Center Table Menus

Sunday, October 12 – Saturday, October 18





MENU ICON LEGEND

Dietary Icons









Gluten Free

Vegetarian

Vegan

Plant-Based

Service Style & Flavor









Served Hot

Served Cold

New Item

Spicy Item

Allergen Icons



















Fish

Crustacean Shellfish

Wheat

Eggs

Milk

Treenuts

Peanuts

Sesame

Soybeans

Plate

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Kale + Tomato Scramble

Plant-based scrambled eggs, kale, tomatoes, plant-based mozzarella

\$6.29 170 Cal





M&M Pancakes

Plant-based batter, M&Ms

180 Cal \$2.79











Bacon Breakfast Burrito

Local, cage-free scrambled eggs, bacon, black beans, cheddar cheese, flour tortilla

\$7.99 1060 Cal



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal





(N) %







FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link **\$0.99** 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Sunday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Available at Market Deli & Salad Bar.

CEREAL BAR

Available at Market Deli & Salad Bar.





Sunday

DAILY SPECIALS

BBQ Beef Brisket

BBQ-glazed brisket, pit beans, creamy coleslaw, corn on the cob

මේ **\$14.99** 800 Cal

Grilled Jerk Tempeh

Grilled jerk tempeh, pit beans, creamy coleslaw, corn on the cob

\$11.29 920 Cal





A LA CARTE/ADD ONS

BBQ Beef Brisket

\$8.99 270 Cal

Grilled Jerk Tempeh

\$5.29 380 Cal



BBQ Pit Beans

\$2.59 240 Cal





Coleslaw

\$2.59 190 Cal



Corn on the Cob

\$2.59 80 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Italian Scramble

Local cage-free scrambled eggs, prosciutto, sundried tomatoes, parmesan, fresh herbs

\$6.29 400 Cal

Blueberry Pancakes

Plant-based pancake batter, blueberries

120 Cal \$2.79







Egg & Cheese Quesadilla

Plant-based egg and cheese, Pico de Gallo, cilantro, flour tortilla

\$7.99

660 Cal





VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal 210 Cal

Sausage (2) 270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % Plant-based scrambled eggs 240 Cal 140 Cal Plant-based sausage patty (1)

270 Cal

(V) %

WG S

Hashbrowns (2)

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Monday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Available at Market Deli & Salad Bar.

CEREAL BAR

Available at Market Deli & Salad Bar.





Monday

DAILY SPECIALS

Chicken with Caper Sauce

Roasted caper sauce chicken, brown rice, red quinoa, dill roasted rainbow carrots, roasted cherry tomatoes

\$11.99 1120 Cal

Yellow Curry Tofu

Grilled yellow curry tofu, brown rice, red quinoa, dill roasted rainbow

\$11.29 470 Cal







A LA CARTE/ADD ONS

Chicken + Caper Cream Sauce

\$8.99 740 Cal

Yellow Curry Tofu

\$5.29 140 Cal

Brown Rice + Red Quinoa Blend

\$2.59 150 Cal

Dill Rainbow Carrots

\$2.59 50 Cal



Roasted Cherry Tomatoes

\$2.59 30 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Caprese Scramble

Local, cage-free scrambled eggs and mozzarella, tomatoes, fresh basil

\$6.29 240 Cal







Plant-based pancake batter, bananas

150 Cal \$2.79









Fried Chicken Biscuit Sandwich

Fried chicken patty, pepper jack cheese, egg, buttermilk biscuit

680 Cal \$7.99







VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal 210 Cal

Sausage (2) 270 Cal Hashbrowns (2)









Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal











\$1.50

Available at Market Deli & Salad Bar.

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

₩ VG %

CEREAL BAR

Available at Market Deli & Salad Bar.

FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Tuesday

Tuesday

DAILY SPECIALS

Cuban Mojo Pork

Cuban mojo pork, black beans and rice, jerk roasted vegetables, lime coleslaw

\$12.49 740 Cal

Pineapple & Jalapeño Tempeh

Pineapple & jalapeño tempeh, black beans & rice, jerk roasted vegetables, lime coleslaw

\$11.29 690 Cal **V**6 **%**





A LA CARTE/ADD ONS

Cuban Mojo Pork

\$6.49 390 Cal

Pineapple + Jalapeño Tempeh

\$5.29 330 Cal **V**⁶ **%**



Black Beans & Rice

\$2.59 240 Cal

Jerk Roasted Vegetables

\$2.59 200 Cal



Lime Coleslaw

\$2.59 30 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Greek Vegetable Scramble

Plant-based scrambled eggs, caramelized onions, bacon, mozzarella cheese

380 Cal \$6.29





Chocolate Chip Pancakes

Plant-based batter, chocolate chips

280 Cal \$2.79

930 Cal









Upma + Yogurt & Lemon

Semolina, spices, cashews, lemon, yogurt

\$5.99



VALUE BREAKFAST

choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2)

Sausage (2) 210 Cal

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal











WAFFLE BAR

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

\$1.50

Available at Market Deli & Salad Bar.

WG %

Wednesday

CEREAL BAR

Available at Market Deli & Salad Bar.

Includes choice of scrambled eggs or plant-based eggs,

60 Cal

270 Cal Hashbrowns (2)





























FAVORITES

Cage Free Scrambled Eggs

Hardwood-Smoked Bacon

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

\$0.99 30 Cal





Wednesday

DAILY SPECIALS

Beef Bolognese Lasagna Rolette

Beef Bolognese Lasagna Rolette, roasted broccoli, yellow squash & zucchini

\$12.49 520 Cal

Cheese Lasagna Rolette

Cheese Lasagna Rolette, roasted broccoli, yellow squash & zucchini

\$10.29 1180 Cal V 🗓 🕸







A LA CARTE/ADD ONS

Beef Bolognese Lasagna Rolette

\$6.49 380 Cal

Lasagna Cheese Rolette

\$4.29 290 Cal



Roasted Broccoli Florets

\$2.59 80 Cal



Roasted Yellow Squash + Zucchini

\$2.59 90 Cal



DESSERT

Churro

\$2.99 130 Cal











TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Italian Vegetable Scramble

Plant-based scrambled eggs and mozzarella, roasted red peppers, kale pesto

\$6.29 220 Cal







Egg bread, egg batter

140 Cal \$2.79







Breakfast Tacos

Local cage-free scrambled eggs, bacon, cheddar cheese, green onions, tomatillo salsa, flour tortilla

\$7.49 630 Cal

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal 270 Cal Hashbrowns (2)

Plant-Based Husky Combo

Plant-based scrambled eggs

Plant-based sausage patty (1)

240 Cal

140 Cal

270 Cal





(N) %















WAFFLE BAR

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

\$1.50

Available at Market Deli & Salad Bar.

WG &

Thursday

CEREAL BAR

Available at Market Deli & Salad Bar.

FAVORITES

\$6.99

Hashbrowns (2)

Cage Free Scrambled Eggs





Sausage Link

\$3.99 60 Cal

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Thursday

DAILY SPECIALS

Pesto Salmon

Pesto salmon, lemon-parsley red potatoes, yellow squash & zucchini, parmesan cauliflower

\$15.49 600 Cal | 🕏 🗓

BBQ Nuggets

Plant-based BBQ nuggets, lemon-parsley red potatoes, yellow squash & zucchini, parmesan cauliflower

\$11.99 690 Cal / V 🗓 % 🕸







A LA CARTE/ADD ONS

Pesto Salmon

\$9.49 | 140 Cal | 😂 🗓

BBQ Nuggets

\$5.99 380 Cal 🙆 💖 📽

Lemon-Parsley Red Potatoes

\$2.59 240 Cal **VG**

Roasted Yellow Squash + Zucchini

\$2.59 60 Cal



Garlic & Parmesan Cauliflower

\$2.59 90 Cal

DESSERT

Churro

\$2.99 130 Cal











TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Denver Scramble

Local cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

\$6.29 380 Cal

Mango Pancakes

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49









Broccoli + Bacon Strata

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole

\$5.99 210 Cal



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs 140 Cal Plant-based sausage patty (1)

Hashbrowns (2)

270 Cal





(V) %









Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

\$1.49 140 Cal





Friday

WG S

Whole Fruit (Apple, banana, orange)

\$1.50





WAFFLE BAR

Available at Market Deli & Salad Bar.

