# LOCAL POINT MENUS

November 23-26

**CLOSED: November 27-29** 





# MENU ICON LEGEND

# **Dietary Icons**









**Gluten Free** 

Vegetarian

Vegan

**Plant-Based** 

# **Service Style & Flavor**









Served Hot

Served Cold

New Item

Spicy Item

# **Allergen Icons**



















Fish

Crustacean Shellfish

Wheat

Eggs

Milk

Treenuts

**Peanuts** 

Sesame

Soybeans

### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

### **Kale + Tomato Scramble**

Plant-based scrambled eggs, kale, tomatoes, plant-based mozzarella cheese

**\$6.29** 170 Cal







### **M&M Pancakes**

Plant-based pancake batter, M&Ms

180 Cal \$2.79









### **Bacon Breakfast Burrito**

Local, cage-free scrambled eggs, bacon, black beans, cheddar cheese, flour tortilla

**\$7.99** 1060 Cal





### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

## **Husky Combo**

Cage-Free Scrambled Eggs

350 Cal

Bacon (2)

Hashbrowns (2)

Hashbrowns (2)

60 Cal

Chicken Sausage\* Link (2)

140 Cal

270 Cal









Plant-Based Scrambled Eggs

Plant-Based Sausage Patty (1)

240 Cal

140 Cal

270 Cal















# Sunday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal







**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal









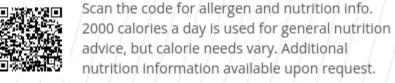
Whole Fruit

(Apple, banana, orange)

\$1.50







# **FAVORITES**

\$6.99

**Cage-Free Scrambled Eggs** 

**\$3.99** 350 Cal





**Chicken Sausage\* Link** 

**\$0.99** 70 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken sausage in a beef casing



# Sunday

### **DAILY SPECIALS**

# **Beef Bourguignon**

Beef bourguignon, french-inspired stew, cheese polenta, roasted cauliflower & balsamic brussels sprouts

**\$13.49** 640 Cal

# **Eggplant Mushroom Ragout**

Eggplant mushroom ragout, cheese polenta, roasted cauliflower & balsamic brussels sprouts

**\$10.29** 380 Cal





### A LA CARTE/ADD ONS

## **Beef Bourguignon**

**\$7.49** 240 Cal

# **Eggplant Mushroom Ragout**

**\$4.29** 120 Cal



### **Creamy Cheese Polenta**

**\$2.59** 120 Cal V 🗓



### **Roasted Cauliflower**

**\$2.59** 80 Cal



# **Roasted Brussels Sprouts**

**\$2.59** 35 Cal



### DESSERT

# **Dutch Apple Pie + Streusel Topping**

\$4.29 380 Cal











### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

### **Italian Scramble**

Local, cage-free scrambled eggs, prosciutto, sundried tomatoes, parmesan cheese, fresh herbs

**\$6.29** 400 Cal



# **Blueberry Pancakes**

Plant-based pancake batter, blueberries

120 Cal \$2.79









# **Upma + Lemon & Yogurt**

Semolina pancakes, spices, cashews, lemon, yogurt

\$5.99

470 Cal







### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

## **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

60 Cal Bacon (2)

Chicken Sausage\* Link (2) 140 Cal

270 Cal Hashbrowns (2)

# ( V %





# **Plant-Based Husky Combo**

WG 💖 Plant-Based Scrambled Eggs 240 Cal Plant-Based Sausage Patty (1) 140 Cal

Hashbrowns (2)

270 Cal









# Monday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**\$1.49** 140 Cal





Whole Fruit

(Apple, banana, orange)

\$1.50







Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

# **FAVORITES**

\$6.99

**Cage-Free Scrambled Eggs** 

\$3.99 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken sausage in a beef casing



# PLATE MONDAY

### TODAY'S SPECIAL

### **Chicken Penne Mushroom Alfredo**

Mushroom alfredo, chicken penne pasta, broccoli, squash

**\$9.99** 630 Cal





### **CHOOSE A PROTEIN**

Your choice of protein determines the cost of your plate.

