

Center Table Menus

November 9-15



MENU ICON LEGEND

Dietary Icons



Service Style & Flavor



Allergen Icons



Plate

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Italian Vegetable Scramble

Plant-based scrambled eggs, roasted red peppers, kale pesto, plant-based mozzarella cheese

\$6.29 220 Cal   

French Toast

Egg bread, egg batter

\$2.79 140 Cal     

Fried Chicken Biscuit Sandwich

Fried chicken patty, pepper jack cheese, fried egg, buttermilk biscuit

\$7.99 680 Cal    



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs 350 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal



Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Sunday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



PLATE

Sunday

DAILY SPECIALS

Chicken Parmesan

Chicken parmesan, herb pasta, roasted Brussels sprouts, rainbow carrots

\$12.49 840 Cal   

Eggplant Parmesan

Eggplant parmesan, herb pasta, roasted Brussels sprouts, rainbow carrots

\$11.49 910 Cal     

A LA CARTE/ADD ONS

Chicken Parmesan

\$5.99 340 Cal   

Eggplant Parmesan

\$6.49 410 Cal     

Herb Pasta

\$2.59 290 Cal  

Roasted Brussels Sprouts

\$2.59 230 Cal 

Herb-Roasted Rainbow Carrots

\$2.59 50 Cal 

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Southwest Scramble

Local, cage-free scrambled eggs, black beans, corn, peppers, jack cheese

\$6.29 290 Cal   

Banana Pancakes

Plant-based pancake batter, banana

\$2.79 150 Cal    

Rava Uttapam + Cilantro Chutney

Semolina pancakes, onion, tomatoes, green and serrano peppers, cilantro chutney

\$5.99 770 Cal    

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs 350 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal

Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Monday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



PLATE

Monday

DAILY SPECIALS

Kalua Pork

Kalua pork, Hawaiian-style mac salad, ginger snap peas, spicy cucumber salad

\$12.29 690 Cal   

Sweet & Sour Nuggets

Plant-based sweet & sour nuggets, Hawaiian-style mac salad, ginger snap peas, spicy cucumber salad

\$11.29 830 Cal     

A LA CARTE/ADD ONS

Kalua Porl

\$6.29 220 Cal

Plant-Based Sweet & Sour Nuggets

\$5.29 360 Cal    

Hawaiian Macaroni Salad

\$2.59 300 Cal   

Spicy Cucumber Salad

\$2.59 40 Cal   

Ginger Snap Peas

\$2.59 90 Cal 

DESSERT

Red Velvet Layer Cake

\$45.29 300 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Southwest Scramble

Local, cage-free scrambled eggs, roasted red peppers, corn, black beans, cheddar cheese

\$6.29 380 Cal   

French Toast

Egg bread, egg batter

\$2.79 140 Cal    

Quesadilla

Plant-based scrambled eggs and mozzarella cheese, Pico de Gallo, cilantro, flour tortilla

\$7.99 660 Cal    

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs 350 Cal 

Bacon (2) 60 Cal

Pork Sausage Link (2) 210 Cal

Hashbrowns (2) 270 Cal

Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Pork Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Tuesday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

Tuesday

DAILY SPECIALS

BBQ Chicken Quarter

BBQ roasted chicken quarter, mac & cheese, roasted cauliflower, snap peas

\$11.99 780 Cal   

Bourbon BBQ Nuggets

Plant-based Bourbon-style BBQ nuggets, mac & cheese, roasted cauliflower, snap peas

\$11.29 690 Cal      

A LA CARTE/ADD ONS

BBQ Roasted Chicken Quarter

\$5.99 470 Cal

Plant-Based BBQ Nuggets

\$5.29 390 Cal    

Macaroni & Cheese

\$2.59 200 Cal     

Roasted Cauliflower

\$2.59 80 Cal 

Steamed Snap Peas

\$2.59 45 Cal 

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Greek Scramble

Plant-based scrambled eggs, spinach, kalamata olives, sundried tomatoes, plant-based mozzarella cheese

\$6.29 380 Cal   

Chocolate Chip Panckaes

Plant-based batter, chocolate chips

\$2.79 280 Cal    

Upma with Yogurt + Lemon

Semolina, spices, cashews, lemon, yogurt

\$5.99 470 Cal    

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs 350 Cal 

Bacon (2) 60 Cal

Chicken Sausage* Link (2) 70 Cal

Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

*Chicken sausage in a beef casing.

