# CENTER TABLE MENUS

November 30-December 6





# MENU ICON LEGEND

### **Dietary Icons**









**Gluten Free** 

Vegetarian

Vegan

**Plant-Based** 

### **Service Style & Flavor**









Served Hot

Served Cold

New Item

Spicy Item

### **Allergen Icons**



















Fish

Crustacean Shellfish

Wheat

Eggs

Milk

Treenuts

**Peanuts** 

Sesame

Soybeans

#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Onion & Bacon Scramble**

Local, cage-free scrambled eggs, bacon, mozzarella cheese

**\$6.29** 370 Cal



#### **Banana Pancakes**

280 Cal

Plant-based pancake batter, banana

150 Cal \$2.79





#### **Red Potato & Sausage Hash**

Local, cage-free fried egg, roasted red potatoes, peppers, pork sausage patty

\$4.99

Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

270 Cal Hashbrowns (2)

### (V) %





#### **Plant-Based Husky Combo**

WG % 240 Cal Plant-Based Scrambled Eggs 140 Cal Plant-Based Sausage Patty (1)

Hashbrowns (2)

\$6.99

270 Cal

















**\$3.99** 350 Cal

**Cage-Free Scrambled Eggs** 





Chicken Sausage\* Link

**\$0.99** 70 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken sausage in a beef casing

### Sunday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50







### Sunday

#### **DAILY SPECIALS**

#### **Herb-Roasted Turkey**

Herb-roasted turkey, mushroom gravy, mashed yams, blistered greens, roasted Brussels sprouts & carrots **\$11.99** 800 Cal

#### **Plant-Based Fritter**

Plant-based fritter & mushroom gravy, mashed yams, green beans, Brussels sprouts & carrots VG % (1) 🕸

**\$10.29** 750 Cal









#### A LA CARTE/ADD ONS

#### **Turkey + Mushroom Gravy**

**\$5.99** 380 Cal

#### Fritter + Mushroom Gravy

**\$4.29** 330 Cal







#### **Garlic Green Beans**

**\$2.59** 60 Cal





#### **Coconut Mashed Yams**

\$2.59 | 170 Cal | VG (1)



#### **Brussels Sprouts + Carrots**

**\$2.59** 190 Cal



#### DESSERT

#### Churro

**\$2.79** 130 Cal













#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Southwest Scramble**

Local, cage-free scrambled eggs, black beans, corn, peppers, Monterey Jack cheese

**\$6.29** 290 Cal







Plant-based pancake batter, apple compote

1330 Cal \$2.79









#### **Chorizo Breakfast Burrito**

Local, cage-free scrambled eggs, pork chorizo,

**\$7.99** 920 Cal



#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

Bacon (2)

Hashbrowns (2)

Hashbrowns (2)

60 Cal

Chicken Sausage\* Link (2)

140 Cal

270 Cal

( V %





#### Plant-Based Husky Combo

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty (1)

240 Cal 140 Cal

270 Cal











### Monday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





Yukon potatoes, cheddar cheese

**FAVORITES** 

\$6.99

**Cage-Free Scrambled Eggs** 

\$3.99 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken sausage in a beef casing





### Monday

#### **DAILY SPECIALS**

#### Jerk Chicken Quarter

Roasted Jerk chicken quarter, coconut red beans, spicy mango slaw, grilled baby zucchini

**\$11.99** 910 Cal

#### Mojo Jackfruit

Jalapeño-citrus jackfruit, coconut red beans, spicy mango slaw, grilled baby zucchini

**\$10.29** 480 Cal **VG** 



#### A LA CARTE/ADD ONS

#### Jerk Chicken Quarter

**\$5.99** 590 Cal

#### Mojo Jackfruit

**\$7.99** 170 Cal

#### **Coconut Red Beans**

**\$2.59** 170 Cal **VG** 



#### **Spicy Mango Slaw**

**\$2.59** 60 Cal



#### **Grilled Baby Zucchini**

**\$2.59** 45 Cal



#### DESSERT

#### Churro

**\$2.79** 130 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### Soyrizo Scramble

Plant-based scrambled eggs & mozzarella cheese, soyrizo

\$6.29

280 Cal





#### **French Toast**

Egg bread, egg batter

140 Cal \$2.79











#### **Red Potato & Sausage Hash**

Fried local, cage-free egg, pork sausage patty, red potatoes, green onions

**\$7.99** 610 Cal

#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs

350 Cal

Bacon (2)

