

Center Table Menus

November 2-8



MENU ICON LEGEND

Dietary Icons



Service Style & Flavor



Allergen Icons



Plate

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Tofu & Tot Scramble

Plant-based tofu scramble, plant-based mozzarella cheese, tater tots, green onion

\$6.29 300 Cal  

French Toast

Egg bread, egg batter

\$2.79 140 Cal     

Chorizo Breakfast Burrito

Local, cage-free scrambled eggs, chorizo, potatoes, cheddar cheese

\$7.99 920 Cal  

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Sunday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

Sunday

DAILY SPECIALS

Meatloaf

Meatloaf, mushroom gravy, mashed potatoes, broccolini, rainbow carrots

\$13.29 610 Cal   

BBQ Cauliflower Bites

BBQ cauliflower bites, mushroom gravy, mashed potatoes, broccolini, rainbow carrots

\$10.29 530 Cal   

A LA CARTE/ADD ONS

Meatloaf + Mushroom Gravy

\$7.29 330 Cal   

BBQ Cauliflower Bites

\$5.29 170 Cal   

Garlic Mashed Potatoes

\$2.59 170 Cal 

Steamed Broccolini

\$2.59 20 Cal 

Spiced Rainbow Carrots

\$2.59 35 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Chorizo Scramble

Local, cage-free scrambled eggs, chorizo, cheddar cheese, Pico de Gallo

\$6.29 370 Cal   

Mango Pancakes

Plant-based pancake batter, mango

\$2.79 3890 Cal     

Fried Chicken Biscuit Sandwich

Fried chicken patty, cage-free fried egg, pepper jack cheese, buttermilk biscuit

\$8.99 680 Cal    



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Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

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\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Monday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  

PLATE

Monday

DAILY SPECIALS

Chicken Souvlaki

Chicken souvlaki, caper-herb rice, Greek salad, gemista vegetables

\$11.99 520 Cal

Falafel

Green chickpea falafel, caper-herb rice, Greek salad, gemista vegetables

\$5.29 350 Cal 

A LA CARTE/ADD ONS

Chicken Souvlaki

\$5.99 210 Cal

Green Chickpea Falafel

\$5.29 260 Cal 

Greek Salad Vegetables

\$2.59 50 Cal 

Gemista Vegetables

\$2.59 90 Cal 

Caper-Herb Rice

\$2.59 160 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Southwest Scramble

Plant-based scrambled eggs, fire-roasted corn & peppers, black beans, plant-based mozzarella cheese
\$6.29 380 Cal   

French Toast

Egg bread, egg batter
\$2.79 140 Cal    

Bacon & Onion Quiche

Bacon, onion, egg, flaky crust
\$5.99 140 Cal    

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal 
Bacon (2) 60 Cal
Pork Sausage Link (2) 210 Cal
Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   
Plant-based sausage patty (1) 140 Cal    
Hashbrowns (2) 270 Cal   
\$6.99

FAVORITES

Cage Free Scrambled Eggs
\$3.99 60 Cal  

Pork Sausage Link
\$0.99 110 Cal

Hardwood-Smoked Bacon
\$0.99 30 Cal

Tuesday

Plant-Based Scrambled Eggs
\$5.99 240 Cal   

Plant-Based Sausage Patty
\$1.49 140 Cal    

Hashbrown Patty
\$1.49 140 Cal   

Whole Fruit
(Apple, banana, orange)
\$1.50  



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PLATE

Tuesday

DAILY SPECIALS

BBQ Brisket

BBQ brisket, baked beans, blistered garlic green beans, pickled red onions

\$14.99 460 Cal

BBQ Nuggets

BBQ plant-based nuggets, baked beans, blistered garlic green beans, pickled red onions

\$11.29 630 Cal

A LA CARTE/ADD ONS

BBQ Brisket

\$8.99 270 Cal

Plant-Based BBQ Nuggets

\$5.99 390 Cal    

BBQ Baked Beans

\$2.59 180 Cal 

Blistered Garlic Green Beans

\$2.59 60 Cal 

Pickled Red Onions

\$2.59 10 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Ham & Cheddar Scramble

Local, cage-free scrambled eggs, ham, cheddar cheese, green onion

\$6.29 240 Cal  

M&M Pancakes

Plant-based batter, M&Ms

\$2.79 180 Cal    

Soyrizo Breakfast Tacos

Plant-based scrambled eggs, soyrizo, plant-based mozzarella cheese, green onions, flour tortilla