Wednesday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

Wednesday

DAILY SPECIALS

Grilled Aji Verde Barramundi

Aji Verde Barramundi, roasted potatoes and cauliflower, superfood slaw

\$15.49 660 Cal   

Grilled Citrus-Garlic Tempeh

Citrus-garlic tempeh, roasted potatoes and cauliflower, superfood slaw

\$11.29 780 Cal  

A LA CARTE/ADD ONS

Grilled Barramundi + Aji Verde

\$9.49 210 Cal   

Grilled Citrus Garlic Tempeh

\$6.29 330 Cal  

Roasted Potatoes

\$2.59 290 Cal 

Roasted Cauliflower

\$2.59 80 Cal 

Superfood Slaw

\$2.59 45 Cal 

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Bacon & Onion Scramble

Local, cage-free scrambled eggs, caramelized onions, bacon, mozzarella cheese

\$6.29 370 Cal  

Blueberry Pancakes

Plant-based pancake batter, blueberries

\$2.79 120 Cal    

Broccoli & Bacon Strata

Sourdough bread, egg, broccoli, bacon, cheddar cheese

\$5.99 210 Cal   

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs 350 Cal 

Bacon (2) 60 Cal

Chicken Sausage* Link (2) 70 Cal

Hashbrowns (2) 270 Cal

Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

*Chicken sausage in a beef casing.

Thursday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

Thursday

DAILY SPECIALS

Beef Bulgogi

Beef bulgogi, kimchi fried brown rice, sesame cucumbers, pickled daikon & carrots

\$14.29 500 Cal  

Teriyaki Tofu

Teriyaki tofu, kimchi fried brown rice, sesame cucumbers, pickled daikon & carrots

\$10.29 420 Cal   

A LA CARTE/ADD ONS

Beef Bulgogi

\$7.99 240 Cal  

Teriyaki Tofu

\$4.29 150 Cal  

Kimchi Fried Brown Rice

\$2.59 250 Cal  

Pickled Daikon & Carrots

\$2.59 25 Cal 

Korean Sesame Cucumbers

\$2.59 25 Cal  

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Bacon & Cheddar Scramble

Local, cage-free scrambled eggs, bacon, cheddar cheese

\$6.29 410 Cal  

Mango Pancakes

Pancake batter, mangoes, butter, maple syrup

\$2.79 3890 Cal     

Bacon & Cheddar Breakfast Taco

Local, cage-free scrambled eggs, bacon, cheddar cheese, green onions, flour tortilla

\$4.99 480 Cal   

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

- Cage-Free Scrambled Eggs 350 Cal 
- Bacon (2) 60 Cal
- Chicken Sausage* Link (2) 70 Cal
- Hashbrowns (2) 270 Cal   

Plant-Based Husky Combo

- Plant-Based Scrambled Eggs 240 Cal   
 - Plant-Based Sausage Patty (1) 140 Cal    
 - Hashbrowns (2) 270 Cal   
- \$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

*Chicken Sausage in beef casing.

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

Friday

DAILY SPECIALS

Chermoula Chicken

Chermoula chicken, Moroccan-spiced couscous salad and carrots, cucumber salad

\$11.99 520 Cal 

Falafel

Fried green falafel, Moroccan-spiced couscous salad and carrots, cucumber salad

\$11.99 330 Cal  

A LA CARTE/ADD ONS

Baked Chermoula Chicken

\$5.99 230 Cal

Falafel

\$5.99 260 Cal 

Moroccan Spiced Couscous Salad

\$2.59 170 Cal  

Moroccan Carrots

\$2.59 100 Cal 

Cucumber Salad

\$2.59 10 Cal 

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

PLATE

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Bacon & Cheddar Scramble

Local, cage-free scrambled eggs, bacon, cheddar cheese

\$6.29 410 Cal  

Mango Pancakes

Pancake batter, mangoes, butter, maple syrup

\$2.79 3890 Cal     

Bacon & Cheddar Breakfast Taco

Local, cage-free scrambled eggs, bacon, cheddar cheese, green onions, flour tortilla

\$4.99 480 Cal   



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

Husky Combo

Cage-Free Scrambled Eggs	350 Cal	
Bacon (2)	60 Cal	
Chicken Sausage* Link (2)	70 Cal	
Hashbrowns (2)	270 Cal	  

Plant-Based Husky Combo

Plant-Based Scrambled Eggs	240 Cal	  
Plant-Based Sausage Patty (1)	140 Cal	   
Hashbrowns (2)	270 Cal	  

\$6.99

FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

*Chicken Sausage in beef casing.