60 Cal 70 Cal

Chicken Sausage\* Link (2) Hashbrowns (2)

270 Cal









#### **Plant-Based Husky Combo**

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty (1)

240 Cal 140 Cal

270 Cal















## Tuesday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal







**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal





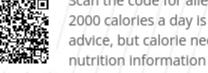


Whole Fruit (Apple, banana, orange)

\$1.50







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### **FAVORITES**

\$6.99

Hashbrowns (2)

**Cage-Free Scrambled Eggs** 

**\$3.99** 350 Cal







**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken sausage in a beef casing



### **Tuesday**

#### **DAILY SPECIALS**

#### **Tuscan-Herb Cod**

Roasted cod, Tuscan herb-cream sauce, Mediterranean herb roasted potatoes & vegetables, Greek salad

\$13.99 650 Cal 🔑 🗓





#### **Greek-Style Stuffed Peppers**

Greek-style stuffed peppers, Mediterranean herb-roasted potatoes & vegetables, Greek salad

**\$10.29** 780 Cal **VG** 



#### A LA CARTE/ADD ONS

#### **Tuscan-Herb Cod**

\$7.99 | 290 Cal | 🗫 🗓



#### **Greek-Style Stuffed Peppers**

**\$7.99** 290 Cal



#### **Mediterranean Herb Potatoes**

**\$2.59** 80 Cal



#### **Grilled Zucchini**

**\$2.59** 45 Cal



#### **Greek Salad**

**\$2.59** 50 Cal



#### DESSERT

#### Churro

**\$2.79** 130 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Bacon & Pesto Scramble**

Local, cage-free scrambled eggs, bacon, cheddar cheese, pesto

**\$6.29** 390 Cal



#### **Blueberry Pancakes**

Plant-based batter, blueberries

120 Cal \$2.79









#### **Breakfast Quesadilla**

Local, cage-free scrambled eggs, cheddar & Monterrey Jack cheese, Pico de Gallo, cilantro, flour tortilla





#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

270 Cal Hashbrowns (2)

### ( V %





WG 💖 240 Cal Plant-Based Scrambled Eggs Plant-Based Sausage Patty (1) 140 Cal

Hashbrowns (2)

270 Cal







#### **€ VG** ⊗



# Wednesday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit (Apple, banana, orange)

\$1.50















#### **FAVORITES**

\$6.99

**Cage-Free Scrambled Eggs** 

\$3.99 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken sausage in a beef casing.





### Wednesday

#### **DAILY SPECIALS**

#### **Grilled Flank Steak**

Grilled herb flank steak, Turkish-style chickpea salad, grilled broccolini, honey-glazed carrots **\$13.99** 580 Cal

#### **BBQ Nuggets**

Plant-based BBQ nuggets, Turkish-style chickpea salad, grilled broccolini, honey-glazed carrots

\$11.99 680 Cal V 🗓 📽 🕸







#### A LA CARTE/ADD ONS

#### **Grilled Herb Flank Steak**

**\$7.99** 280 Cal

#### **Plant-Based BBQ Nuggets**

**\$5.99** 270 Cal







#### **Turkish Garbanzo Salad**

**\$2.59** 140 Cal **VG** 



#### **Grilled Broccolini**

**\$2.59** 60 Cal



#### **Honey Glazed Carrots**

**\$2.59** 100 Cal **V** 🗓

#### DESSERT

#### Churro

**\$2.99** 130 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Kale & Tomato Scramble**

Plant-based scrambled eggs and mozzarella, tomatoes, kale

**\$6.29** 170 Cal





#### **Chocolate Chip Pancakes**

Plant-based pancake batter, chocolate chips

280 Cal \$2.79









#### **Grilled Cuban Breakfast Sandwich**

Pork, sliced ham, local, cage-free egg patty, Swiss cheese, pickle, mustard, baguette

**\$8.99** 910 Cal



### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

Bacon (2)

Hashbrowns (2)

Hashbrowns (2)

60 Cal

Chicken Sausage\* Link (2)