### **Beef-Chicken Meatballs**

\$12.99 260 Cal O 🗓 % 🕸









### **Plant-Based Meatballs**

\$11.99 190 Cal 🔒 % 🖇



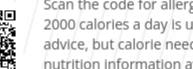




# **Garlic Lemon Chicken Strips**

\$12.99 180 Cal





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## **CHOOSE YOUR PASTA**

### **Herb Pasta**

290 Cal 🖊 😘 🕸





400 Cal



### **VEGETABLES**

### **Herb Roasted Mushroom**

80 Cal





## **CHOOSE YOUR SAUCE**

### Marinara

50 Cal



### Alfredo

250 Cal V 🗓 🕸





### Plant-Based Alfredo

140 Cal 🔮 🚾





### **Kale Pesto**

90 Cal



### CHOOSE YOUR CHEESE

### Mozzarella

80 Cal



### Plant-Based Mozzarella

90 Cal





### **Parmesan**

120 Cal V



### ADD-ONS

Pick your add-ons for additional cost

### **Garlic Breadstick**

\$2.49 160 Cal VG \*





### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

# **Caprese Scramble**

Plant-based scrambled eggs & mozzarella cheese, tomatoes, fresh basil

**\$6.29** 240 Cal







### **French Toast**

Egg bread, egg batter

140 Cal \$2.79









# **Biscuits & Gravy**

Biscuit, pork sausage gravy

\$4.99

470 Cal





### VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

# **Husky Combo**

Cage-Free Scrambled Eggs

350 Cal

Bacon (2)

Hashbrowns (2)

Hashbrowns (2)

60 Cal

Chicken Sausage\* Link (2)

70 Cal 270 Cal











# **Plant-Based Husky Combo**

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty (1)

240 Cal 140 Cal

270 Cal













# Tuesday

**Plant-Based Scrambled Eggs** 

\$5.99 240 Cal





**Plant-Based Sausage Patty** 

**\$1.49** 140 Cal







**Hashbrown Patty** 

**\$1.49** 140 Cal





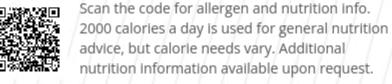


Whole Fruit (Apple, banana, orange)

\$1.50







# **FAVORITES**

\$6.99

**Cage-Free Scrambled Eggs** 

\$3.99 350 Cal V





**Chicken Sausage\* Link** 

**\$0.99** 70 Cal

Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken sausage in a beef casing



# Tuesday

# DAILY SPECIALS

## Ropa Vieja

Ropa vieja, black beans, lime coleslaw, fried plantains

**\$12.99** 730 Cal

### Plant-Based Picadillo

Plant-based picadillo, black beans, lime coleslaw, fried plantains

\$10.29 760 Cal VG %



### A LA CARTE/ADD ONS

### Ropa Vieja

\$6.99 260 Cal

### **Plant-Based Picadillo**

**\$4.29** 280 Cal **VG** %



# **Spiced Black Beans**

**\$2.59** 150 Cal **VG** 



### **Lime Coleslaw**

**\$2.59** 30 Cal



### **Fried Chile Plantains**

**\$2.59** 290 Cal



# DESSERT

# **Dutch Apple Pie + Streusel Topping**

**\$4.29** 380 Cal











### **TODAY'S SPECIALS**

Weekly scramble, sweet & savory specials.

# **Sausage & Potato Scramble**

Local, cage-free scrambled eggs, potatoes, pork sausage, peppers, onions, cheddar cheese, scallions 0 0 % **\$6.29** 390 Cal

### **Banana Pancakes**

Plant-based batter, banana

680 Cal

150 Cal \$2.79











Fried chicken patty, pepper jack cheese, local, cage-free fried egg, buttermilk biscuit

\$7.99





### 0 0 %

### VALUE BREAKFAST

choice of protein, hashrowns, whole fruit.

