Breakfast

Hours

Mon–Fri: 7:30–11 a.m. **Sat–Sun:** 8 a.m.–2 p.m.

Weekly Specials - With choice of whole fruit

Husky Combo – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

Daily Specials - With choice of whole fruit

Monday

Hawaiian-Style Spam & Eggs Bowl – Hawaiian-inspired breakfast bowl with jasmine rice, fried spam, scrambled eggs, green onion and furikake

Tuesday

Plant-Based Scrambled With Soyrizo – Plant-based egg scramble with Soyrizo and plant-based cheese

Wednesday

Tofu Scramble With Tomato & Onion – Plant-based eggs scrambled with tomatoes, green onions and plant-based mozzarella

Thursday

Plant-Based Greek Vegetable Scramble – Plant-based eggs scrambled with fresh spinach, kalamata olives, sun-dried tomatoes and plant-based mozzarella cheese

Friday

Southwest Plant-Based Scramble & Cheese – Plant-based eggs scrambled with fire-roasted corn and peppers, black beans and plant-based mozzarella

Saturday-Sunday

Denver Scramble – Local cage-free eggs scrambled with ham, peppers, onions and cheddar cheese

À la Carte Sides

Biscuit & Sausage Gravy
Buttermilk Biscuit

French Toast

UW Dining

Hardwood-Smoked Bacon

Hash Brown Patty

Plant-Based Pancakes

Plant-Based Sausage Patty

Plant-Based Scramble

Sausage Gravy
Sausage Link

Scramble

Hours of Operation: hfs.uw.edu-eat

nch/Dinner

Hours

Mon-Fri: 11:30 a.m.-9 p.m.

Sun-Thu: Late Night 9–11 p.m. (Subject to change)

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced

Plate.

Entrées Weekly Specials

Herb-Roasted Chicken Quarters

Seared Salmon

Entrée Daily Specials

Monday

Veggie Penne Alfredo

Chicken Alfredo With Penne Pasta

Tuesday–Wednesday

Yellow Coconut Curry With Vegetables

Caribbean Island Pork Curry

Thursday-Friday

Mushroom-Pepper Tostada

Roasted Carne Asada

Vegetables

Roasted Eggplant

Herb-Roasted Rainbow Carrots

Roasted Green Beans With Fennel

Salad

Quinoa & Black Bean Salad



Hours of Operation: hfs.uw.edu-eat

Starch/Grains

Brown Rice

Jasmine Rice

Starch/Grains Daily Specials

Monday-Wednesday

Baked Chile Plantains

Thursday-Sunday

Cumin Verde Mashed Potatoes

Sauces

Guava Sauce

Green Chili & Tomatillo Sauce

Dessert

Churro Dipped in Cinnamon & Sugar