\$4.99 410 Cal   

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal

  

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Wednesday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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PLATE

Wednesday

DAILY SPECIALS

SoCal Pollock Fish Tacos

Pollock fish tacos, arroz blanco, pineapple Pico de Gallo, roasted corn and peppers

\$13.99 720 Cal   

Soyrizo & Potato Tacos

Plant-based soyrizo, potato tacos, arroz blanco, pineapple Pico de Gallo, roasted corn and peppers

\$11.29 560 Cal  

A LA CARTE/ADD ONS

SoCal Pollock Fish Tacos

\$7.99 480 Cal   

Soyrizo & Potato Tacos

\$5.99 320 Cal  

Arroz Blanco

\$2.59 60 Cal 

Pineapple Pico de Gallo Salsa

\$2.59 15 Cal 

Roasted Corn & Peppers

\$2.59 160 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Cheese & Pepper Scramble

Plant-based scrambled eggs and mozzarella, red and green peppers, onions

\$6.29 250 Cal   

French Toast

Egg bread, egg batter

\$2.79 140 Cal     

Congee with Ginger Pork & Egg

Rice porridge, hardboiled egg, ginger pork

\$6.99 560 Cal   



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Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Thursday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  

PLATE

Thursday

DAILY SPECIALS

Thai-Inspired Chicken

Thai-inspired chicken, coconut rice, cucumber salad, stir-fry vegetables

\$11.99 390 Cal  

Coconut Curry Tofu

Coconut curry tofu, coconut rice, cucumber salad, stir-fry vegetables

\$10.79 290 Cal   

A LA CARTE/ADD ONS

Grilled Thai-Inspired Chicken Thigh

\$5.99 190 Cal  

Coconut Curry Tofu

\$4.79 120 Cal   

Coconut Rice

\$2.59 45 Cal 

Thai-Style Cucumber Salad

\$2.59 15 Cal 

Stir-Fry Vegetables

\$2.59 100 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Greek Scramble

Local, cage-free scrambled eggs, spinach, sun-dried tomato, kalamata olives, feta cheese

\$6.29 340 Cal   

Banana Pancake

Plant-based batter, banana

\$2.79 150 Cal   

Bacon & Cheddar Breakfast Taco

Local, cage-free scrambled eggs, bacon, cheddar cheese, green onions, flour tortilla

\$4.99 480 Cal   

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Friday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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PLATE

Friday

DAILY SPECIALS

Maple-Walnut Crusted Salmon

Maple-walnut crusted salmon, wild & brown rice pilaf, roasted cauliflower, citrus-braised beets

\$15.49 1030 Cal  

Grilled Citrus Tempeh

Grilled citrus tempeh, wild & brown rice pilaf, roasted cauliflower, citrus-braised beets

\$11.29 650 Cal  

A LA CARTE/ADD ONS

Maple-Walnut Crusted Salmon

\$9.49 720 Cal  

Grilled Citrus Garlic Tempeh

\$5.29 330 Cal  

Wild & Brown Rice Pilaf

\$2.59 110 Cal 

Rosemary Roasted Cauliflower

\$2.59 130 Cal 

Citrus Braised Beets

\$2.59 50 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Greek Scramble

Local, cage-free scrambled eggs, spinach, sun-dried tomato, kalamata olives, feta cheese

\$6.29 340 Cal   

Banana Pancake

Plant-based batter, banana

\$2.79 150 Cal   

Bacon & Cheddar Breakfast Taco

Local, cage-free scrambled eggs, bacon, cheddar cheese, green onions, flour tortilla

\$4.99 480 Cal   

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

Plant-based scrambled eggs 240 Cal   

Plant-based sausage patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Saturday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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PLATE

Saturday

DAILY SPECIALS

Maple-Walnut Crusted Salmon

Maple-walnut crusted salmon, wild & brown rice pilaf, roasted cauliflower, citrus-braised beets

\$15.49 1030 Cal  

Grilled Citrus Tempeh

Grilled citrus tempeh, wild & brown rice pilaf, roasted cauliflower, citrus-braised beets

