# Local Point Menus

Sunday, October 19 – Saturday, October 25





# MENU ICON LEGEND

# **Dietary Icons**









**Gluten Free** 

Vegetarian

Vegan

**Plant-Based** 

# **Service Style & Flavor**









Served Hot

Served Cold

New Item

Spicy Item

# **Allergen Icons**



















Fish

Crustacean Shellfish

Wheat

Eggs

Milk

Treenuts

**Peanuts** 

Sesame

Soybeans

# Plate

#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### Kale + Tomato Scramble

Plant-based scrambled eggs, kale, tomatoes, plant-based mozzarella

**\$6.29** 170 Cal





#### **M&M Pancakes**

Plant-based batter, M&Ms

180 Cal \$2.79









#### **Bacon Breakfast Burrito**

Local, cage-free scrambled eggs, bacon, black beans, cheddar cheese, flour tortilla

**\$7.99** 1060 Cal



#### 

#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

#### Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal





(V) %





#### **FAVORITES**

\$6.99

**Cage Free Scrambled Eggs** 

\$3.99 60 Cal





Sausage Link

**\$0.99** 110 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

# Sunday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal







**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal















Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

**CEREAL BAR** 

Includes a variety of cereals, milk, and plant-based milk.





# Sunday

#### **DAILY SPECIALS**

#### **Beef Bourguignon**

Beef bourguignon, french-inspired stew, cheese polenta, roasted cauliflower & balsamic brussels sprouts

**\$13.49** 640 Cal

#### **Eggplant Mushroom Ragout**

Eggplant mushroom ragout, cheese polenta, roasted cauliflower & balsamic brussels sprouts

**\$10.29** 380 Cal





#### A LA CARTE/ADD ONS

#### **Beef Bourguignon**

**\$7.49** 240 Cal

#### **Eggplant Mushroom Ragout**

**\$4.29** 120 Cal



#### **Creamy Cheese Polenta**

**\$2.59** 120 Cal V 🗓



### **Roasted Cauliflower**

**\$2.59** 80 Cal



#### **Roasted Brussels Sprouts**

**\$2.59** 35 Cal



#### DESSERT

#### **Dutch Apple Pie + Streusel Topping**

\$4.29 380 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Italian Scramble**

Local cage-free scrambled eggs, prosciutto, sundried tomatoes, parmesan, fresh herbs 

**\$6.29** 400 Cal

#### **Blueberry Pancakes**

Plant-based pancake batter, blueberries

120 Cal \$2.79







#### **Upma with Yogurt & Lemon**

Semolina, spices, cashews, lemon, yogurt

470 Cal \$5.99







#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2) Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

#### Plant-Based Husky Combo

**(4) (VG) (5) (6) (6)** 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

\$6.99

270 Cal





( V %







#### **FAVORITES**

**Cage Free Scrambled Eggs** 

\$3.99 60 Cal





Sausage Link

**\$0.99** 110 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

# Monday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal









Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

**CEREAL BAR** 

Includes a variety of cereals, milk, and plant-based milk







# **Monday**

#### **TODAY'S SPECIAL**

#### **Chicken Penne Mushroom Alfredo**

Mushroom alfredo, chicken penne pasta, broccoli, squash

**\$9.99** 630 Cal





#### **CHOOSE A PROTEIN**

Your choice of protein determines the cost of your plate.

#### **Beef-Chicken Meatballs**

\$12.99 260 Cal O 🗓 % 🕸







#### **Plant-Based Meatballs**

\$11.99 190 Cal 🔒 % 🖇









## **Garlic Lemon Chicken Strips**

\$12.99 180 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### **CHOOSE YOUR PASTA**

#### **Herb Pasta**

290 Cal 🖊 😘 🕸



#### **Herbed Corn and Rice Pasta**

400 Cal



#### **VEGETABLES**

#### Herb Roasted Mushroom

80 Cal





#### **CHOOSE YOUR SAUCE**

#### Marinara

50 Cal



#### Alfredo

250 Cal V 🗓 🕸





#### Plant-Based Alfredo

140 Cal 🔮 🚾





#### **Kale Pesto**

90 Cal



#### CHOOSE YOUR CHEESE

#### Mozzarella

80 Cal



#### Plant-Based Mozzarella

90 Cal





# **Parmesan**

120 Cal V



#### ADD-ONS

Pick your add-ons for additional cost

#### **Garlic Breadstick**

\$2.49 160 Cal VG \*





#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Caprese Scramble**

Plant-based scrambled eggs and mozzarella, tomatoes, fresh basil

**\$6.29** 240 Cal







Egg bread, egg batter

**\$2.79** 140 Cal











#### **Biscuit & Gravy**

Biscuit, sausage gravy

330 Cal

\$7.99





#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

Bacon (2)

60 Cal

Sausage (2)

210 Cal

270 Cal

270 Cal

Hashbrowns (2)

Plant-based scrambled eggs

Plant-based sausage patty (1)

Plant-Based Husky Combo









240 Cal 140 Cal













#### **FAVORITES**

\$6.99

Hashbrowns (2)

**Cage Free Scrambled Eggs** 

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

# Tuesday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

**CEREAL BAR** 

Includes a variety of cereals, milk, and plant-based milk.





