

Breakfast

Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8 a.m.–2 p.m.

Weekly Specials – With choice of whole fruit

Husky Combo – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

Daily Specials – With choice of whole fruit

Monday

Plant-Based Breakfast Taco – Plant-based egg, meatless chorizo, mozzarella, green onion and tomatillo salsa in a flour tortilla

Tuesday

Southwest Plant-Based Scramble & Cheese – Plant-based eggs scrambled with fire-roasted corn and peppers, black beans and plant-based mozzarella

Wednesday

Italian Vegetable Scramble – Local cage-free eggs scrambled with roasted red peppers, pesto, and asiago, Romano and Parmesan cheeses

Thursday

Caramelized Onion & Bacon Scramble – Local cage-free eggs scrambled with caramelized onions, bacon and mozzarella

Friday

Green Tofu Scramble – Plant-based tofu scramble with plant-based mozzarella, spinach, pepita pesto, peppers and onions

Saturday–Sunday

Sausage-Potato Scramble – Local cage-free eggs scrambled with potatoes, sausage, peppers, onions, cheddar and scallions

À la Carte Sides

Biscuit & Sausage Gravy

Buttermilk Biscuit

French Toast

Hardwood-Smoked Bacon

Hash Brown Patty

Plant-Based Pancakes

Plant-Based Sausage Patty

Plant-Based Scramble

Sausage Gravy

Sausage Link

Scramble

Lunch/Dinner

Hours

Mon–Fri: 11:30 a.m.–9 p.m.

Sat–Sun: 11 a.m.–9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Entrées Weekly Specials

Herb-Roasted Chicken

Seared Salmon

Entrée Daily Specials

Monday

Tofu Mushroom Sauce With Herb Pasta

Chicken Cacciatore With Herb Pasta

Tuesday–Wednesday

Texas Mushroom Chili

Beef & Black Bean Chili

Thursday–Friday

Warmed Falafel Patties

Grilled Garlic & Ginger Flank Steak

Vegetables

Roasted Seasoned Broccoli Florets

Salad

Caprese Salad



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Starch/Grains Daily Specials

Monday–Wednesday

Spanish-Style Roasted Potatoes

Thursday–Sunday

Garlic Mashed Potatoes With Olive Oil

Sauces

Greek Salsa

Cajun Lemon Sauce

Dessert

Blueberry Pie With Topping



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