

Lunch/Dinner

Hours

Mon–Thu: Lunch 11 a.m.–2:30 p.m. Dinner 5–9 p.m.

Fri: Lunch 11 a.m.–2:30 p.m. Dinner CLOSED

Sat: CLOSED

Sun: Lunch CLOSED Dinner 5–9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Weekly Specials

Entrées

Chana Aloo

Roasted Curry Chicken

Roasted Garam Masala Pork

Vegetables

Turmeric-Roasted Cauliflower

Kosambari Carrot Salad

Bhindi Masala

Grilled Broccolini

Starch/Grains

Masala-Spiced Potato Wedges

Basmati Rice

Brown Rice

Jasmine Rice

Fried Entrées/Sides

Boneless Chicken Chunks

Chicken Chunks & Fries – Six pieces or eight pieces

French Fries

Soup

Native 3 Sisters Vegetable Bean Soup (Sun–Tue)

Spicy Lentil Vegetable (Wed–Fri)

Tomato Basil

Sauce

South Indian Curry

BBQ Sauce



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.