

Daily Specials

MON

Breakfast Caprese Scramble (V) – Local cage-free eggs scrambled with tomato, mozzarella cheese and fresh basil [calories 290]

TUE

Breakfast Chorizo Breakfast Burrito – Chorizo, scrambled eggs, Yukon potato, cheddar cheese [calories 930]

WED

Breakfast Mushroom and Plant-Based Cheese Scramble (VG) – Plant-based eggs scrambled with mushrooms, onions and plant-based mozzarella [calories 290]

THU

Breakfast Mushroom Onion and Mozzarella Scramble (V) – Local cage-free eggs scrambled with mushrooms, onion and mozzarella cheese [calories 350]

FRI

Breakfast Bacon, Mushroom and Swiss Scramble – Local cage-free eggs with bacon, mushroom and Swiss cheese [calories 520]

SAT/SUN

Breakfast Italian Vegetable Scramble (V) – Local cage-free eggs scrambled with roasted red peppers, pesto and an Asiago, Romano and Parmesan cheeses. [calories 320]

DELI DAILY MENU

Mon – Fri 11 am – 8:30 pm

Sat & Sun 10 am – 8:30 pm

Roasted Vegetable Wrap (VG) – Sesame hummus, caramelized onion and roasted vegetables wrapped in a flour tortilla [calories 460]

Ragin' Cajun Sandwich – Turkey, Pepper Jack cheese, Frank's RedHot eggless mayoli and fresh vegetables on white bread [calories 650]

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Made in a facility that also prepares wheat-based foods. v = vegetarian. vg = vegan.

Eating raw and/or undercooked foods may increase the risk of food-borne illness. Menu subject to change without notice.

Allergen information for menu items are available and/or posted in each dining location. | hfs.uw.edu/eat

DUB STREET DAILY MENU

Mon-Fri: Lunch 11 am - 8:30 pm

Sat: Closed Sun: 5 - 11:30 pm

Nashville Hot Chicken Sandwich – Crispy chicken fritter, Nashville hot sauce, dill pickles, creamy coleslaw [calories 680]

GLOBAL DAILY MENU

Mon-Fri: Lunch 11 am – 2:30 pm Dinner 5 pm – 8:30 pm

Lunch & Dinner **German Week** – Create your own plate with a choice of Oktoberfest chicken thigh, Schweinebraten German-style roasted pork, plant-based bratwurst link, fried pork fritter, or fried plant-based patty, three side items including wild mushroom goulash, braised red cabbage, roasted brussels sprouts, herb roasted rainbow carrots, Gurkensalat, and buttered egg noodles. Choose a sauce from cheese Spatzle, mustard cream sauce, or plant-based mushroom gravy with roasted apples or a warmed pretzel.

BIG KITCHEN DAILY MENU

Lunch

Mon–Fri: 11:30 am – 2:30 pm Sat-Sun: 11:30 am – 2:30 pm

Dinner Mon–Fri: 5 pm – 8 pm

Lunch & Dinner Create your own plate with a choice of French lentil stew, roasted lemongrass beef, or roasted blackened cod and three side items, including garlic sauteed kale; miso stir-fried vegetables, lemon, and garlic roasted asparagus, seared polenta cakes, vegetable yakisoba, or rustic potatoes and tomatoes. Choose a sauce from spiced yogurt, warmed garlic chili, remoulade and a side of Thai cucumber salad or a dinner roll.

TERO DAILY MENU

Mon–Fri: Lunch 11 am – 2:30 pm Dinner 5 pm – 8:30 pm

Rainbowl – Brown rice, red quinoa, purple cabbage, garbanzo beans, avocado, carrots, yellow bell pepper, grape tomatoes and a sweet-basil vinaigrette. [calories 570]

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