SELECT

Lunch/Dinner

Hours

Mon-Thu: Lunch 11 a.m.-2:30 p.m. Dinner 5-9 p.m. Fri: Lunch 11 a.m.-2:30 p.m. Dinner CLOSED Sat: CLOSED Sun: Lunch CLOSED Dinner 5-9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Weekly Specials

Entrées

Locro de Zapallo Peruvian Stew

Peruvian Grilled Chicken Quarter

Beef Barbacoa

Vegetables

Roasted Cherry Tomatoes

Seasoned Steamed Asparagus

Kale & Arugula Greens

Grilled Broccolini



Hours of Operation: hfs.uw.edu-eat

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Starch/Grains

Peruvian Quinoa Salad

Peruvian-Inspired Two-Bean Salad

Brown Rice

Jasmine Rice

Fried Entrées/Sides

Boneless Chicken Chunks

Chicken Chunks & Fries - Six pieces or eight pieces

French Fries

Soup

Fiery Two-Bean (Sun–Tue)

Santa Fe Tortilla (Wed-Fri)

Tomato Basil

Sauce

Chimichurri

BBQ Sauce



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