Hot Breakfast Bar  Mon–Fri 8–10:30 a.m.

Breakfast Sandwich  English muffin filled with an egg patty, cheese, bacon or pork sausage

Vegan Breakfast Sandwich  English muffin filled with an eggless patty, Chao cheese, vegan sausage (VG)

Egg & Cheese Breakfast Sandwich  English muffin filled with an egg patty and cheddar cheese (V)

Other Breakfast Items  Plain scrambled eggs (V), chicken breakfast sausage, bacon and tater tots (VG)

Hot Lunch & Dinner Bar  Mon–Fri 11 a.m.–3 p.m., 5–8 p.m.  Weekend Service 10 a.m.–4 p.m.

Baked Pasta  Mac-n-Cheese (V) or Baked Penne w/Halal Bolognese

Samosa  Potatoes, peas, carrots, onions, garlic, turmeric, chili, ginger, cumin, garam masala and mint (VG)

Other Items  Chicken strips, jojo’s (V), steamed broccolini or seasonal vegetables (VG) and turkey corn dog

Cold Case Meals To Go

Classics  Spaghetti & Meatballs  Teriyaki Salmon Dinner

Halal Options  Chicken Alfredo Pasta  Chicken Teriyaki  Beef Teriyaki  Chicken Tikka Masala

Vegetarian (V) Options  Mac-n-Cheese (V)  Alfredo Pasta (V)

Vegan (VG) Options  Quinoa (VG)  Bibimbap (VG)  Chana Masala (VG)

Deli Salads & Sides

Balsamic Brussels Sprouts (VG)  Roasted brussels sprouts, red bell pepper, balsamic vinaigrette

Tahini Cauliflower (VG)  Roasted cauliflower, carrots, red onion, lemon tahini dressing, parsley

Heidi’s Tofu (VG)  Organic tofu, orange juice, sesame, garlic, ginger, tamari

Sesame Quinoa (VG)  Quinoa, edamame, seaweed salad, shredded kale
Spicy Tofu & Farro Salad (VG)  Farro, marinated tofu, shredded red cabbage, red pepper, cilantro, sambal, tamari vinaigrette

Asian Noodle Salad (VG)  Spaghetti, tamari, mirin, sesame oil, red bell pepper, cilantro

Vegan Kale Caesar (VG)  Shredded kale, red cabbage, carrot, vegan Caesar dressing

Miso Quinoa Salad (VG)  Quinoa, grilled tofu, red pepper, red onion, miso vinaigrette

Smoked Mozzarella Salad (V)  Penne pasta, white balsamic mayoli, Mama Lil’s Peppers, smoked mozzarella, parsley

Pesto Tortellini Salad (V)  Three-cheese tortellini, basil pesto, Parmesan, red bell pepper

Thai Chicken Salad  Thai grilled chicken, napa and red cabbage, carrot, Thai peanut dressing

Chicken Pot Sticker Salad  Chicken pot stickers, napa cabbage, carrots, red pepper, cilantro, sesame oil, tamari

Teriyaki Chicken Wings  Chicken wings and drums, teriyaki glaze, green onion

Falafel (VG)  Garbanzo beans, garbanzo flour, jalapenos, garlic, onion, parsley, cumin, coriander

Halal Grilled Chicken Breast  Halal chicken marinated with garlic, thyme, rosemary, olive oil, crushed red pepper and salt

Grilled Tofu (VG)  Extra-firm tofu marinated with yellow curry paste, sesame oil, mirin, tamari and ginger

Grilled Steak  Grilled strip loin steak, with salt and black pepper

Seared Salmon  Seared coho salmon marinated with olive oil, salt, black pepper and dill