140 Cal

270 Cal





#### Plant-Based Husky Combo

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty (1)

240 Cal 140 Cal

270 Cal















#### **FAVORITES**

\$6.99

**Cage-Free Scrambled Eggs** 

**\$3.99** 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken sausage in a beef casing.

### **Thursday**

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal







**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal









Whole Fruit

(Apple, banana, orange)

\$1.50









### **Thursday**

#### **DAILY SPECIALS**

#### Rioja Chicken

Chicken, chorizo, peas, red pepper, red potatoes, tomatoes, Mediterranean vegetables, Andalusian salad **\$11.99** 660 Cal

#### **Fried Eggplant**

Fried & battered eggplant, roasted red potatoes, Mediterranean vegetables, Andalusian salad \$10.29 590 Cal V O 🗓 % 🕸

#### A LA CARTE/ADD ONS

#### Roasted Rioja Chicken Thigh

**\$5.99** 370 Cal

#### **Fried Eggplant Cutlet**

\$5.99 300 Cal V O 🗓 % 🕸

#### **Roasted Spanish-Style Potatoes**

**\$2.59** 120 Cal **VG** 

#### **Mediterranean Veggie Medley**

**\$2.59** 100 Cal

#### **Andalusian Salad**

**\$2.59** 110 Cal

#### DESSERT

#### Churro

**\$2.79** 130 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Greek Sausage Scramble**

Local, cage-free scrambled eggs, pork sausage, spinach, sun-dried tomato, kalamata olives, feta cheese **\$6.29** 520 Cal

#### **French Toast**

Egg batter, egg bread, spices

140 Cal \$2.79

#### Rava Uttapam + Cilantro Chutney

Semolina pancakes, onion, tomatoes, green and serrano peppers, cilantro chutney

**\$5.99** 770 Cal





#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Hashbrowns (2)

Cage-Free Scrambled Eggs 350 Cal 60 Cal Bacon (2) Chicken Sausage\* Link (2) 140 Cal

**Plant-Based Husky Combo** 

WG 💖 240 Cal Plant-Based Scrambled Eggs Plant-Based Sausage Patty (1) 140 Cal **€ VG** ⊗ Hashbrowns (2) 270 Cal

270 Cal

( V %

\$6.99

#### **FAVORITES**

**Cage-Free Scrambled Eggs** 

**\$3.99** 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken Sausage in beef casing.

# **Friday**

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal











Whole Fruit (Apple, banana, orange)

\$1.50









### **Friday**

#### DAILY SPECIALS

#### **Grilled Chicken Breast**

Grilled chicken breast, lemon couscous, roasted broccoli salad, Mediterranean vegetable medley

88 **\$11.99** 540 Cal

#### **Blackened Baked Tofu**

Blackened baked tofu, lemon couscous, roasted broccoli salad, Mediterranean vegetable medley

**\$10.29** 600 Cal







### A LA CARTE/ADD ONS

#### **Grilled Flank Steak**

**\$5.99** 170 Cal

#### **Blackened Baked Tofu**

**\$4.29** 230 Cal



#### **Lemon Couscous**

\$2.59 120 Cal VG \*



#### **Roasted Broccoli Salad**

**\$2.59** 90 Cal



### Mediterranean Vegetable Medley

**\$2.59** 100 Cal

#### DESSERT

#### Churro

**\$2.79** 130 Cal











#### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

#### **Greek Sausage Scramble**

Local, cage-free scrambled eggs, pork sausage, spinach, sun-dried tomato, kalamata olives, feta cheese **\$6.29** 520 Cal

#### **French Toast**

Egg batter, egg bread, spices

140 Cal \$2.79

#### Rava Uttapam + Cilantro Chutney

Semolina pancakes, onion, tomatoes, green and serrano peppers, cilantro chutney

**\$5.99** 770 Cal





#### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

#### **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal Bacon (2) 60 Cal Chicken Sausage\* Link (2) 140 Cal

270 Cal Hashbrowns (2)

#### **Plant-Based Husky Combo**

WG 💖 240 Cal Plant-Based Scrambled Eggs Plant-Based Sausage Patty (1) 140 Cal WG % Hashbrowns (2) 270 Cal

