



November 18– 24
Menu subject to change

PLATE

Open Daily Breakfast: 7:30 -10 am Lunch: 11 am - 2:30 pm Dinner: 5 - 8:30 pm

Weekly Breakfast Menu

Husky Combo: Our local cage-free scramble or plant-based scramble, bacon or sausage, two hashbrowns, and a choice of whole fruit. [calories 530-720]

Biscuit and Sausage Gravy: [calories 470]

Scramble (V): [calories 270]

Plant-Based Scramble (VG): [calories 240]

Hardwood Smoked Bacon: [calories 30]

Sausage Link: [calories 110]

Plant-Based Sausage Patty (VG): [calories 140]

Buttermilk Biscuit (V): [calories 280]

Sausage Gravy: [calories 200]

Hashbrown Patty (VG): [calories 140]

French Toast (V): [calories 140]

Plant-Based Pancakes (V): [calories 130]

Breakfast Specials - *Comes with your choice of whole fruit*

Sunday: Italian Vegetable Scramble (V) – Local cage-free eggs scrambled with roasted red peppers, pesto, and a blend of Asiago, Romano, and parmesan cheeses [calories 320]

Monday: Meat Lovers Scramble – Local cage-free eggs scrambled with ham, bacon, Italian sausage and cheddar cheese [calories 370]

Tuesday: Breakfast Quesadilla (V) – Local cage-free eggs, cheese and Pico de Gallo griddled in a flour tortilla [calories 860]

Wednesday: Red Potato Hash with Sausage and Eggs – Fried egg with a sausage patty, potato hash, and green onion [calories 610]

Thursday: Greek Vegetable Scramble (V) – Local cage-free eggs scrambled with fresh spinach, Kalamata olive, sundried tomatoes, and feta cheese [calories 330]

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Made in a facility that also prepares wheat-based foods. v = vegetarian. vg = vegan.

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Friday: Andouille Pepper Jack Scramble – Local cage-free eggs scrambled with pork Andouille sausage, corn, peppers, and Pepper Jack cheese [calories 290]

Saturday: Banana Pancake Stack– Three banana pancakes served with butter and syrup [calories 850]

Plate

Lunch: 11 am - 2:30 pm Dinner: 5 - 8:30 pm

A La Carte - Your choice of one entrée, two veggies and one starch

- Entree**
- Grilled Spiced Tofu (VG)** – [calories 110]
 - Braised Brisket with Jus** - [calories 230]
 - Roast Pork Loin** - [calories 310]
- Vegetables**
- Roasted Eggplant (VG)** - [calories 150]
 - Butternut Squash Succotash (VG)** - [calories 110]
 - Roasted Balsamic Brussel Sprouts (VG)** – [calories 35]
- Starch**
- Fried Brown Rice (VG)** – Delicious fried rice with carrots, onions, peas, garlic, and Tamari soy sauce [calories 180]
 - Roasted Rosemary and Garlic Potatoes (VG)** – [calories 230]
 - Quinoa Chickpeas and Golden Raisins (VG)** – [calories 230]
- Sauces**
- Gochujang Sauce (VG)** – A sweet and spicy Korean chili sauce [calories 110]
 - Green Chili and Tomatillo Sauce (VG)** – [calories 10]
 - Tomato and Artichoke Sauce (VG)** – House-made aromatic sauce of artichokes, fire-roasted tomatoes, fennel garlic, lemon, capers, and basil [calories 25]
- A la carte**
- Jalapeno Cheddar Cornbread (VG)** – [calories 270]
 - Jicama Salad (VG)** – A zesty salad with Jicama, red peppers, poblanos, red onions and cilantro in a chili lime dressing [calories 50]

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GLOBAL German Menu

Lunch: Mon – Fri 11 am - 2:30 pm Dinner: Sun – Thurs 5 - 8:30 pm

A La Carte – Your choice of one entrée, two veggies and one starch

Weekly Entrées

Fried Plant-Based Fritter (VG) – [calories 220]

Jägerschnitzel – A crispy pork fritter [calories 240]

Entrées

German Menu Specials

Latkes with Mushroom Sauce (VG) – Our delicious house-made potato pancakes served with a savory mushroom sauce [calories 350]