# **Husky Combo**

Cage-Free Scrambled Eggs 350 Cal

Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

270 Cal Hashbrowns (2)



















**Plant-Based Scrambled Eggs** 

**Plant-Based Sausage Patty** 

\$5.99 240 Cal

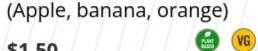
**\$1.49** 140 Cal

**Hashbrown Patty** 

**\$1.49** 140 Cal

Whole Fruit

\$1.50



WG %

Wednesday

Includes choice of scrambled eggs or plant-based eggs,

# Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal Plant-Based Sausage Patty (1) 140 Cal

Hashbrowns (2)

270 Cal





**FAVORITES** 

\$6.99

**Cage-Free Scrambled Eggs** 

\$3.99 350 Cal





**Chicken Sausage\* Link** 

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken sausage in a beef casing.





# Wednesday

## **DAILY SPECIALS**

# **Barramundi & Parsley Sauce**

Barramundi, parsley sauce, roasted garlic-rosemary potatoes, lemon-thyme carrots, delicata squash

\$15.49 710 Cal S 🗓

# **Grilled Citrus-Garlic Tempeh**

Grilled citrus-garlic tempeh, roasted garlic-rosemary potatoes, lemon-thyme carrots, delicata squash

**\$11.29** 630 Cal **VG S** 





### A LA CARTE/ADD ONS

### **Barramundi & Parsley Sauce**

\$ D **\$9.49** 410 Cal

**Grilled Citrus Garlic Tempeh** 

**\$5.49** 330 Cal

## **Roasted Rosemary-Garlic Potatoes**

**\$2.59** 230 Cal

### **Roasted Thyme-Lemon Carrots**

**\$2.59** 80 Cal

## **Roasted Delicata Squash**

**\$2.59** 20 Cal

## DESSERT

## **Dutch Apple Pie + Streusel Topping**

380 Cal 4.29











# DELI & SALAD

# DELI

### **BREAKFAST SANDWICHES**

# **Egg & Cheese**

\$4.49 300 Cal V O 🗓 🕸





# Sausage, Egg, & Cheese

\$5.49 500 Cal 🗓 🔘 🕸

# Bacon, Egg & Cheese

\$5.49 390 Cal 🗓 🔘 🕸

# Plant-Based Sausage, Egg & Cheese

\$5.49 440 Cal 😂 % 🖇







# **Plant-Based Egg & Cheese**

\$5.49 290 Cal 😭 💖 📽







# OATMEAL

### **Assorted Toppings:**

108 Cal 😂 🕫 Brown Sugar

85 Cal 🕝 😘 Raisins

90 Cal 😂 😘 Dried Cranberries

100 Cal 😉 🚾 Dried Cherries

### FRUIT

### **Assorted Fruit**

Apple, Banana, Orange **\$1.50** 220 Cal





# DELI

## THIS WEEK'S SPECIALS

Field Roast Sandwich

Tomato Field Roast, coconut Chao cheese, chipotle eggless mayoli, sweet roasted peppers, lemon kale, Telera roll

\$8.29 720 Cal VG 📽 🐇



# **Turkey Pesto Caprese**

Turkey, kale pesto, tomato, mozzarella, arugula, balsamic, Focaccia bread

\$9.79 800 Cal 🗓 🕸

## SANDWICHES

# **Turkey Cheddar Sandwich**

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 620 Cal 🗓 % % 🐇





### **BLTC Sandwich**

Bacon, lettuce, tomato, white cheddar, sourdough

**\$9.79** 690 Cal



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### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

**\$9.79** 580 Cal % \*

### Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal № 🕸





### **Tofu Goddess Sandwich**

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.