( V %

\$6.99

#### **FAVORITES**

**Cage-Free Scrambled Eggs** 

**\$3.99** 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken Sausage in beef casing.

# Saturday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal







Whole Fruit

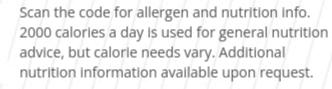
(Apple, banana, orange)

\$1.50











### Saturday

#### DAILY SPECIALS

#### **Grilled Chicken Breast**

Grilled chicken breast, lemon couscous, roasted broccoli salad, Mediterranean vegetable medley

88 **\$11.99** 540 Cal

#### **Blackened Baked Tofu**

Blackened baked tofu, lemon couscous, roasted broccoli salad, Mediterranean vegetable medley

**\$10.29** 600 Cal









#### A LA CARTE/ADD ONS

#### **Grilled Flank Steak**

**\$5.99** 170 Cal

#### **Blackened Baked Tofu**

**\$4.29** 230 Cal

#### **Lemon Couscous**

\$2.59 120 Cal VG \*



#### **Roasted Broccoli Salad**

**\$2.59** 90 Cal



### Mediterranean Vegetable Medley

**\$2.59** 100 Cal

#### DESSERT

#### Churro

**\$2.79** 130 Cal











# DELI & SALAD

### **DELI & SALAD**

#### **BREAKFAST SANDWICHES**

#### Classic Breakfast Sandwich

\$4.49 300 Cal **V** ○ 🗓 🕸







Sausage, Egg & Cheese

**\$5.49** 500 Cal □ ○ 🕸



Bacon, Egg & Cheese

**\$5.49** 390 Cal □ ○ \*

**Plant Powered Sausage & Egg** 

\$5.49 440 Cal 😂 🕫 📽







**Plant-Powered Egg & Cheese** 

\$5.49 290 Cal 😉 🕫 📽









#### WAFFLE BAR

Waffles served at SALAD BAR

**Belgian Waffle** 

**\$4.99** 950 Cal







Strawberries

Maple Syrup

Whipped Cream

Powdered Sugar

Butter











### CEREAL BAR

Cereal served at SALAD BAR

**Assorted Cereals** 

Whole Milk











#### OATMEAL

#### Oatmeal served SALAD BAR

85 Cal

90 Cal

#### **Assorted Toppings:**

108 Cal Brown Sugar

Dried Cherries 100 Cal















**FRUIT** 

Raisins

Dried

Cranberries

#### **Assorted Fruit**

Apple, Banana, Orange

\$1.50 220 Cal





# MARKET DELI

#### THIS WEEK'S SPECIALS

#### **Spicy Tofu Wrap**

Spicy tofu salad, red onion, tomato, lettuce, spinach tortilla

\$9.29 560 Cal VG % &



#### **Turkey Cranberry Croissant**

Turkey, apple, pecan salad, cranberry mayoli, provolone cheese, green leaf lettuce

\$9.79 900 Cal 🗓 📽 🕸



## SANDWICHES

#### **Turkey Cheddar Sandwich**

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 620 Cal 🗓 % % 🐇



#### **BLTC Sandwich**

Bacon, lettuce, tomato, white cheddar, sourdough bread







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#### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

**\$9.79** 580 Cal % \*

#### Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal □ 🖟 📽



#### **Tofu Goddess Sandwich**

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia bread

\$9.79 810 Cal 😭 😘 🖇 🕸









#### **Roasted Vegetable Wrap**

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$7.99 460 Cal VG 88 \$





#### **Caprese Sandwich**

Mozzarella cheese, tomatoes, kale pesto, telera roll

**\$8.79** 740 Cal **♥** 🖺 🕸







#### **Tuna Salad Sandwich**

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, multi-grain bread

**\$8.79** 500 Cal 🕏 📽 🕸



#### **Grilled Cheese + Tomato Soup**

Choice of cheddar or plant-based grilled cheese with tomato soup.

**\$6.99** 590 Cal 790 Cal





#### **Grilled Cheese a la Carte**

Choice of cheddar or plant-based cheese and sourdough bread.