# Tuesday

#### DAILY SPECIALS

#### Ropa Vieja

Ropa vieja, black beans, lime coleslaw, fried plantains

**\$12.99** 730 Cal

#### Plant-Based Picadillo

Plant-based picadillo, black beans, lime coleslaw, fried plantains

\$10.29 760 Cal VG %



#### A LA CARTE/ADD ONS

#### Ropa Vieja

\$6.99 260 Cal

#### **Plant-Based Picadillo**

**\$4.29** 280 Cal **VG** %



#### **Spiced Black Beans**

**\$2.59** 150 Cal **VG** 



#### **Lime Coleslaw**

**\$2.59** 30 Cal



#### **Fried Chile Plantains**

**\$2.59** 290 Cal



#### DESSERT

#### **Dutch Apple Pie + Streusel Topping**

**\$4.29** 380 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Sausage & Potato Scramble**

Local, cage-free scrambled eggs, potatoes, sausage, peppers, onions, cheddar, scallions **\$6.29** 390 Cal 

#### **Banana Pancakes**

Plant-based batter, banana

150 Cal \$2.79





#### Fried Chicken Biscuit Sandwich

Fried chicken patty, pepper jack cheese, egg, buttermilk biscuit

680 Cal \$7.99







#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

Plant-Based Husky Combo Plant-based scrambled eggs

Plant-based sausage patty (1)

240 Cal

140 Cal

270 Cal



















#### WAFFLE BAR

Includes a variety of toppings.

**Plant-Based Scrambled Eggs** 

**Plant-Based Sausage Patty** 

\$5.99 240 Cal

**\$1.49** 140 Cal

**Hashbrown Patty** 

(Apple, banana, orange)

**\$1.49** 140 Cal

Whole Fruit

\$1.50

WG &

#### **CEREAL BAR**

Includes a variety of cereals, milk, and plant-based milk.

Hashbrowns (2)

270 Cal

























Hashbrowns (2)

\$6.99

**Cage Free Scrambled Eggs** 



\$3.99 60 Cal

Sausage Link

**\$0.99** 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



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Wednesday

# Wednesday

#### **DAILY SPECIALS**

#### **Barramundi & Parsley Sauce**

Barramundi, parsley sauce, roasted garlic-rosemary potatoes, lemon-thyme carrots, delicata squash

\$15.49 710 Cal S 🗓

#### **Grilled Citrus-Garlic Tempeh**

Grilled citrus-garlic tempeh, roasted garlic-rosemary potatoes, lemon-thyme carrots, delicata squash

**\$11.29** 630 Cal **VG S** 





#### A LA CARTE/ADD ONS

#### **Barramundi & Parsley Sauce**

\$ 0 **\$9.49** 410 Cal

**Grilled Citrus Garlic Tempeh** 

**\$5.49** 330 Cal

#### **Roasted Rosemary-Garlic Potatoes**

**\$2.59** 230 Cal

#### **Roasted Thyme-Lemon Carrots**

**\$2.59** 80 Cal

#### **Roasted Delicata Squash**

**\$2.59** 20 Cal

#### DESSERT

#### **Dutch Apple Pie + Streusel Topping**

380 Cal 4.29











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Italian Vegetable Scramble**

Plant-based scrambled eggs and mozzarella, roasted red peppers, kale pesto

**\$6.29** 220 Cal





#### **French Toast**

Egg bread, egg batter

140 Cal \$2.79









#### Rava Uttapam + Cilantro Chutney

Semolina pancakes, onion, tomatoes, green peppers, serrano, cilantro chutney

770 Cal \$6.29





#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

270 Cal

#### Plant-Based Husky Combo

**€ VG** ⊗ Plant-based scrambled eggs 240 Cal Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal











## WAFFLE BAR

\$1.50

Includes a variety of toppings.