Saturday

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  

PLATE

Saturday

DAILY SPECIALS

Chermoula Chicken

Chermoula chicken, Moroccan-spiced couscous salad and carrots, cucumber salad

\$11.99 520 Cal 

Falafel

Fried green falafel, Moroccan-spiced couscous salad and carrots, cucumber salad

\$11.99 330 Cal  

A LA CARTE/ADD ONS

Baked Chermoula Chicken

\$5.99 230 Cal

Falafel

\$5.99 260 Cal 

Moroccan Spiced Couscous Salad

\$2.59 170 Cal  

Moroccan Carrots

\$2.59 100 Cal 

Cucumber Salad

\$2.59 10 Cal 

DESSERT

Red Velvet Layer Cake

\$5.29 300 Cal     



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Deli & Salad

DELI & SALAD

BREAKFAST SANDWICHES

Classic Breakfast Sandwich

\$4.49 300 Cal    

Sausage, Egg & Cheese

\$5.49 500 Cal   

Bacon, Egg & Cheese

\$5.49 390 Cal   

Plant Powered Sausage & Egg

\$5.49 440 Cal    

Plant-Powered Egg & Cheese

\$5.49 290 Cal    



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

WAFFLE BAR

Waffles served at SALAD BAR

Belgian Waffle

\$4.99 950 Cal   

Assorted Toppings:

Strawberries



Butter





Maple Syrup



Whipped Cream





Powdered Sugar



CEREAL BAR

Cereal served at SALAD BAR

Assorted Cereals

Whole Milk



Plant-Based Milk





OATMEAL

Oatmeal served SALAD BAR

Assorted Toppings:

Brown Sugar 108 Cal





Raisins 85 Cal





Dried 90 Cal





Cranberries 100 Cal





FRUIT

Assorted Fruit

Apple, Banana, Orange

\$1.50 220 Cal

MARKET DELI

THIS WEEK'S SPECIALS

Greek Vegetable Wrap

Hummus, tzatziki sauce, feta, pepperoncini, cucumbers, veggies, flour tortilla

\$9.29 540 Cal    

Curry Chicken Salad Sandwich

Curried chicken salad, lettuce, tomato, red onion, multi-grain bread

\$9.79 590 Cal    

SANDWICHES

Turkey Cheddar Sandwich

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 610 Cal    

BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough

\$9.79 690 Cal  

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

\$9.79 580 Cal  

Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal   

Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.

\$9.79 810 Cal     

Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$7.99 460 Cal   

Caprese Sandwich

Mozzarella cheese, tomatoes, kale pesto, telera roll

\$8.79 740 Cal   

Tuna Salad Sandwich

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, multi-grain bread

\$8.79 500 Cal   

Grilled Cheese + Tomato Soup

Choice of cheddar or plant-based grilled cheese with tomato soup.

\$6.99 590 Cal    
790 Cal    

Grilled Cheese a la Carte

Choice of cheddar or plant-based cheese, sourdough bread.

\$4.99 480 Cal    
670 Cal    

EXTRAS

Tomato Basil Soup

\$4.99 90 Cal 

Smoked Salmon Chowder

\$4.99 330 Cal    

Native Three Sisters Soup

\$4.99 150 Cal

Chocolate Chip Cookie

\$3.49 470 Cal    

FOUNTAIN BEVERAGE

Pepsi Products



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

SALAD BAR

YOGURT BAR

Available all day - \$11.99 per lb. Includes yogurt and toppings.

Available All Day

Assorted Yogurt

Vanilla, strawberry, and plant-based coconut

Assorted Toppings:

Assorted Fruit

Granola



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

SALAD BAR

Available all day - \$11.99 per pound.

Build your Own Salad

Creamy Curry Cauliflower Salad

Farro + Artichoke Salad

Orecchiette Salad



SEASONAL & SUSTAINABLE

The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

*Look for signage highlighting which ingredients are fresh from the farm.

GLOBAL

CANTINA AT GLOBAL

BUILD YOUR BOWL

Your choice of protein determines the cost of your bowl. Includes choice of rice and black beans.

CHOOSE YOUR PROTEIN

Beef Barbacoa

\$12.99 200 Cal

Pollo Asado

\$11.49 140 Cal

Pork Carnitas

\$11.99 160 Cal

Plant Based Chorizo

\$11.49 210 Cal  

CHOOSE YOUR RICE AND BEANS

Cilantro Lime White Rice

150 Cal 

Cilantro Lime Brown Rice

240 Cal 

Spiced Black Beans

150 Cal 

CHOOSE YOUR VEGGIES AND TOPPINGS

Shredded Lettuce

0 Cal 

Fajita Vegetables

80 Cal 

Cheddar Jack Cheese Blend

110 Cal   

Plant-Based Cheddar Cheese

80 Cal  

Tomatillo Salsa

20 Cal 

Ancho Chipotle

50 Cal   

Sour Cream

20 Cal  

Plant-Based Sour Cream

170 Cal   

PREMIUM TOPPINGS

Add-ons for an additional price.