**\$4.99** 480 Cal









#### **EXTRAS**

#### **Tomato Basil Soup**

\$4.99

90 Cal

#### **Broccoli Cheddar Soup**

**\$4.99** 230 Cal **V** N



#### Santa Fe Tortilla Soup

**\$4.99** 90 Cal



#### **Chocolate Chip Cookie**

**\$3.49** 110 Cal **♥** ○ □ **% \*** 







#### FOUNTAIN BEVERAGE

#### **Pepsi Products**



### SALAD BAR

#### YOGURT BAR

Available all day - \$11.99 per lb. Includes yogurt and toppings.

**Available All Day** 

#### **Assorted Yogurt**

Vanilla, strawberry, and plant-based coconut

#### **Assorted Toppings:**

Assorted Fruit Granola

#### SALAD BAR

Available all day - \$11.99 per pound.

**Build your Own Salad** 

Roasted Mushroom & Couscous Salad

Mango, Almond, Edamame & Quinoa Salad

Sicilian Pasta



The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

\*Look for signage highlighting which ingredients are fresh from the farm.





# GLOBAL

### KATORA AT GLOBAL

#### **BUILD YOUR BOWL**

#### Includes steamed Basmati rice and kachumber

1 entree

2 entrees

\$9.99

\$13.29

#### **CHOOSE YOUR ENTREE**

#### **Palak Paneer**

110 Cal V



#### **Alu Chole**

110 Cal



#### Tikka Masala Chicken

220 Cal

#### CHOOSE YOUR TOPPINGS

#### **Cucumber Salad**

10 Cal VG



#### **Tamarind Chutney**

140 Cal

#### **Cilantro Chutney**

20 Cal

#### **ADD-ONS**

#### **Warmed Naan**

\$1.99 180 Cal V O 🖟 🕸







#### **Fried Mini Vegetable Samosas**

\$5.99 420 Cal VG \*









# NOODLE

# NOODLE

#### WEEKLY SPECIAL

#### Fra Diavolo

Plant-based fritter, penne pasta, spicy tomato fra diavolo sauce, plant-based mozzarella, parsley

**\$6.99** 870 Cal **№ %** 



#### **Shrimp Fra Diavolo**

Shrimp, penne pasta, spicy tomato fra diavolo sauce, parmesan cheese, parsley

**\$10.99** 770 Cal № 🗓 🕸





#### **CHOOSE A PROTEIN**

Build your Own Pasta - pasta, sauce, cheese included for \$7.99. Add on a protein, vegetable, or breadstick.

#### **Beef-Chicken Meatballs**

\$4.99 260 Cal O 🗓 % 🕸









#### **Plant-Based Meatballs**

\$3.99 190 Cal 🔒 % 🖇







#### **Garlic Lemon Chicken Strips**

**\$4.99** 180 Cal





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#### **CHOOSE YOUR PASTA**

#### **Herb Pasta**

290 Cal 🖊 🕸



#### **Herbed Corn and Rice Pasta**

400 Cal



#### **VEGETABLES**

#### **Roasted Seasoned Broccoli Florets**

80 Cal



#### **Garlic Zucchini**

60 Cal





#### **CHOOSE YOUR SAUCE**

#### Marinara

50 Cal



#### Alfredo

250 Cal V 🗓 🕸





#### Plant-Based Alfredo

140 Cal 🔮 🚾





#### **Kale Pesto**

90 Cal



#### CHOOSE YOUR CHEESE

#### Mozzarella

80 Cal



#### Plant-Based Mozzarella

90 Cal





#### **Parmesan**

120 Cal V



#### ADD-ONS

Pick your add-ons for additional cost

#### **Garlic Breadstick**

\$2.49 160 Cal VG \*





# SEARED (DUB Street)



#### THIS WEEK'S SPECIALS

#### The Gobbler

Spiced turkey patty, cranberry cream cheese, lettuce, tomato, red onion, bun

\$9.49 650 Cal 8 8 8



#### **Hotter Nashville Hot Wings**

Fried, spicy, Nashville hot sauce glazed wings

\$13.99 1040 Cal 🕸 🕖

#### **HOUSE FAVORITES**

#### **Classic Dub**

Choice of protein patty\*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29/\$11.29 650 / 910 Cal



#### **Smokestack Burger**

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal





Scan the code for allergen and nutrition info 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### **Hellfire Burger**

Beef patty, pepperjack, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.49** 660 Cal



#### Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

### \$9.29 640 Cal % % \*

#### Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

**\$9.29** 630 Cal

630 Cal





#### Lil' Dub (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal





### Fish and Chips

Fried and battered pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400 / 550 Cal 😘 🗓 🕸

#### **DUB Me Tenders**

Chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal **\$7.99 / \$9.79** 570 / 740 Cal





#### SIDES

Fries \$3.49 240 Cal **Curly Fries** 260 Cal \$3.49 Onion Rings \$3.49 520 Cal

#### **EXTRAS/SUBSTITUTIONS**

#### **Protein Patties\***

Beef 260 Cal

160 Cal Plant-Based

Pickle-Brined Chicken 210 Cal

#### **Cheese (Plant-Based Available)**

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

(VG)

\$1.00 250 - 310 Cal V





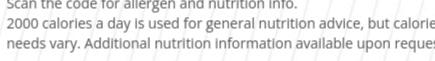
**\$1.49** 30 Cal

#### FOUNTAIN BEVERAGES

#### **Pepsi Products**

\$1.99 /\$2.99





# PIZZA







#### Cheese

\$2.99 310 Cal V 🗓 % 🕸





#### Pepperoni

**\$3.79** 390 Cal □ 🕏 🕸



#### DAILY SLICES

#### Supreme

\$4.29 400 Cal 🚷 🗓 % 🕸







#### **Goat Cheese**

\$4.29 350 Cal 🚷 🔻 🗓 % 🕸







#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞







#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### Tiramisu

\$4.49 340 Cal V O 🗓 🕸







#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

Mudslide

**\$7.49** 780 Cal

0 0 %

0 0

#### **Mint Chocolate Chip**

\$7.49 1090 Cal O 🗓 🗞 📽

**Honeycomb Toffee** 

0 0 **\$7.49** 690 Cal











#### WHOLE PIES AVAILABLE DUB GRUB THROUGH DUB GRUB

### **CLASSIC SLICES**

#### Cheese

\$2.99 310 Cal V 🗓 % 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **BBQ Chicken**

\$4.29 310 Cal 👶 🗓 🖠 🕸

#### Caprese

\$4.29 330 Cal 🚷 🔻 🗓 % 🕸

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗫 🗓 % 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### Tiramisu

\$4.49 340 Cal V O 🗓 🕸

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

0 0 **\$7.49** 630 Cal

#### Mudslide

0 0 % **\$7.49** 780 Cal

#### **Mint Chocolate Chip**

\$7.49 1090 Cal O 🗓 🗞 📽

#### **Honeycomb Toffee**

0 0 **\$7.49** 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### Hawaiian

\$4.29 320 Cal 👶 🗓 📽 🕸

#### Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🕏 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

Tuesday

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal ○ □

#### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **Supreme**

\$4.29 400 Cal 👶 🗓 📽 🕸

#### **Goat Cheese**

**\$4.29** 350 Cal **6 ♥ 1 % \*** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗫 🗓 % 🕸

### DRINKS & DESSERT

#### Poppi Soda (Assorted Flavors) \$3.69

Wednesday

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal ○ □

#### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 % 🕸

#### Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

#### DAILY SLICES

#### **BBQ** Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

#### Caprese

**\$4.29** 270 Cal **3 ♥ 1 3 8** 

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

**Thursday** 

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal









#### Cheese

\$2.99 310 Cal V 🗓 % 🕸

#### Pepperoni

**\$3.79** 390 Cal □ % 🕸

#### DAILY SLICES

#### Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

#### Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

#### **SPECIALTIES**

#### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

#### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗫 🗓 % 🕸

#### **DRINKS & DESSERT**

#### Poppi Soda (Assorted Flavors) \$3.69

#### **Tiramisu**

#### **Tillamook Ice Cream Pints**

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

#### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

#### **Honeycomb Toffee**

\$7.49 690 Cal





# SELECT



Make a BALANCED PLATE.