CEREAL BAR

Available at Market Deli & Salad Bar.

FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal





Friday

DAILY SPECIALS

Blackened Chicken

Blackened chicken thigh, dirty rice, sweet corn succotash, blistered garlicky green beans **\$12.49** 630 Cal

Tofu Po' Boy

Tofu po' boy, dirty rice, sweet corn succotash, blistered garlicky green beans

\$14.99 1310 Cal VG % *







Blackened Chicken Thigh

A LA CARTE/ADD ONS

\$5.99 260 Cal

Crispy Tofu Po' Boy

\$8.99 950 Cal





Vegetable Dirty Rice

\$2.59 170 Cal **VG**



Sweet Corn Succotash

\$2.59 80 Cal



Blistered Garlic Green Beans

\$2.59 60 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Denver Scramble

Local, cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

\$6.29 380 Cal



Mango Pancakes

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49









Broccoli & Bacon Strata

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

FAVORITES

\$3.99 60 Cal

Sausage Link

\$0.99 110 Cal

\$0.99 30 Cal

Cage Free Scrambled Eggs

Hardwood-Smoked Bacon

\$6.99

270 Cal







(N) %







Saturday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal









Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Available at Market Deli & Salad Bar.

CEREAL BAR

Available at Market Deli & Salad Bar.

\$5.99 210 Cal









Saturday

DAILY SPECIALS

Blackened Chicken

Blackened chicken thigh, dirty rice, sweet corn succotash, blistered garlicky green beans **\$12.49** 630 Cal

Tofu Po' Boy

Tofu po' boy, dirty rice, sweet corn succotash, blistered garlicky green beans

\$14.99 1310 Cal VG % *







A LA CARTE/ADD ONS

Blackened Chicken Thigh

\$5.99 260 Cal

Crispy Tofu Po' Boy

\$8.99 950 Cal





Vegetable Dirty Rice

\$2.59 170 Cal **VG**



Sweet Corn Succotash

\$2.59 80 Cal



Blistered Garlic Green Beans

\$2.59 60 Cal



DESSERT

Churro

\$2.99 130 Cal













Deli & Salad

DELI & SALAD

BREAKFAST SANDWICHES

Classic Breakfast Sandwich

\$4.49 300 Cal V O 🗓 🕸







Sausage, Egg & Cheese

\$5.49 500 Cal □ ○ *



Bacon, Egg & Cheese

\$5.49 390 Cal □ ○ 🕸



Plant Powered Sausage & Egg

\$5.49 440 Cal 😂 🕫 📽







Plant-Powered Egg & Cheese

\$5.49 290 Cal 😂 % 🖇









WAFFLE BAR

Waffles served at SALAD BAR

Belgian Waffle

\$4.99 950 Cal







Assorted Toppings:

Strawberries

Maple Syrup

Whipped Cream

Powdered Sugar

Butter













CEREAL BAR

Cereal served at SALAD BAR

Assorted Cereals

Plant-Based Milk

Whole Milk







OATMEAL

Oatmeal served SALAD BAR

85 Cal

90 Cal

Assorted Toppings:

108 Cal Brown Sugar

Dried Cherries 100 Cal









FRUIT

Raisins

Cranberries

Dried

Assorted Fruit

Apple, Banana, Orange

\$1.50 220 Cal





MARKET DELI

THIS WEEK'S SPECIALS

Falafel Wrap

Falafel, tabbouleh, hummus, lemon-tahini, veggies, whole wheat tortilla

\$9.29 850 Cal VG % *



Turkey Pesto Caprese

Turkey, kale pesto, tomato, mozzarella, arugula, balsamic, focaccia bread

\$10.29 800 Cal 🗓 🕸



SANDWICHES

Turkey Cheddar Sandwich

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 620 Cal 🗓 % % 🐇



BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough

\$9.79 690 Cal





Scan the code for allergen and nutrition info 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

\$9.79 580 Cal % *



Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll



Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.