Guacamole

\$2.49 50 Cal 

Queso Chili Cheese Sauce

\$1.49 100 Cal  

Roasted Corn and Peppers

\$1.49 160 Cal 



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

NOODLE

NOODLE

WEEKLY SPECIAL

Alfredo Primavera

Penne pasta, asparagus, zucchini, peas, plant-based alfredo sauce and mozzarella

\$8.99 650 Cal   

Salmon Alfredo Primavera

Penne pasta, salmon, asparagus, zucchini, peas, plant-based alfredo, parmesan

\$14.99 810 Cal   

CHOOSE A PROTEIN

Build your Own Pasta - pasta, sauce, cheese included for \$7.99. Add on a protein, vegetable, or breadstick.

Beef-Chicken Meatballs

\$4.99 260 Cal    

Plant-Based Meatballs

\$3.99 190 Cal    

Garlic Lemon Chicken Strips

\$4.99 180 Cal 



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

CHOOSE YOUR PASTA

Herb Pasta

290 Cal  

Herbed Corn and Rice Pasta

400 Cal 

VEGETABLES

Roasted Seasoned Broccoli Florets

80 Cal 

Garlic Zucchini

60 Cal   

CHOOSE YOUR SAUCE

Marinara

50 Cal 

Alfredo

250 Cal   

Plant-Based Alfredo

140 Cal  

Kale Pesto

90 Cal  

CHOOSE YOUR CHEESE

Mozzarella

80 Cal  

Plant-Based Mozzarella

90 Cal  

Parmesan

120 Cal  

ADD-ONS

Pick your add-ons for additional cost

Garlic Breadstick

\$2.49 160 Cal  

SEARED (DUB Street)



THIS WEEK'S SPECIALS

Sambal Portobello Burger

Grilled sambal-marinated portobello mushroom, ginger slaw, hoisin sauce

\$9.49 690 Cal

Spicy Pineapple Teriyaki Wings

Fried, spicy, teriyaki glazed wings

\$13.99 920 Cal

HOUSE FAVORITES

Classic Dub

Choice of protein patty*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29/\$11.29 650 / 910 Cal

Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

\$9.79 630 Cal



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Hellfire Burger

Beef patty, pepperjack, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

\$9.49 660 Cal

Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

\$9.29 640 Cal

Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

\$9.29 630 Cal
630 Cal

Lil' Dub (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

\$4.99 510 Cal

Fish and Chips

Fried and battered pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400 / 550 Cal

DUB Me Tenders

Chicken or plant-based tenders, fries, choice of dipping sauce

\$7.99 / \$9.79 750 / 1010 Cal
\$7.99 / \$9.79 570 / 740 Cal

SIDES

Fries **\$3.49** 240 Cal

Curly Fries **\$3.49** 260 Cal

Onion Rings **\$3.49** 520 Cal

EXTRAS/SUBSTITUTIONS

Protein Patties*

Beef 260 Cal

Plant-Based 160 Cal

Pickle-Brined Chicken 210 Cal

Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

\$1.00 250 - 310 Cal

Bacon

\$1.49 30 Cal

FOUNTAIN BEVERAGES

Pepsi Products

\$1.99 /\$2.99

PIZZA

PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Supreme

\$4.29 400 Cal    

Goat Cheese

\$4.29 350 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Sunday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal    

Caprese

\$4.29 330 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Monday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  



PIZZA

Tuesday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Hawaiian

\$4.29 320 Cal    

Veggie

\$4.29 330 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Supreme

\$4.29 400 Cal    

Goat Cheese

\$4.29 350 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Wednesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  



PIZZA



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal    

Caprese

\$4.29 270 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

Thursday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

PIZZA

Friday



WHOLE PIES AVAILABLE
THROUGH DUB GRUB

CLASSIC SLICES

Cheese

\$2.99 310 Cal    

Pepperoni

\$3.79 390 Cal   

DAILY SLICES

Hawaiian

\$4.29 320 Cal    

Veggie

\$4.29 330 Cal     



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition
advice, but calorie needs vary. Additional
nutrition information available upon request.

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar
dressing

\$4.99 370 Cal     

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons,
Caesar dressing

\$7.99 470 Cal     

DRINKS & DESSERT

Poppi Soda (Assorted Flavors)

\$3.69

Tiramisu

\$4.49 340 Cal    

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal  

Mudslide

\$7.49 780 Cal    

Mint Chocolate Chip

\$7.49 1090 Cal    

Honeycomb Toffee

\$7.49 690 Cal  

SELECT

SELECT

Make a
BALANCED PLATE.