\$11.29 650 Cal  

A LA CARTE/ADD ONS

Maple-Walnut Crusted Salmon

\$9.49 720 Cal  

Grilled Citrus Garlic Tempeh

\$5.29 330 Cal  

Wild & Brown Rice Pilaf

\$2.59 110 Cal 

Rosemary Roasted Cauliflower

\$2.59 130 Cal 

Citrus Braised Beets

\$2.59 50 Cal 

DESSERT

Dutch Apple Pie + Streusel Topping

\$4.29 380 Cal   



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Deli & Salad

DELI & SALAD

BREAKFAST SANDWICHES

Classic Breakfast Sandwich

\$4.49 300 Cal    

Sausage, Egg & Cheese

\$5.49 500 Cal   

Bacon, Egg & Cheese

\$5.49 390 Cal   

Plant Powered Sausage & Egg

\$5.49 440 Cal    

Plant-Powered Egg & Cheese

\$5.49 290 Cal    



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WAFFLE BAR

Waffles served at SALAD BAR

Belgian Waffle

\$4.99 950 Cal   

Assorted Toppings:

Strawberries



Butter





Maple Syrup



Whipped Cream





Powdered Sugar



CEREAL BAR

Cereal served at SALAD BAR

Assorted Cereals

Whole Milk



Plant-Based Milk





OATMEAL

Oatmeal served SALAD BAR

Assorted Toppings:

Brown Sugar 108 Cal





Raisins 85 Cal





Dried 90 Cal





Cranberries 100 Cal





FRUIT

Assorted Fruit

Apple, Banana, Orange

\$1.50 220 Cal

MARKET DELI

THIS WEEK'S SPECIALS

Chickpea Salad Sandwich

Chickpea salad, tomato, pickled red onion, spring mix, multigrain bread

\$9.29 460 Cal    

Pastrami & Swiss Sandwich

Pastrami, Swiss cheese, sauerkraut, 1000 Island dressing, marbled rye bread

\$9.79 780 Cal   

SANDWICHES

Turkey Cheddar Sandwich

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 610 Cal    

BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough

\$9.79 690 Cal  

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

\$9.79 580 Cal  

Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal   

Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.

\$9.79 810 Cal     

Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$7.99 460 Cal   

Caprese Sandwich

Mozzarella cheese, tomatoes, kale pesto, telera roll

\$8.79 740 Cal   

Tuna Salad Sandwich

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, multi-grain bread

\$8.79 500 Cal   

Grilled Cheese + Tomato Soup

Choice of cheddar or plant-based grilled cheese with tomato soup.

\$6.99 590 Cal    
790 Cal    

Grilled Cheese a la Carte

Choice of cheddar or plant-based cheese, sourdough bread.

\$4.99 480 Cal    
670 Cal    

EXTRAS

Tomato Basil Soup

\$4.99 90 Cal 

Loaded Potato Soup

\$4.99 280 Cal 

Fiery Two Bean Chili

\$4.99 130 Cal

Chocolate Chip Cookie

\$3.49 470 Cal     

FOUNTAIN BEVERAGE

Pepsi Products



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SALAD BAR

YOGURT BAR

Available all day - \$11.99 per lb. Includes yogurt and toppings.

Available All Day

Assorted Yogurt

Vanilla, strawberry, and plant-based coconut

Assorted Toppings:

Assorted Fruit

Granola



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SALAD BAR

Available all day - \$11.99 per pound.

Build your Own Salad

Mediterranean Bean Salad

Mexican Street Corn Salad

Garlic Pasta Salad



SEASONAL & SUSTAINABLE

The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

*Look for signage highlighting which ingredients are fresh from the farm.

GLOBAL

FIRECRACKER AT GLOBAL

BUILD A MEAL

Your choice of entree + fried rice or jasmine rice

1 entree	2 entrees	3 entrees
\$9.99	\$13.29	\$15.99

CHOOSE YOUR RICE

Fried Brown Rice

240 Cal  

Steamed Jasmine Rice

110 Cal 

CHOOSE YOUR ENTREES

Orange Chicken + Vegetables

400 Cal   

General Tso's Pork

460 Cal   

Korean Fried Chicken

160 Cal   

Sesame Tofu + Vegetables

330 Cal   

Szechuan Beef Stir Fry

+ \$1.50 180 Cal   

Blistered Green Beans

60 Cal 

Stir Fry Bok Choy

25 Cal  

CHOOSE YOUR SAUCE

Hoisin Sauce

150 Cal    

Gochujang Sauce

110 Cal   

Garlic Chili Sauce

140 Cal    

ADD-ONS

Pick your add-on for additional cost.

