

Breakfast

Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8 a.m.–2 p.m.

Weekly Specials – With choice of whole fruit

Husky Combo – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

Daily Specials – With choice of whole fruit

Monday

Italian Vegetable Scramble – Local cage-free eggs scrambled with roasted red peppers, pesto and asiago, Romano and Parmesan cheeses

Tuesday

Greek Scramble – Local cage-free eggs scrambled with spinach, sun-dried tomato, kalamata olives and feta cheese

Wednesday

Spinach & Mushroom Scramble – Local cage-free eggs scrambled with spinach, mushrooms, peppers and Swiss cheese

Thursday

Banana Pancake Stack – Three banana pancakes served with butter and syrup

Friday

Tofu & Bean Burrito – Tofu, black beans, potato, cumin and curry powder

Saturday–Sunday

Plant-Based Mushroom Poblano Scramble – Plant-based scramble with mushrooms, poblano, tomatillo salsa and plant-based mozzarella cheese

À la Carte Sides

Biscuit & Sausage Gravy

Buttermilk Biscuit

French Toast

Hardwood-Smoked Bacon

Hash Brown Patty

Plant-Based Pancakes

Plant-Based Sausage Patty

Plant-Based Scramble

Sausage Gravy

Sausage Link

Scramble

Lunch/Dinner

Hours

Mon–Fri: 11:30 a.m.–9 p.m.

Sat–Sun: 11 a.m.–9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Entrées Weekly Specials

Herb-Roasted Chicken

Seared Salmon

Entrée Daily Specials

Monday

Gemelli Tomato Artichoke & Kale Pesto

Ravioli Beef Bolognese

Tuesday–Wednesday

Matzo Latkes With Applesauce

Baked Potato Kugel

Thursday–Friday

Roasted Black-Eyed Pea Cakes

Grilled Barramundi With Spicy Remoulade

Vegetables

Lemon & Garlic Roasted Asparagus

Salad

Greek Salad With Feta Cheese



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Starch/Grains Daily Specials

Monday–Wednesday

Garlic Mashed Potatoes With Olive Oil

Thursday–Sunday

Roasted Lemon-Parsley Red Potatoes

Sauces

Tomato & Artichoke Sauce

Preserved Lemon & Green Olive Sauce

Dessert

Dutch Apple Pie With Topping



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