# **DELI & SALAD**

# **Breakfast**

## Hours

Mon–Fri: 7:30–11 a.m. Sat–Sun: 8–11 a.m.

Classic Breakfast Sandwich- Egg patty, American cheese on English muffin

Dub Muffin w/ Sausage - Egg patty, American cheese, sausage on English muffin

Dub Muffin w/ Bacon- Egg patty, American cheese, bacon on English muffin

Plant Powered Sando (VG)- Just Egg patty, Chao cheese on English muffin

# Salad Bar: Yogurt & Fruit Breakfast Bar

Selection of yogurt, granola and seasonal fruit

# Lunch/Dinner

# Hours Sun–Thu: 11 a.m.–11 p.m. Fri–Sat: 11 a.m.–9 p.m.

#### Salad Bar

Rotating selection of greens, toppings and dressings. UW Farm produce provided when available.

# Weekly Specials

#### Vegetable Caesar Wrap

Romaine, red onion, tomatoes, Caesar dressing

#### **Grilled Chicken Caesar Wrap**

Grilled garlic-lemon chicken, Parmesan cheese with Caesar dressing, fresh vegetables, flour tortilla



Hours of Operation: hfs.uw.edu-eat

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

### Sandwiches & Wraps

#### **Italian Club Sandwich**

Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies, telera bun

#### **Caprese Sandwich**

Fresh mozzarella, Roma tomato, fresh basil, balsamic vinaigrette, baguette

#### Ham & Havarti Sandwich

Hardwood smoked ham, Havarti, mayoli, Dijon mustard, choice of veggies, telera bun

#### **BBQ Chicken Wrap**

Crispy chicken, caramelized onions, Ray's BBQ sauce, pepperjack cheese, fresh veggies, flour tortilla

#### **Grilled Plant-Based Cheese Sandwich**

Plant-based cheddar cheese, sourdough bread

#### **BLTC Sandwich**

Bacon, lettuce, tomato, white cheddar, sourdough bread

#### Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted Focaccia bread

#### Spicy Tofu Wrap

Spicy tofu salad, red onion, tomato, lettuce, flour tortilla

#### **Roasted Vegetable Wrap**

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

#### **Grilled Cheese & Tomato Soup**

Cheddar cheese, American cheese, sourdough bread, tomato soup

#### Soup

Tomato Basil

**Tuscan Mushroom Soup** 

**Chicken Chili** 

#### Dessert

**Chocolate Brownie** 

Plant-Based Coconut Ranger Cookie



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