# **Roasted Vegetable Wrap**

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$9.79 460 Cal VG % \*





# **Caprese Sandwich**

Mozzarella cheese, tomatoes, kale pesto, and a telera roll

**\$8.79** 740 Cal **∨ □**





# **Tuna Salad Sandwich**

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, and multi-grain bread

**\$8.79** 500 Cal





### **Toasted Cheese + Tomato Soup**

Choice of cheddar or plant-based grilled cheese with tomato soup.

**\$6.99** 590 Cal

790 Cal



(G) % &

### **Toasted Cheese a la Carte**

Choice of cheddar or plant-based cheese and sourdough bread.

\$4.99 480 Cal V 🗓 % 🕸







### **EXTRAS**

### **Tomato Basil Soup**

\$4.99 90 Cal VG



# Clam Chowder Soup

\$4.99 320 Cal 🕏 🗓 % 🕸





# **Native Three Sisters Soup**

**\$4.99** 150 Cal **VG** 



# **Chocolate Chip Cookie**

**\$3.49** 470 Cal **V** ○ 🗓 % 🕸









# FOUNTAIN BEVERAGE

**Pepsi Products** 



# SALAD BAR

# YOGURT BAR

Available all day - \$11.99 per lb. Includes yogurt and toppings.

**Available All Day** 

## **Assorted Yogurt**

Vanilla, strawberry, and plant-based coconut

### **Assorted Toppings:**

Assorted Fruit Granola

# SALAD BAR

Available all day - \$11.99 per pound.

**Build your Own Salad** 

**Creamy Curry Cauliflower Salad** 

**Farro & Artichoke Salad** 

**Orecchiette Salad** 



The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

\*Look for signage highlighting which ingredients are fresh from the farm.





# GLOBAL

# HARVEST AT GLOBAL (THANKSGIVING)

### **CHOOSE A PROTEIN**

Menu is available A la Carte, or select protein + two sides for \$17.99

# **Sliced Turkey Breast**

\$5.99 180 Cal

### Fried Plant-Based Fritter

\$5.99 370 Cal 😭 🕫 🕸







### **CHOOSE YOUR SIDES**

### **Bread and Celery Dressing**

\$2.59 290 Cal V6 % \*







### **Buttermilk Mashed Potatoes**

**\$2.59** | 140 Cal | V 🗓



### **Coconut Mashed Yams**

**\$2.59** 170 Cal



### **Herb Roasted Rainbow Carrots**

**\$2.59** 50 Cal



# **Cranberry Brussel Sprouts**

**\$2.59** 350 Cal





### **Green Bean Casserole**

**\$2.59** 80 Cal



**∨** □ 🕸

# CHOOSE YOUR SAUCE

Add your favorite sauce.

## **Plant-Based Mushroom Gravy**

25 Cal







## **Cranberry Citrus Sauce**

45 Cal



## **EXTRAS**

Pick your add-ons

**Pumpkin Pie + Whipped Topping** 

\$4.99 640 Cal 8 \* \*

**Dutch Apple Pie + Streusel Topping** 

\$3.99 380 Cal







# DUB STREET



# THIS WEEK'S SPECIALS

### The Gobbler

Spiced turkey patty, cranberry cream cheese, lettuce, tomato, red onion, bun

\$8.99 510 Cal 🗓 % 🕸

# **Spicy Garlic-Rosemary Wings**

Fried spicy wings, rosemary-garlic glaze

\$13.99 1690 Cal 🕸 🕖

### **HOUSE FAVORITES**

### **Classic Dub**

Choice of protein patty, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29 / \$11.29 650 / 910 Cal 🗓 📽 📽 🕸

# **Smokestack Burger**

Beef patty, whiskey-battered onion ring, bacon, white cheddar, BBQ sauce, toasted bun

\$9.79 630 Cal





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# **Hellfire Burger**

Beef patty, pepperjack cheese, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.29** 660 Cal



### **Chicken Sammie**

Crispy chicken, white BBQ sauce, pickles, red onion, lettuce, brioche roll

\$8.99 640 Cal % % \*

### **Nashville Hot Chicken Sandwich**

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

### Classic Lil' Dub

All beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal □ 8 % \*

# **Fish and Chips**

Fried and battered pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400/550 Cal 😂 🗓 🕸