\$9.79 810 Cal 😭 % 🖇 🐇









Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla





Caprese Sandwich

Mozzarella cheese, tomatoes, kale pesto, telera roll

\$8.79 740 Cal **∨ □**





Tuna Salad Sandwich

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, multi-grain bread

\$8.79 500 Cal 🕏 📽 🕸



Grilled Cheese + Tomato Soup

Choice of cheddar or plant-based grilled cheese with tomato soup.

\$6.99 590 Cal

790 Cal





Grilled Cheese a la Carte

Choice of cheddar or plant-based cheese, sourdough bread.

\$4.99 480 Cal









EXTRAS

Tomato Basil Soup

\$4.99 90 Cal



Italian Wedding Soup

\$4.99 130 Cal ① 🗓 🕸





\$4.99 140 Cal



Chocolate Chip Cookie

\$3.49 470 Cal **V** ○ 🗓 % 🕸









Pepsi Products



SALAD BAR

YOGURT BAR

\$11.99 per lb. Includes yogurt and toppings

Available All Day

Assorted Yogurt

Vanilla, Strawberry, and plant-based coconut

Assorted Toppings:

Assorted Fruit Granola SALAD BAR

\$11.99 per pound.

Available Lunch & Dinner

Mushroom Couscous Salad

Mango-Almond, Edamame, Quinoa Salad

Sicilian Pasta Salad



The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

*Look for signage highlighting which ingredients are fresh from the farm.





GLOBAL

PHO BAR AT GLOBAL

BUILD YOUR BOWL

Your choice of protein determines the cost of your bowl

CHOOSE YOUR PROTEIN

Roasted Lemongrass Chicken

\$12.99 190 Cal

Grilled Garlic-Ginger Flank Steak

\$15.99 200 Cal

Vietnamese-Style Pork Loin

\$12.99 230 Cal

Grilled Yellow Curry Tofu

\$11.99 140 Cal







CHOOSE YOUR BROTH

Beef

45 Cal



\$ 88 88

Chicken

60 Cal



Vegetable

20 Cal



CHOOSE YOUR VEGETABLES

10 Cal VG **Bean Sprout** 15 Cal VG **Sliced Crimini Mushrooms** 5 Cal **Baby Bok Choy** 0 Cal Jalapeño Pepper 25 Cal VG **Matchstick Carrots** 10 Cal VG **Sugar Snap Pea** 0 Cal VG **English Cucumber**

CHOOSE YOUR GARNISH

0 Cal Cilantro

10 Cal VG Thai Red Basil

0 Cal Sliced Green Onions

0 Cal Lime

CHOOSE YOUR SAUCE

60 Cal VG % % \$ Hoisin

30 Cal VG Sriracha

40 Cal VG % Nuoc Cham





NOODLE

NOODLE

WEEKLY SPECIAL

Lasagna Cheese Rollette

Cheese lasagna rolls, marinara, mozzarella and parmesan cheese

\$6.49 290 Cal





Beef Bolognese Lasagna Rolls

Cheese lasagna rolls, Bolognese, mozzarella and parmesan cheese

\$4.29 380 Cal



CHOOSE A PROTEIN

Your choice of protein determines the cost of your plate.