Fried Vegetable Spring Rolls

\$4.99 200 Cal    

Steamed Vegetable Potstickers

\$4.99 30 Cal   



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NOODLE

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WEEKLY SPECIAL

Lentil Bolognese

Lentil Bolognese sauce, herb pasta

\$8.99 680 Cal 

Beef Bolognese

Beef Bolognese sauce, herb pasta, parmesan cheese

\$10.99 620 Cal  

CHOOSE A PROTEIN

Build your Own Pasta - pasta, sauce, cheese included for \$7.99. Add on a protein, vegetable, or breadstick.

Beef-Chicken Meatballs

\$4.99 260 Cal    

Plant-Based Meatballs

\$3.99 190 Cal    

Garlic Lemon Chicken Strips

\$4.99 180 Cal 



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CHOOSE YOUR PASTA

Herb Pasta

290 Cal  

Herbed Corn and Rice Pasta

400 Cal 

VEGETABLES

Roasted Seasoned Broccoli Florets

80 Cal 

Garlic Sautéed Kale

80 Cal  

CHOOSE YOUR SAUCE

Marinara

50 Cal 

Alfredo

250 Cal   

Plant-Based Alfredo

140 Cal  

Kale Pesto

90 Cal  

CHOOSE YOUR CHEESE

Mozzarella

80 Cal  

Plant-Based Mozzarella

90 Cal  

Parmesan

120 Cal  

ADD-ONS

Pick your add-ons for additional cost

Garlic Breadstick

\$2.49 160 Cal  

SEARED (DUB Street)



THIS WEEK'S SPECIALS

California Chicken Sandwich

Pickle-brined chicken breast, Swiss cheese, bacon, lettuce, tomato, onion, avocado, citrus mayoli

\$9.49 700 Cal    

Jerk Wings

Fried, spicy, jerk seasoning

\$13.99 810 Cal  

HOUSE FAVORITES

Classic Dub

Choice of protein patty*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29/\$11.29 650 / 910 Cal    

Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

\$9.79 630 Cal   



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Hellfire Burger

Beef patty, pepperjack, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

\$9.49 660 Cal     

Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

\$9.29 640 Cal   

Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

\$9.29 630 Cal   
630 Cal    

Lil' Dub (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

\$4.99 510 Cal    

Fish and Chips

Fried and battered pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400 / 550 Cal   

DUB Me Tenders

Chicken or plant-based tenders, fries, choice of dipping sauce

\$7.99 / \$9.79 750 / 1010 Cal 
\$7.99 / \$9.79 570 / 740 Cal    

SIDES

Fries **\$3.49** 240 Cal 

Curly Fries **\$3.49** 260 Cal  

Onion Rings **\$3.49** 520 Cal   

EXTRAS/SUBSTITUTIONS

Protein Patties*

Beef 260 Cal

Plant-Based 160 Cal  

Pickle-Brined Chicken 210 Cal

Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

\$1.00 250 - 310 Cal  

Bacon

\$1.49 30 Cal

FOUNTAIN BEVERAGES

Pepsi Products

\$1.99 /\$2.99

PIZZA

PIZZA

Sunday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Supreme

\$4.29 400 Cal    

Goat Cheese

\$4.29 350 Cal     



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SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

PIZZA

Monday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal    

Caprese

\$4.29 330 Cal     



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Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

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\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  



PIZZA

Tuesday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Hawaiian

\$4.29 320 Cal    

Veggie

\$4.29 330 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Supreme

\$4.29 400 Cal    

Goat Cheese

\$4.29 350 Cal     



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nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Wednesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  



PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal    

Caprese

\$4.29 270 Cal     



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advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Thursday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  



PIZZA

Friday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Hawaiian

\$4.29 320 Cal    

Veggie

\$4.29 330 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

SELECT

SELECT

Make a
BALANCED PLATE.