### **DUB Me Tenders**

Battered and deep fried chicken or plant-based tenders, fries, choice of dipping sauce

\$7.99 / \$9.79 750 / 1010 Cal \$\\$6.99 / \$8.99 570 / 740 Cal \$\\$\\$\\$\\$\\$\\$\\$\\$\\$\\$\\$

### **SIDES**

Fries \$3.49 240 Cal ♥6
Curly Fries \$3.49 260 Cal ♥6
Onion Rings \$3.49 520 Cal ♥ 🖟 🕸

### **EXTRAS/SUBSTITUTIONS**

### **Protein Patties\***

Beef 260 Cal

Plant-Based 160 Cal 🔠 😘

Pickle-Brined Chicken 210 Cal

### **Cheese (Plant-Based Available)**

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

\$3.99 250 - 310 Cal V

Bacon

\$1.99 30 Cal

### **BEVERAGES & SOFT SERVE ICE CREAM**

### Soft-Serve Ice Cream

Chocolate, Vanilla, Swirl

**\$2.49** 300 Cal □ % \*

### **Pepsi Products**

\$2.99



# PIZZA







### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

# Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

# DAILY SLICES

### **BBQ** Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

### Caprese

**\$4.29** 330 Cal **6 ♥ 1 % \*** 

### **SPECIALTIES**

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗣 🗓 % 🕸

# **DRINKS & DESSERT**

### Poppi Soda (Assorted Flavors) \$3.69

### **Tiramisu**

### **Tillamook Ice Cream Pints**

### Vanilla Bean

**\$7.49** 630 Cal ○ Ū

### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

### **Honeycomb Toffee**

\$7.49 690 Cal











### Cheese

\$2.99 310 Cal V 🗓 % 🕸

# Pepperoni

\$3.79 390 Cal 🗓 % 🕸

# **DAILY SLICES**

### Hawaiian

\$4.29 320 Cal 😝 🗓 % 🕸

### Veggie

\$4.29 330 Cal 😝 🔻 🗓 📽 🕸

### **SPECIALTIES**

## Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O S 🗓 % 🛊

### Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 % 🛊

# **DRINKS & DESSERT**

Poppi Soda (Assorted Flavors) \$3.69

### Tiramisu

\$4.49 340 Cal V O 🗓 🕸

### **Tillamook Ice Cream Pints**

### Vanilla Bean

\$7.49 630 Cal O 🗓

### Mudslide

\$7.49 780 Cal 0 0 8 %

### Mint Chocolate Chip

\$7.49 1090 Cal O 0 8

### **Honeycomb Toffee**

\$7.49 690 Cal









### Cheese

\$2.99 310 Cal V 🗓 % 🕸

# Pepperoni

**\$3.79** 390 Cal □ 🕏 🕸

## DAILY SLICES

### Supreme

**\$4.29** 400 Cal **ⓑ** 🗓 ℅ 🕸

### **Goat Cheese**

\$4.29 350 Cal 👶 🔻 🗓 📽

### **SPECIALTIES**

## Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🕸

### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O ♥ 🗓 📽 🕸

# **DRINKS & DESSERT**

## Poppi Soda (Assorted Flavors) \$3.69

Wednesday

### **Tiramisu**

### **Tillamook Ice Cream Pints**

### Vanilla Bean

**\$7.49** 630 Cal ○ □

### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

### **Honeycomb Toffee**

\$7.49 690 Cal









### Cheese

\$2.99 310 Cal V 🗓 % 🕸

# Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

## DAILY SLICES

### **BBQ** Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

### Caprese

**\$4.29** 270 Cal **3 ♥ 1 3 8** 

### **SPECIALTIES**

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O ♥ 🗓 📽 🕸