**Plant-Based Scrambled Eggs** 

**Plant-Based Sausage Patty** 

\$5.99 240 Cal

**\$1.49** 140 Cal

**Hashbrown Patty** 

(Apple, banana, orange)

**\$1.49** 140 Cal

Whole Fruit

WG %

#### **CEREAL BAR**

Includes a variety of cereals, milk, and plant-based milk.

Sausage (2) 210 Cal

Hashbrowns (2)

















#### **FAVORITES**

**Cage Free Scrambled Eggs** 







Sausage Link

\$3.99 60 Cal

**\$0.99** 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



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**Thursday** 

# **Thursday**

#### DAILY SPECIALS

#### Roasted Teriyaki Chicken

Roasted teriyaki chicken thigh, jasmine rice, gingergarlic broccoli, sesame-ginger slaw

88 8 **\$11.99** 660 Cal

#### **Sweeet Chili Nuggets**

Plant-based sweet chili nuggets, jasmine rice, ginger-garlic broccoli, sesame-ginger slaw

\$11.29 830 Cal 🔒 % %









#### A LA CARTE/ADD ONS

#### **Roasted Teriyaki Chicken Thigh**

\$5.99 210 Cal

#### **Plant-Based Chili Nuggets**

**\$5.99** 390 Cal







#### **Steamed Jasmine Rice**

**\$2.59** 110 Cal **V**6



#### **Ginger & Garlic Broccoli**

**\$2.59** 140 Cal



#### **Sesame Ginger Slaw**

**\$2.59** 80 Cal



#### DESSERT

#### **Dutch Apple + Streusel Topping**

**\$4.29** 380 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Denver Scramble**

Local cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

**\$6.29** 380 Cal

#### **Mango Pancakes**

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49









#### **Broccoli + Bacon Strata**

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole

**\$5.99** 210 Cal

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#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2)

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

#### Plant-Based Husky Combo

WG % Plant-based scrambled eggs 240 Cal Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

\$6.99

270 Cal





( V %







#### **FAVORITES**

**Cage Free Scrambled Eggs** 

\$3.99 60 Cal





Sausage Link

**\$0.99** 110 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

# **Friday**

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

**CEREAL BAR** 

Includes a variety of cereals, milk, and plant-based milk.





#### **DAILY SPECIALS**

#### **Bratwurst + Sauerkraut**

Bratwurst, saurekraut, cheese spatzle, gurkensalat, roasted brussels sprouts

**\$11.99** 990 Cal

#### **Grilled Tofu**

Grilled tofu, cheese spatzle, gurkensalat, roasted brussels sprouts

**\$10.29** 680 Cal





#### A LA CARTE/ADD ONS

#### **Bratwurst + Sauerkraut**

**\$5.99** 430 Cal

#### **Grilled Spiced Tofu**

**\$4.29** 110 Cal





#### **Cheese Spatzle**

\$2.59 360 Cal V O 🗓 🕸







#### Gurkensalat

**\$2.59** 90 Cal

#### **Roasted Brussels Sprouts**

**\$2.59** 230 Cal

#### DESSERT

### **Dutch Apple Pie + Streusel Topping**

**\$4.29** 380 Cal









#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Denver Scramble**

Local, cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

**\$6.29** 380 Cal



#### **Mango Pancakes**

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49











#### **Broccoli & Bacon Strata**

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole

**\$5.99** 210 Cal



#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

#### Plant-Based Husky Combo

WG % Plant-based scrambled eggs 240 Cal Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal





( V %





#### WAFFLE BAR

Includes a variety of toppings.

#### **CEREAL BAR**

Includes a variety of cereals, milk, and plant-based milk.

**FAVORITES** 

\$6.99

#### **Cage Free Scrambled Eggs**

\$3.99 60 Cal





Sausage Link **\$0.99** 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



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#### **Plant-Based Scrambled Eggs**

\$5.99 240 Cal







**\$1.49** 140 Cal









**\$1.49** 140 Cal









(Apple, banana, orange)