Braised Bratwurst with Sauerkraut – [calories 430]

Vegetables

Braised Red Cabbage (VG) [calories 100]

Roasted Brussel Sprouts (VG) – [calories 90]

Herb Roasted Rainbow Carrots (VG) – [calories 50]

Starch

Buttered Egg noodles – [calories 210]

Cheese Spätzle (V) – German-style small dumpling noodles with caramelized onions and a Swiss cheese sauce [calories 360]

Sauces

Mustard Cream Sauce (V) – [calories 90]

Plant-Based Mushroom Gravy (VG) – [calories 25]

Sides

Roasted Apples – [calories 100]

Warmed Pretzels – [calories 230]

Gurkensalat (V) – A creamy German-style cucumber salad [calories 90]

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DELI SANDWICH SPECIAL

Italian Club Sandwich – Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies on a Telera roll [calories 580]

Turkey Cheddar Sandwich – Smoked turkey breast, cheddar cheese, eggless mayonnaise, and fresh vegetables on multi-grain bread [calories 620]

Tuna Salad Sandwich – Tuna tossed with eggless mayo, lettuce, tomatoes, and onions on multi-grain bread [420]

Cheesy Brit Sandwich – Roast beef, cheddar cheese, horseradish eggless mayo, fresh veggies on white bread [680]

Toasted Cheese Sandwich (V)– Melted Cheddar and American cheese on white bread [calories 480]

Tofu Goddess Sandwich (VG)– Green goddess marinated tofu stacked with avocado, plant-based cheese, red onion, and lettuce on toasted focaccia [calories 810]

Grilled Plant-Based Cheese Sandwich (VG)– Plant-based cheddar cheese on sourdough bread [calories 670]

Grilled Cheese and Tomato Soup (V)– Toasted cheddar and American cheese sandwich with tomato soup [calories 640]

Plant-Based Grilled Cheese and Tomato Soup (VG) – Toasted plant-based cheddar cheese sandwich with tomato soup [calories 840]

[Weekly Deli Specials](#)

Roasted Vegetable Wrap (VG)– Sesame hummus, caramelized onions, and roasted vegetables wrapped in a flour tortilla [calories 460]

Rachel Sandwich (Va) – Sliced turkey, Swiss cheese, coleslaw, and 1000 island dressing on marble rye bread [calories 670]

Muffaletta Sandwich – Ham, salami, provolone cheese, olive salad, tomato, lettuce and onion on a Telera roll [calories 770]

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DUB STREET

Mon-Sun: 11:00 am-8:30 pm

Weekly Menu

Beef and Cheese Classic DUB Burger – Your choice of protein patty, American cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 700]

Burgers

Plant-Based Classic DUB Burger (VG)– Plant-based version of our classic DUB with plant-based cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 660]

Three Grain Classic DUB Burger (VG) – Classic DUB burger with a three-grain patty, plant-based cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 650]

Turkey and Cheese Classic DUB Burger – Classic DUB burger with a turkey patty, American cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 600]

Beef and Cheese Double Burger – Your choice of two protein patties, American cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 1000]

Plant-Based Double DUB Burger (VG)– Plant-based version of our Double DUB burger with plant-based cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 930]

Turkey and Cheese Double Burger – Double DUB burger with two turkey patties, American cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 800]

Three Grain Double DUB Burger (VG)– Double DUB burger with two three-grain patties, plant-based cheese, lettuce, tomato, red onion, and DUB sauce on a toasted bun [calories 900]

Smokestack Burger – A beef patty with whiskey-battered onion rings, cheddar cheese and whiskey BBQ sauce on a toasted bun [calories 700]

Hellfire Burger – A beef patty with Pepper Jack cheese, jalapeños, lettuce, tomato, onion, and siracha mayoli on a toasted bun [calories 690]

Turkey Hellfire Burger – A turkey patty with Pepper Jack cheese, jalapeños, lettuce, tomato, onion, and chipotle mayoli on a toasted bun [calories 610]

Plant-Based Hellfire Burger (VG) – A plant-based patty with jalapeños, lettuce, tomato, onion, plant-based cheddar cheese and chipotle mayoli on a toasted bun [calories 650]