WEEKLY SPECIAL

Chicken Quinoa Bowl

Rosemary-garlic chicken, purple rice, quinoa, tarragon turnips, garlic green beans, escabeche peppers, sweet potato strips, toum sauce
\$14.49 1020 Cal

BUILD YOUR BOWL

1 Base, 4 veg
Sauce/Dressing, Garnish. \$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

Quinoa + Brown Rice Blend

210 Cal VG

Purple Rice & Quinoa Blend

140 Cal NEW VG

Mixed Salad Greens

35 Cal NEW VG



Scan the code for allergen and nutrition info.
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2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

Roasted Butternut Squash	140 Cal	🔥 VG
Garlic Green Beans	60 Cal	🔥 VG
Tarragon Roasted Turnips	120 Cal	★ NEW 🔥 VG
UW Farms Sautéed Greens	90 Cal	★ NEW 🔥 VG
Escabeche Peppers	35 Cal	❄️ VG
Winter Roasted Vegetables	90 Cal	❄️ VG
Citrus Braised Beets	50 Cal	★ NEW ❄️ VG
Roasted Balsamic Brussels Sprouts	35 Cal	★ NEW ❄️ VG
Rainbow Bean Salad	120 Cal	★ NEW ❄️ VG

3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing	40 Cal	VG
Pomegranate Glaze	50 Cal	V
Dried Cranberries	90 Cal	VG
Sweet Potato Bread Strips	90 Cal	VG
Toasted Pepitas	163 Cal	VG
Avocado	\$2.99 110 Cal	VG
Toum Sauce	370 Cal	VG

4: ADD A PROTEIN

Boneless Chicken	\$4.99 45 Cal	
Chickpea Curry Salad	\$4.99 170 Cal	★ NEW VG
Roasted Garlic-Rosemary Chicken Thigh	\$5.99 270 Cal	★ NEW
Balsamic Flank Steak	\$5.99 260 Cal	★ NEW

FRIED ENTREES / SIDES

6 Piece Chicken Bites

\$7.99 500 Cal

Chips & Salsa

\$3.99 320 Cal

Sweet Potato Fries

\$3.49 240 Cal VG

SOUP DE JOUR

Fiery Two Bean Chili

\$4.99 130 Cal ★ NEW

ITALIAN ICE

Strawberry or Lemonade

\$2.99 70 Cal VG

Sun-Tue



SELECT

Make a
BALANCED PLATE.

WEEKLY SPECIAL

Beef Barbacoa Rice Bowl

Beef barbacoa, cilantro-lime brown rice, black beans, fajita vegetables, curtido, roasted corn and peppers, pepitas, Pico de Gallo

\$14.49 840 Cal

BUILD YOUR BOWL

1 Base, 4 veg
Sauce/Dressing, Garnish.

\$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

- Quinoa + Brown Rice Blend
- 210 Cal
- VG
- Cilantro-Lime Brown Rice
- 240 Cal
- NEW VG
- Lettuce & Kale Superfood Salad Mix
- 50 Cal
- NEW VG



Scan the code for allergen and nutrition info.
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2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

- Roasted Butternut Squash
- 140 Cal
- VG
- Garlic Green Beans
- 60 Cal
- VG
- Spiced Black Beans
- 150 Cal
- NEW VG
- Fajita Vegetables
- 80 Cal
- NEW VG
- Escabeche Peppers
- 35 Cal
- VG
- Winter Roasted Vegetables
- 90 Cal
- VG
- Curtido
- 25 Cal
- NEW VG
- Roasted Corn & Peppers
- 160 Cal
- NEW VG
- Pico de Gallo Salsa
- 15 Cal
- NEW VG

3: CHOOSE YOUR DRESSING & GARNISH

- Green Goddess Dressing
- 40 Cal
- VG
- Pomegranate Glaze
- 50 Cal
- V
- Dried Cranberries
- 90 Cal
- VG
- Sweet Potato Bread Strips
- 90 Cal
- VG
- Toasted Pepitas
- 163 Cal
- VG
- Avocado
- \$2.99 110 Cal
- VG
- Tomatillo Salsa Verde
- 20 Cal
- VG

4: ADD A PROTEIN

- Boneless Chicken
- \$4.99 45 Cal
- Plant-Based Chorizo Crumble
- \$3.99 210 Cal
- NEW VG
- Grilled Pollo Asado
- \$5.99 140 Cal
- NEW
- Beef Barbacoa
- \$6.99 200 Cal
- NEW

FRIED ENTREES / SIDES

- 6 Piece Chicken Bites
- \$7.99 500 Cal

- Chips & Salsa
- \$3.99 320 Cal

- Sweet Potato Fries
- \$3.49 240 Cal
- VG

SOUP DE JOUR

- Santa Fe Tortilla Soup
- \$4.99 90 Cal
- NEW VG

ITALIAN ICE

- Strawberry or Lemonade
- \$2.99 70 Cal
- VG

Wed-Sat