#### **WEEKLY SPECIAL**

#### **Pork Vindaloo Rice Bowl**

Pork vindaloo, saffron rice, turmeric cauliflower, raisins, kachumbari, spicy-lemon pickle, cilantro chutney

**\$14.48** 480 Cal

#### **BUILD YOUR BOWL**

1 Base, 4 veg Sauce/Dressing, Garnish.

\$8.99

#### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

**Quinoa + Brown Rice Blend** 

210 Cal

Saffron Rice

50 Cal



Kale & Arugula

60 Cal







Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### 2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

Roasted Butternut Squash	140 Cal	<b> S VG</b>
Garlic Green Beans	60 Cal	<b> ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ ✓ </b>
Roasted Smoky Parsnips	100 Cal	S VG
UW Farms Sautéed Greens	90 Cal	S (S) VG
Escabeche Peppers	35 Cal	<b>₩</b> VG
Winter Roasted Vegetables	90 Cal	<b>₩</b> VG
Turmeric Cauliflower + Raisins	90 Cal	₩ WG
Spicy-Lemon Pickle	15 Cal	₩ WG
Kachumbari	80 Cal	<b>★ * VG</b>

#### 3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing		40 Cal VG	
Pomegranate Glaze		50 Cal 🔻	
Dried Cranberries		90 Cal VG	
Sweet Potato Bread Strips		90 Cal VG	
Toasted Pepitas		163 Cal 🚾	
Avocado	\$2.99	110 Cal 🚾	
Cilantro Chutney		20 Cal 👪 🚺	/(

#### 4: ADD A PROTEIN

### Sun-Tue

Chicken Bites 6pc \$5.49 250 Cal

\$3.99 210 Cal 🛗 VG Red Lentil Dal (Coconut) **Roasted Coconut \$5.99** 150 Cal Tandoori Chicken

**\$5.99** 140 Cal Pork Vindaloo

#### FRIED ENTREES / SIDES

Chicken Bites (6) & Swt. Pot. Fries

\$7.99 500 Cal

**Chips & Salsa** \$3.99 320 Cal

**Sweet Potato Fries** 

**\$3.49** 240 Cal **VG** 

SOUP DE JOUR

**Chana Masala Cauliflower (Coconut)** NEW VG

\$4.99 50 Cal

ITALIAN ICE

**Strawberry or Lemonade** 

\$2.99 70 Cal







Make a BALANCED PLATE.

#### WEEKLY SPECIAL

#### **Autumn Chicken Bowl**

Jerk chicken, turmeric cauliflower, roasted butternut squash, superfood greens, pickled turnips, toasted pepitas, pomegranate glaze

**\$14.48** 990 Cal

#### **BUILD YOUR BOWL**

1 Base, 4 veg Sauce/Dressing, Garnish.

\$8.99

#### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

**Quinoa + Brown Rice Blend** 

210 Cal



French Lentils

200 Cal



**Superfood Greens + Herbs** 

70 Cal







Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

#### 2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

(S) (VG) 140 Cal **Roasted Butternut Squash Garlic Green Beans** 60 Cal ₩ WG 270 Cal **Turmeric Roasted Cauliflower** Ras ae Hanout Roasted Root WG VG 70 Cal Vegetables **₩** VG 35 Cal **Escabeche Peppers ₩** VG Winter Roasted Vegetables 90 Cal ₩ WG 10 Cal **Lebanese Pickled Turnips** ₩ WG 25 Cal **Korean Spiced Cucumbers** 280 Cal White Bean & Fennel Salad

#### 3: CHOOSE YOUR DRESSING & GARNISH

40 Cal **Green Goddess Dressing** 50 Cal (V) **Pomegranate Glaze** 90 Cal (VG) **Dried Cranberries** 90 Cal (VG) **Sweet Potato Bread Strips** 163 Cal 😘 **Toasted Pepitas \$2.99** 110 Cal **VG** Avocado

#### 4: ADD A PROTEIN

### Wed-Sat

Chicken Bites 6pc \$5.49 250 Cal

\$4.99 260 Cal 📸 VG Falafel

Roasted Jerk Chicken **\$5.99** 540 Cal

Quarter **\$5.99** 220 Cal Kalua Pork

#### FRIED ENTREES / SIDES

Chicken Bites (6) & Swt. Pot. Fries

\$7.99 500 Cal

**Chips & Salsa** \$3.99 320 Cal

**Sweet Potato Fries** 

**\$3.49** 240 Cal **VG** 

SOUP DE JOUR

**Native Three Sisters** 

\$4.99 150 Cal NEW VG

ITALIAN ICE

**Strawberry or Lemonade** 

**\$2.99** 70 Cal



