – served with Asian Slaw and Garlic Green Beans
- **Sauces:** Sweet Thai Chili or Miso Glaze

**THU**
- **Roasted Salmon** with Lemon Herb Butter, Rice Pilaf & Seasonal Veggies
- **Mushroom Risotto (v)** – Roasted Portobello & Crimini Mushrooms with Arborio Rice and Parmesan Cheese

**FRI**
- **Make Your Own Pasta Bar**— Penne, Whole Wheat, and Gluten Free Pastas (vg)
- **Sauces:** Marinara (vg), Alfredo (v), Lentil Bolognese (vg)
- **Toppings/Add-Ons:** Pork Italian Sausage, Beef & Pork Meatballs, Grilled Chicken, Seasonal Veggies (vg), Basil Pesto(v)
- **PASTA SPECIAL:** **Beef Lasagna (Halal)** – Layered with Tomato Sauce and served with Breadstick
- **Chef’s Special**

**SAT**
- **Southern-Style Fried Chicken** with Potato Salad & Roasted Squash
- **Fried Gardein Chicken (vg)** Crispy Strips with Potato Salad & Roasted Squash

**DESSERT**
- **Banana Bread Pudding** with Whipped Topping and Cinnamon Sauce

---

Made in a facility that also prepares wheat-based foods. v = vegetarian, vg = vegan. h = prepared with halal meats. Eating raw and/or undercooked foods may increase the risk of food borne illness. Menu subject to change without notice. Allergen information for menu items are available and/or posted in each dining location. | [www.hfs.uw.edu/eat](http://www.hfs.uw.edu/eat)