**BIG KITCHEN**

### SUN

**Brunch**
French Toast (v), Bacon, Sausage Link, Biscuit & Sausage gravy, Plant-based sausage (vg) and Plain Scrambled Eggs (v) [calories 130-450]

**Dinner**
Southwest Flank Steak Grilled Marinated Beef, served with Cumin Verde Mashers and Sweet Corn Succotash [calories 450]

Winter Squash & Chickpea Stew (vg) Carrots, Squash, Potatoes and Chickpeas with Tomato and Spices, served with Jasmine or Brown Rice [calories 290-310]

### MON

**Breakfast**
Caprese Scramble (v) with Basil, Tomato, Mozzarella [calories 200]

**Lunch**
Mojo Shrimp Bowl (Halal) Garlic Citrus Shrimp with Coconut Red Beans & choice of Jasmine or Brown Rice and Pineapple Salsa [calories 850-870]

Jerk-Roasted Vegetable Bowl (Halal, vg) with Coconut Beans & choice of Jasmine or Brown Rice and Pineapple Salsa [calories 560-580]

**Dinner**
Southwest Flank Steak Grilled Marinated Beef, served with Cumin Verde Mashers and Sweet Corn Succotash [calories 450]

Winter Squash & Chickpea Stew (vg) Carrots, Squash, Potatoes and Chickpeas with Tomato and Spices, served with Jasmine or Brown Rice [calories 290-310]

### TUES

**Breakfast**
Ham and Cheddar Scramble Ham, Cheddar and Green Onions [calories 260]

**Lunch & Dinner**

**Build Your Own Latin Bowl**

**Base Includes:** Cilantro Rice, Black Beans and choice of toppings [calories 470]

**Option to add:** Beef Barbacoa, Chicken Tinga, or Vegan “Meat” [calories 170-230]

**Toppings:** Pico de Gallo, Tomatillo Salsa, Corn Salsa & Sour Cream [calories 50]

### WEDS

**Breakfast**
Chorizo Scramble Chorizo, Pico de Gallo and Cheese [calories 390]

**Lunch**
Mojo Shrimp Bowl (Halal) Garlic Citrus Shrimp with Coconut Red Beans & choice of Jasmine or Brown Rice and Pineapple Salsa [calories 850-870]

Jerk-Roasted Vegetable Bowl (Halal, vg) with Coconut Beans & choice of Jasmine or Brown Rice and Pineapple Salsa [calories 560-580]

**Dinner**
Herb-Roasted Chicken Herb-roasted Chicken Hindquarter, served with ‘Funeral Potatoes’ and Snap Peas [calories 760]

Funeral Potatoes (v) Cheesy Baked Potato Casserole, served with Steamed Snap Peas [calories 390]

### THUR

**Breakfast**
Spam Swiss Scramble Spam, Red Peppers, Scallion and Swiss Cheese [calories 370]
Lunch  Cider Pork  Cider-glazed Pork Loin with Wild Rice, Cranberry Pilaf and Snap Peas [calories 500-50]
Kale Butternut Squash Risotto (v) Kale and Butternut Squash Risotto with Snap Peas [calories 270]

Dinner  Herb-Roasted Chicken  Herb-roasted Chicken Hindquarter, served with ‘Funeral Potatoes’ and Snap Peas [calories 760]
Funeral Potatoes (v) Cheesy Baked Potato Casserole, served with Steamed Snap Peas [calories 390]

FRI
Breakfast  Italian Scramble  Prosciutto, Sun-dried Tomatoes, Fresh Herbs and Parmesan Cheese [calories 330]
Lunch  Cider Pork  Cider Glazed Pork Loin with Wild Rice, Cranberry Pilaf and Snap Peas [calories 500-540]
Kale Butternut Squash Risotto (v) Kale and Butternut Squash Risotto with Snap Peas [calories 270]
Dinner  Fettuccine Jambalaya  Spicy Andouille Sausage, Chicken and Roasted Peppers in a Spicy Creole Tomato Sauce, served with Broccolini and Breadstick [calories 980]
Vegetarian Fettuccine Jambalaya (v) Beyond Meat Sausage, Gardein Chick’n & Roasted Peppers in a Spicy Creole Tomato Sauce, served with Broccolini and Breadstick [calories 870]

SAT
Brunch  Pancakes (v), Bacon, Sausage, Plant-based Sausage (vg), Hash-brown Patty (vg), Biscuit & Gravy and Plain Scrambled Eggs (v) [calories 30-450]
Dinner  Fettuccine Jambalaya  Spicy Andouille Sausage, Chicken and Roasted Peppers in a Spicy Creole Tomato Sauce, served with Broccolini & Breadstick [calories 980]
Vegetarian Fettuccine Jambalaya (v) Beyond Meat Sausage, Gardein Chick’n & Roasted Peppers in a Spicy Creole Tomato Sauce served with Broccolini and Breadstick [calories 870]

GLOBAL
LUNCH (MON-FRI)  DINNER (SUN-THUR)
Korean Fried Chicken  Crispy Fried Chicken Tossed in a Honey Gochujang Sauce, served with Banchan and choice of Jasmine or Brown Rice [calories 920-940]
Beef Bulgogi  Beef and Onions Stir-fried in a Sesame Garlic Sauce, served with Banchan and choice of Jasmine or Brown Rice [calories 640-660]
Banchan (vg)  Zucchini and Mushrooms, Kimchi or Carrots and Sprouts [calories 120]
Curry Cauliflower Grain Bowl (vg)  Basmati Rice, Mixed Greens, Cucumber with Dill, Curried Cauliflower Salad and Lemon Slice [calories 630]

DELI SANDWICH SPECIAL
Buffalo Chicken Wrap  Flour Tortilla, Crispy Chicken, Gorgonzola Spread, Spicy Buffalo Sauce and Fresh Vegetables [calories 920]
Field Roast Sandwich  Telera Roll, Vegan Tomato Field Roast, Vegan Chao Cheese, Chipotle Mayoli, Sweet Roasted Peppers and Lemon Kale [calories 750]
Cheesy Brit  Roast Beef, Cheddar Cheese, Horseradish Mayo and Vegetables [calories 690]

DUB STREET SPECIAL
Chicken Caesar  Grilled Chicken with Provolone Cheese, Caesar Dressing, Lettuce and Tomato on a Telera Bun [calories 810]
Fry Special  Lattice Fries [calories 350]