Three Grain Hellfire Burger (VG)– A three-grain patty with plant-based cheddar cheese, jalapeños, lettuce, tomato, onion, and chipotle mayoli on a toasted bun [calories 640]

Classic Lil' DUB – Just like the Classic DUB only smaller! All beef patty, lettuce, tomato, onion, DUB sauce, and American cheese on a toasted bun [calories 510]

Sandwiches

Boom Pow Sandwich (VG) – Crispy plant-based fritter stacked with caramelized onions, plant-based cheddar cheese, tomatoes, and arugula on a toasted Telera roll [calories 790]

Chicken Sammie – Crispy chicken patty, honey mustard, green leaf lettuce, red onion and tomato on a Telera Bun [calories 680]

Which Fish Sandwich – Crispy cod patty with cheddar cheese, tartar sauce, lettuce, tomato and onion on a toasted bun [calories 640]

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DUB me Tender Large Basket – Battered, deep-fried chicken tenders, fries and your choice of dipping sauce [calories 1000]

DUB Me Tender Small Basket – Battered, deep-fried chicken tenders, fries and your choice of dipping sauce [calories 750]

Fried entrees

Plant-Based DUB Me Tender (Large/VG)– Battered, deep-fried plant-based tenders, fries and your choice of dipping sauce [calories 740]

Plant-based Dub Me Tender (Small/VG)– Battered, deep-fried plant-based tenders, fries and your choice of dipping sauce [calories 570]

Fish and Chips 3 Pc – Beer battered, fried pollock, fries and your choice of dipping sauce [calories 550]

Fish and Chips 2 PC – Beer battered, fried pollock, fries and your choice of dipping sauce [calories 400]

Fries

French Fries – [calories 230]

Tator Tots – [calories 260]

Curly Fries – [calories 260]

Weekly Specials

Loaded Tots – Crispy tots topped with a chopped beef patty, caramelized onions, American cheese, jalapenos, chipotle mayoli, and green onions [calories 950]

Noodle

Lunch: Mon–Fri 11 am - 2:30 pm **Dinner:** Sun–Thurs 5 - 8:30 pm

A La Carte - Your choice of one entrée, two veggies and one starch

Entrée

Weekly Menu

General Tso's Pork – Crispy fried pork nuggets tossed in our flavorful General Tso's sauce with bell peppers and onions [calories 380]

Side

Plant-Based Tso Nuggets – Plant-based protein nuggets tossed in our flavorful General Tso's sauce with bell peppers and onions [calories 430]

Jasmine or Brown Rice – [calories 120]

Weekly Specials

Entrée

Sweet and Sour Tofu (VG) – Crispy tofu bites tossed in a house-made sweet and sour sauce [calories 470]

Sweet and Sour Chicken – Crispy tempura chicken tossed in a homemade sweet and sour sauce [calories 490]

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- Veggies**
- Sesame Snap Peas (VG)–** [calories 150]
 - Steamed Gai Lan (VG) –** [calories 25]
 - Stir-Fried Bok Choy (VG)–** [calories 60]

SELECT

Lunch: 11 am-2:30 pm Mon-Fri **Dinner:** 5 - 8:30 pm Sun-Thurs

Weekly Menu

8 Piece Chicken Chunks and Fries – [calories 580]

6 Piece Chicken Chunks with fries – [calories 500]

French Fries – [calories 230]

Jasmine or Brown Rice – [calories 120]

A La Carte - Your choice of one entrée, two veggies and one starch

Weekly Specials

Entrée

Fried Falafel (VG) – Plant-based crispy chickpea and parsley falafels [calories 220]

Roasted Lemon Garlic Beef – [calories 270]

Veggies

Greek style Stuffed Peppers (VG) – Green bell peppers stuffed with roasted onions, squash, tomatoes, and lemon-herb brown rice [calories 430]

Green Beans with Lemon and Mint (VG)– [calories 160]

Mediterranean Vegetable Medley (VG)– [calories 100]

Lemon and Garlic Roasted Asparagus (VG)– [calories 80]

Starch

Steamed Brown rice (VG) – [calories 160]

Mediterranean Herb Potatoes (VG) – Golden roasted herb potatoes with a hint of zesty lemon flavor [calories 80]

Sauce

Zhoug Sauce (VG) – Fiery and herby green Yemenite sauce [calories 15]

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