WEEKLY SPECIAL

Beef Barbacoa Bowl

Beef barbacoa, cilantro-lime brown rice, black beans, fajita vegetables, curtido, roasted corn and peppers, pepitas, Pico de Gallo

\$14.49 840 Cal

BUILD YOUR BOWL

1 Base, 4 veg
Sauce/Dressing, Garnish.

\$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

Quinoa + Brown Rice Blend

210 Cal

VG

Cilantro-Lime Brown Rice

240 Cal

NEW VG

Lettuce & Kale Superfood Salad Mix

50 Cal

NEW VG



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

Roasted Butternut Squash	140 Cal	VG
Garlic Green Beans	60 Cal	VG
Spiced Black Beans	150 Cal	NEW VG
Fajita Vegetables	80 Cal	NEW VG
Escabeche Peppers	35 Cal	VG
Winter Roasted Vegetables	90 Cal	VG
Curtido	25 Cal	NEW VG
Roasted Corn & Peppers	160 Cal	NEW VG
Pico de Gallo Salsa	15 Cal	NEW VG

3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing	40 Cal	VG
Pomegranate Glaze	50 Cal	V
Dried Cranberries	90 Cal	VG
Sweet Potato Bread Strips	90 Cal	VG
Toasted Pepitas	163 Cal	VG
Avocado	\$2.99 110 Cal	VG
Tomatillo Salsa Verde	20 Cal	VG

4: ADD A PROTEIN

Boneless Chicken	\$4.99 45 Cal	
Plant-Based Chorizo Crumble	\$3.99 210 Cal	PLANT-BASED NEW VG
Grilled Pollo Asado	\$5.99 140 Cal	NEW
Beef Barbacoa	\$6.99 200 Cal	NEW

FRIED ENTREES / SIDES

6 Piece Chicken Bites

\$7.99 500 Cal

Chips & Salsa

\$3.99 320 Cal

Sweet Potato Fries

\$3.49 240 Cal

VG

SOUP DE JOUR

Santa Fe Tortilla Soup

\$4.99 90 Cal

NEW

ITALIAN ICE

Strawberry or Lemonade

\$2.99 70 Cal

VG

Sun-Tue



SELECT

Make a
BALANCED PLATE.

WEEKLY SPECIAL

Green Falafel Rice Bowl

Green chickpea falafel, caper-herb rice, gemista vegetables, quinoa tabbouleh, dill rainbow carrots, sweet potato strips, green goddess dressing

\$12.48 670 Cal 

BUILD YOUR BOWL

1 Base, 4 veg
Sauce/Dressing, Garnish.

\$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

- Quinoa + Brown Rice Blend
- 210 Cal 
- Caper-Herb Rice
- 160 Cal  
- Mixed Salad Greens
- 35 Cal  



Scan the code for allergen and nutrition info.
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$1.99)

- Roasted Butternut Squash
- 140 Cal  
- Garlic Green Beans
- 60 Cal  
- Gemista Vegetables
- 90 Cal   
- Herb-Roasted Fingerling Potatoes
- 130 Cal   
- Escabeche Peppers
- 35 Cal  
- Winter Roasted Vegetables
- 90 Cal  
- Greek Salad Vegetables
- 50 Cal   
- Quinoa Tabbouleh Salad
- 190 Cal   
- Roasted Rainbow Dill Carrots
- 50 Cal   

3: CHOOSE YOUR DRESSING & GARNISH

- Green Goddess Dressing
- 40 Cal 
- Pomegranate Glaze
- 50 Cal 
- Dried Cranberries
- 90 Cal 
- Sweet Potato Bread Strips
- 90 Cal 
- Toasted Pepitas
- 163 Cal 
- Avocado
- \$2.99** 110 Cal 
- Zoug Sauce
- 15 Cal 

4: ADD A PROTEIN

- Boneless Chicken
- \$4.99** 45 Cal
- Falafel
- \$3.99** 260 Cal  
- Grilled Chicken Souvlaki
- \$5.99** 330 Cal 
- Lamb Souvlaki
- \$6.99** 290 Cal 

FRIED ENTREES / SIDES

- 6 Piece Chicken Bites
- \$7.99** 500 Cal

- Chips & Salsa
- \$3.99** 320 Cal

- Sweet Potato Fries
- \$3.49** 240 Cal 

SOUP DE JOUR

- Spicy Lentil Vegetable Soup
- \$4.99** 140 Cal 

ITALIAN ICE

- Strawberry or Lemonade
- \$2.99** 70 Cal 

Wed-Sat