Beef-Chicken Meatballs

\$12.99 260 Cal O 🗓 % 🕸







Plant-Based Meatballs

\$11.99 190 Cal / 📾 ٧ 🖇









Garlic Lemon Chicken Strips

\$12.99 180 Cal





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CHOOSE YOUR PASTA

Herb Pasta

290 Cal 🗸 🕸



Herbed Corn and Rice Pasta

400 Cal



VEGETABLES

Roasted Seasoned Broccoli Florets

80 Cal



Roasted Yellow Squash + Zucchini

60 Cal





CHOOSE YOUR SAUCE

Marinara

50 Cal



Alfredo

250 Cal V 🗓 🕸





Plant-Based Alfredo

140 Cal 🔒 😘





Kale Pesto

90 Cal





CHOOSE YOUR CHEESE

Mozzarella

80 Cal



Plant-Based Mozzarella

90 Cal





Parmesan

120 Cal V



ADD-ONS

Pick your add-ons for additional cost

Garlic Breadstick

\$2.49 160 Cal VG *





SEARED (DUB Street)



THIS WEEK'S SPECIALS

UW Dawg

Pork sausage, jalapeño cream cheese, caramelized onions, jalapeño, hoagie roll

\$7.49 770 Cal 6 8 🕸

Mango Habanero Wings

Fried, spicy, mango-habanero glaze

\$13.99 1010



HOUSE FAVORITES

Classic Dub

Choice of protein patty*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29/\$11.29 650 / 910 Cal



Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

\$9.79 630 Cal





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Hellfire Burger

Beef patty, pepperjack, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

\$9.49 660 Cal





Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

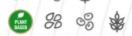
\$9.29 640 Cal % % *

Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

\$9.29 630 Cal 630 Cal





Lil' Dub (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

\$4.99 510 Cal



Fish and Chips

Beer battered and fried pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400 / 550 Cal 🤏 🗓 🕸

DUB Me Tenders

Chicken or plant-based tenders, fries, choice of dipping sauce

\$7.99 / \$9.79 750 / 1010 Cal **\$6.99 / \$8.99** 570 / 740 Cal







SIDES

Fries \$3.49 240 Cal **Curly Fries** 260 Cal \$3.49 Onion Rings \$3.49 520 Cal

EXTRAS/SUBSTITUTIONS

Protein Patties*

Beef 260 Cal

160 Cal Plant-Based

Pickle-Brined Chicken 210 Cal

Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

(VG)

\$3.99 250 - 310 Cal V





\$1.99 30 Cal

FOUNTAIN BEVERAGES

Pepsi Products

\$1.99 /\$2.99



PIZZA





Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Supreme

\$4.29 400 Cal 👶 🗓 📽 🕸

Goat

\$4.29 350 Cal **6 V 1 % \$**

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

DRINKS & DESSERT

Sunday

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ □ S ≪









Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🕏 🕸

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

Caprese

\$4.29 330 Cal **6 ♥ 1 % ***

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🦠 🗓 📽 🕸

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Monday

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽









Cheese

\$2.99 310 Cal V 🗓 📽 🕸

Pepperoni

\$3.79 390 Cal □ 🕏 🕸

DAILY SLICES

Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗫 🗓 % 🕸

Tuesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal ○ □

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽









Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Supreme

\$4.29 400 Cal 👶 🗓 📽 🕸

Goat Cheese

\$4.29 350 Cal **6 V □ % ***

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🦠 🗓 📽 🕸

Wednesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽









Cheese

\$2.99 310 Cal V 🗓 📽 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

Caprese

\$4.29 270 Cal **6 V 1 8 ★**

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🕏 🗓 📽 🕸

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Thursday

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal 0 0 0

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽









Cheese

\$2.99 310 Cal V 🗓 📽 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🦠 🗓 📽 🕸

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Friday

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽





SELECT



Make a BALANCED PLATE.

