

# DELI & SALAD

April 14 – 20

## Breakfast

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### Hours

**Mon–Fri:** 7:30–11 a.m.

**Sat–Sun:** 8–11 a.m.

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**Classic Breakfast Sandwich**– Egg patty, American cheese, English muffin

**Dub Muffin w/ Sausage**– Egg patty, American cheese, sausage, English muffin

**Dub Muffin w/ Bacon**– Egg patty, American cheese, bacon, English muffin

**Plant Powered Sando (VG)**– Just Egg patty, Chao cheese, English muffin

### Salad Bar: Yogurt & Fruit Breakfast Bar

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Selection of yogurt, granola and seasonal fruit

## Lunch/Dinner

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### Hours

**Sun–Thu:** 11 a.m.–11 p.m.    **Fri–Sat:** 11 a.m.–9 p.m.

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### Salad Bar

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Rotating selection of greens, toppings and dressings. UW Farm produce is provided when available.

### Weekly Specials

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#### Greek Vegetable Wrap (V)

Hummus, tzatziki, feta, pepperoncini, cucumbers, veggies, flour tortilla.

#### Turkey Pesto Caprese

Turkey, mozzarella, and kale pesto with arugula and tomato, balsamic reduction, focaccia roll.



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

*Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.*

## Sandwiches & Wraps

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### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies, telera bun

### Caprese Sandwich

Fresh mozzarella, Roma tomato, fresh basil, balsamic vinaigrette, baguette

### Ham & Havarti Sandwich

Hardwood smoked ham, Havarti, mayoli, Dijon mustard, choice of veggies, telera bun

### Turkey Cheddar

Smoked turkey breast, cheddar cheese, eggless mayoli, and fresh veggies on multi-grain bread

### Grilled Plant-Based Cheese Sandwich

Plant-based cheddar cheese, sourdough bread

### BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough bread

### Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted Focaccia bread

### Spicy Tofu Wrap

Spicy tofu salad, red onion, tomato, lettuce, flour tortilla

### Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

### Grilled Cheese & Tomato Soup

Cheddar cheese, American cheese, sourdough bread, tomato soup

## Soup

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### Native 3 Sisters Vegetable Bean Soup

### Lasagna Soup with Turkey Sausage

## Dessert

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### Chocolate Brownie

### Plant-Based Coconut Ranger Cookie