\$1.50







# Saturday

#### **DAILY SPECIALS**

#### **Bratwurst + Sauerkraut**

Bratwurst, saurekraut, cheese spatzle, gurkensalat, roasted brussels sprouts

**\$11.99** 990 Cal

#### **Grilled Tofu**

Grilled tofu, cheese spatzle, gurkensalat, roasted brussels sprouts

**\$10.29** 680 Cal





#### V O 0 8 \*

#### A LA CARTE/ADD ONS

#### **Bratwurst + Sauerkraut**

**\$5.99** 430 Cal

#### **Grilled Spiced Tofu**

**\$4.29** 110 Cal



#### **Cheese Spatzle**

\$2.59 360 Cal V O 🗓 🕸







#### Gurkensalat

**\$2.59** 90 Cal

#### **Roasted Brussels Sprouts**

**\$2.59** 230 Cal

#### DESSERT

### **Dutch Apple Pie + Streusel Topping**

**\$4.29** 380 Cal











# Deli & Salad

# DELI

#### THIS WEEK'S SPECIALS

#### **Crispy Tofu Bahn Mi**

Baked tofu, pickled daikon & carrots, cucumber, jalapeño, cilantro, baguette

\$9.29 740 Cal VG % % &



#### Muffaletta Sandwich

Ham, salami, provolone cheese, olive salad, lettuce, tomato, onion, Telera roll

\$9.99 770 Cal 🗓 🕸

#### SANDWICHES

#### **Turkey Cheddar Sandwich**

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 620 Cal 🗓 % % 🐇



#### **BLTC Sandwich**

Bacon, lettuce, tomato, white cheddar, sourdough

**\$9.79** 690 Cal



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#### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

**\$9.79** 580 Cal % \*

#### Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal № 🕸

#### **Tofu Goddess Sandwich**

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.

\$9.79 810 Cal 😭 % 🖇 🐇

#### **Roasted Vegetable Wrap**

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$9.79 460 Cal VG 88 \$

#### **Caprese Sandwich**

Mozzarella cheese, tomatoes, kale pesto, and a telera roll

**\$8.79** 740 Cal **∨ □**





# **Tuna Salad Sandwich**

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, and multi-grain bread

**\$8.79** 500 Cal





#### **Toasted Cheese + Tomato Soup**

Choice of cheddar or plant-based grilled cheese with tomato soup.

**\$6.99** 590 Cal 790 Cal



#### **Toasted Cheese a la Carte**

Choice of cheddar or plant-based cheese and sourdough bread.

**\$4.99** 480 Cal **♥** 🗓 📽 🕸 670 Cal 🙆 % 🖇

#### **EXTRAS**

#### **Tomato Basil Soup**

\$4.99 90 Cal VG



#### **Chicken & Poblano Pepper Soup**

\$4.99 240 Cal | | \* \*

#### Chana Masala Cauliflower Soup (coconut)

**\$4.99** 150 Cal

#### **Chocolate Chip Cookie**

**\$3.49** 470 Cal **V** ○ □ % **\*** 







#### FOUNTAIN BEVERAGE

#### **Pepsi Products**



# **SALAD BAR**

#### YOGURT BAR

Available all day - \$11.99 per lb. Includes yogurt and toppings.

**Available All Day** 

#### **Assorted Yogurt**

Vanilla, strawberry, and plant-based coconut

#### **Assorted Toppings:**

Assorted Fruit Granola

#### SALAD BAR

Available all day - \$11.99 per pound.

**Creamy Curry Cauliflower Salad** 

Farro + Artichoke Salad

**Orecchiette Salad** 



The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

\*Look for signage highlighting which ingredients are fresh from the farm.





# GLOBAL

## KATORA AT GLOBAL

#### **BUILD YOUR BOWL**

#### Includes steamed Basmati rice and kachumber

1 entree

2 entrees

\$9.99

\$13.29

#### **CHOOSE YOUR ENTREE**

#### **Palak Paneer**

110 Cal V



#### **Alu Chole**

110 Cal



#### Tikka Masala Chicken

220 Cal

#### CHOOSE YOUR TOPPINGS

#### **Cucumber Salad**

10 Cal VG



#### **Tamarind Chutney**

140 Cal

#### **Cilantro Chutney**

20 Cal

#### **ADD-ONS**

#### **Warmed Naan**

\$1.99 180 Cal V O 🖟 🕸









\$5.99 420 Cal VG \*









# DUB STREET



#### THIS WEEK'S SPECIALS

#### **Mushroom Cheddar Burger**

Beef patty, cheddar cheese, sautéed mushrooms, lettuce, tomato, onion, parmesan aioli, toasted bun

**\$9.49** 750 Cal □ % % \*

#### **Hotter Buffalo Wings**

Fried spicy wings, spicy buffalo sauce

\$13.99 960 Cal 🗓 🕸 🕖

#### **HOUSE FAVORITES**

#### **Classic Dub**

Choice of protein patty, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29 / \$11.29 650 / 910 Cal 🗓 📽 📽 🕸

#### **Smokestack Burger**

Beef patty, whiskey-battered onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal □ % 🕸



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#### **Hellfire Burger**

Beef patty, pepperjack cheese, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.29** 660 Cal