WEEKLY SPECIAL

Green Falafel Rice Bowl

Green chickpea falafel, carper-herb rice, gemista vegetables, quinoa tabbouleh, dill rainbow carrots, sweet potato strips, green goddess dressing

\$12.48 670 Cal



BUILD YOUR BOWL

1 Base, 4 veg Sauce/Dressing, Garnish.

\$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

Quinoa + Brown Rice Blend

210 Cal



Caper-Herb Rice

160 Cal



Mixed Salad Greens

35 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

VG VG 140 Cal **Roasted Butternut Squash Garlic Green Beans** 60 Cal (VG) WEW (VG) **Gemista Vegetables** 90 Cal WEW VG 130 Cal **Herb Roasted Fingerling Potatoes ₩** VG 35 Cal **Escabeche Peppers ₩** VG Winter Roasted Vegetables 90 Cal ₩ WG 50 Cal **Greek Salad Vegetables** ₩ WG 190 Cal **Quinoa Tabbouleh Salad** ₩ WG 50 Cal **Roasted Dill Carrots**

3: CHOOSE YOUR DRESSING & GARNISH

40 Cal **Green Goddess Dressing** 50 Cal (V) **Pomegranate Glaze** 90 Cal (VG) **Dried Cranberries** 90 Cal (VG) **Sweet Potato Bread Strips** 163 Cal 😘 **Toasted Pepitas** Avocado \$2.99 15 Cal VG **Zoug Sauce**

4: ADD A PROTEIN

Sun-Tue

Boneless Chicken \$4.99 45 Cal

\$4.99 170 Cal 🔛 VG Falafel

\$5.99 330 Cal Chicken Souvlaki

\$6.99 290 Cal Lamb Souvlaki

FRIED ENTREES / SIDES

6 Piece Chicken Bites

\$7.99 500 Cal

Chips & Salsa

\$3.99 320 Cal

Sweet Potato Fries

\$3.49 240 Cal **VG**

SOUP DE JOUR

Spicy Lentil Vegetable \$4.99 / \$5.99 / \$6.99 140 Cal



Strawberry or Lemonade

\$2.99 70 Cal







Make a BALANCED PLATE.

WEEKLY SPECIAL

Pork Vindaloo Rice Bowl

Pork vindaloo, saffron rice, turmeric cauliflower, raisins, kachumbari, spicy lemon pickle, cilantro chutney

\$8.99 480 Cal

BUILD YOUR BOWL

1 Base, 4 veg Sauce/Dressing, Garnish.

\$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

Quinoa + Brown Rice Blend

210 Cal

VG

Saffron Rice

50 Cal



Kale & Arugula Greens

60 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

Roasted Butternut Squash	140 Cal	 VG VG
Garlic Green Beans	60 Cal	 ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓
Roasted Smoky Parsnips	100 Cal	S VG
UW Farms Sautéed Greens	90 Cal	♦ ♦ VG
Escabeche Peppers	35 Cal	₩ VG
Winter Roasted Vegetables	90 Cal	₩ VG
Turmeric Cauliflower + Raisins	90 Cal	★ *
Spicy Lemon Pickle	15 Cal	★ ※ ∨G
Kochumbari	80 Cal	₩ WG

3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing		40 Cal	VG
Pomegranate Glaze		50 Cal	V
Dried Cranberries		90 Cal	VG
Sweet Potato Bread Strips		90 Cal	VG
Toasted Pepitas		163 Cal 🚾	
Avocado	\$2.99		VG
Cilantro Chutney		20 Cal	VG

4: ADD A PROTEIN

Wed-Sat

Boneless Chicken \$4.99 45 Cal

 Red Lentil Dal (Coconut)
 \$3.99
 210
 Cal
 WG
 WG

Coconut Tandoori

Chicken

Pork Vindaloo

\$5.99 150 Cal

\$6.99 140 Cal

FRIED ENTREES / SIDES

6 Piece Chicken Bites

\$7.99 500 Cal

Chips & Salsa

\$3.99 320 Cal

Sweet Potato Fries

\$3.49 240 Cal **VG**

SOUP DE JOUR

Chana Masala Cauliflower (Coconut)

\$4.99 / \$5.99 / \$6.99 150 Cal

WEW VG

ITALIAN ICE

Strawberry or Lemonade

\$2.99 70 Cal