#### **Chicken Sammie**

Crispy chicken, white BBQ sauce, pickles, red onion, lettuce, brioche roll

\$8.99 640 Cal 88 88

#### Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

#### Classic Lil' Dub

All beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal □ 8 8 \$

#### **Fish and Chips**

Beer battered and fried pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400/550 Cal 😂 🗓 🕸

#### **DUB Me Tenders**

Battered and deep fried chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal **\$6.99 / \$8.99** 570 / 740 Cal



#### **SIDES**

Fries \$3.49 240 Cal ♥6
Curly Fries \$3.49 260 Cal ♥6
Onion Rings \$3.49 520 Cal ♥ 🖟 🕸

#### **EXTRAS/SUBSTITUTIONS**

#### **Protein Patties\***

Beef 260 Cal

Plant-Based 160 Cal 📾 🚾

Pickle-Brined Chicken 210 Cal

#### **Cheese (Plant-Based Available)**

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

\$3.99 250 - 310 Cal V



#### Bacon

\$1.99 30 Cal

#### **BEVERAGES & SOFT SERVE ICE CREAM**

Pepsi Products \$2.99



# PIZZA







#### Cheese

\$2.99 310 Cal V 🗓 % 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **BBQ** Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

#### Caprese

**\$4.29** 330 Cal **6 V 1 8 ★** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗣 🗓 % 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

#### Mint Chocolate Chip

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









WHOLE PIES AVAILABLE
THROUGH DUB GRUB
Starting October 27

## **CLASSIC SLICES**

#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### Hawaiian

\$4.29 320 Cal 👶 🗓 📽 🕸

#### Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

## **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

Tuesday

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal ○ □

#### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🕏 🕸

#### DAILY SLICES

#### Supreme

\$4.29 400 Cal 👶 🗓 📽 🕸

#### **Goat Cheese**

**\$4.29** 350 Cal **6 V 1 6 8 ★** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O ♥ 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

Wednesday

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal ○ □

#### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

#### **Mint Chocolate Chip**

\$7.49 1090 Cal O 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal











#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **BBQ** Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

#### Caprese

**\$4.29** 270 Cal **6 V 1 6 8 ★** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗣 🗓 % 🕸

#### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

#### Mint Chocolate Chip

\$7.49 1090 Cal O 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal







#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🕏 🕸

#### DAILY SLICES

#### Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

#### Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🦠 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal ○ □

#### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **Supreme**

\$4.29 400 Cal 👶 🗓 📽 🕸

#### **Goat Cheese**

**\$4.29** 350 Cal **6 V 1 6 8 ★** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

Saturday

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal





# TERO



#### Make a BALANCED PLATE.

#### WEEKLY SPECIAL

#### Spinach & Vegetable Bowl

Spinach, artichokes, fennel, cherry tomato, chickpeas, Mama Lil's peppers, lemon-pepper vinaigrette

**\$8.99** 520 Cal





#### **BUILD YOUR BOWL**

Choose your base, veggies, toppings, garnish & dressing. \$8.99

#### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

#### **Turmeric Jasmine Rice**

120 Cal



#### Steamed Farro

160 Cal





#### **Mixed Salad Greens**

35 Cal







Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### 2: CHOOSE VEGGIES

(Extra servings \$1.99)

**Artichoke Hearts** 

(S) (VG) 50 Cal Roasted Mushroom WG VG **Roasted Brussel Sprouts** 230 Cal **₩** VG **Rainbow Vegetable Blend** 

**₩** VG Edamame

**₩ VG** % **Sesame Snap Peas** 150 Cal

₩ WG Cucumber

**₩ (VG)** 45 Cal Fennel

**₩ VG** Roasted Cherry Tomatoes 30 Cal

#### 3: ADD PREMIUM TOPPINGS

**Feta Cheese** \$1.00 **Pepper Rings** \$1.00 Avocado \$2.00

#### 4: CHOOSE YOUR DRESSING & GARNISH

(Extra servings \$1.99)

Sesame (VG) 88 88 140 Cal Vinaigrette **Basil Vinaigrette** 140 Cal **Lemon & Pepper** 220 Cal Vinaigrette

Furikake

**Toasted Pepitas** 160 Cal

Sunflower Seeds

Sliced Almonds

#### 5: ADD A PROTEIN

**Spicy Tofu Salad** \$3.99 170 Cal VG % % 🕖

**Roasted Chicken Thigh** \$5.99 150 Cal

**Grilled Citrus Garlic Tempeh \$5.49** 330 Cal

**Grilled Rosemary Flank Steak \$8.99** 200 Cal