# **DRINKS & DESSERT**

## Poppi Soda (Assorted Flavors) \$3.69

**Thursday** 

### **Tiramisu**

### **Tillamook Ice Cream Pints**

### Vanilla Bean

**\$7.49** 630 Cal

### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

### Mint Chocolate Chip

\$7.49 1090 Cal O 🗓 🗞 📽

### **Honeycomb Toffee**

\$7.49 690 Cal









### Cheese

\$2.99 310 Cal V 🗓 📽 🕸

## Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

# DAILY SLICES

### Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

### Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

### **SPECIALTIES**

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗣 🗓 % 🕸

# **DRINKS & DESSERT**

### Poppi Soda (Assorted Flavors) \$3.69

### **Tiramisu**

### **Tillamook Ice Cream Pints**

### Vanilla Bean

**\$7.49** 630 Cal

### Mudslide

**\$7.49** 780 Cal ○ 🗓 🗞 📽

### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

### **Honeycomb Toffee**

\$7.49 690 Cal









### Cheese

\$2.99 310 Cal V 🗓 % 🕸

## Pepperoni

**\$3.79** 390 Cal □ 🚳 🕸

# DAILY SLICES

### **Supreme**

**\$4.29** 400 Cal **ⓑ** 🗓 ℅ 🕸

### **Goat Cheese**

**\$4.29** 350 Cal **6 ♥ 1 % \*** 

### **SPECIALTIES**

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

### **Chicken Caesar Salad**

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 📽 🕸

# **DRINKS & DESSERT**

## Poppi Soda (Assorted Flavors) \$3.69

Saturday

### **Tiramisu**

### **Tillamook Ice Cream Pints**

### Vanilla Bean

**\$7.49** 630 Cal ○ □

### Mudslide

**\$7.49** 780 Cal O 🗓 🗞 📽

### **Mint Chocolate Chip**

**\$7.49** 1090 Cal ○ 🗓 🗞 📽

### **Honeycomb Toffee**

\$7.49 690 Cal





# TERO



### Make a BALANCED PLATE.

### WEEKLY SPECIAL

## **Turmeric Rice & Vegetable Bowl**

Turmeric jasmine rice, garlic-ginger broccoli, sweet potatoes, sesame snap peas, pickled daikon & carrots, furikake, miso vinaigrette

**\$8.99** 570 Cal









# **BUILD YOUR BOWL**

Choose your base, veggies, toppings, garnish & dressing. \$8.99

### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

## **Turmeric Jasmine Rice**

120 Cal



## **Brown Rice & Red Quinoa Blend**

180 Cal



# **Baby Spinach**

5 Cal







Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

### 2: CHOOSE VEGGIES

(Extra servings \$1.99)

Steamed Gai Lan

(S) VG 50 Cal Roasted Mushroom **★ 6 VG** % 230 Cal **Stir-Fry Bok Choy ₩** VG Rainbow Vegetable Blend 15 Cal **₩** VG 80 Cal Edamame **₩ VG** % **Fire-Roasted Peppers** 5 Cal ₩ WG 40 Cal **Roasted Sweet Potatoes** 

25 Cal

**₩ (VG)** 

₩ WG

### 3: ADD PREMIUM TOPPINGS

Pickled Daikon & Carrots 25 Cal

\$1.00 80 Cal V **Feta Cheese** \$1.00 85 Cal VG **Pepper Rings \$2.00** 110 Cal **VG** Avocado

### 4: CHOOSE YOUR DRESSING & GARNISH

(Extra servings \$1.99)

Sesame 140 Cal (VG) 88 88 Vinaigrette **Basil Vinaigrette** 140 Cal 50 Cal Tzatziki 170 Cal Sliced Almonds 140 Cal Furikake 160 Cal **Toasted Pepitas Sunflower Seeds** 170 Cal

### 5: ADD A PROTEIN

**Spicy Tofu Salad** \$3.99 170 Cal VG % %

**Roasted Chicken Thigh** \$5.99 150 Cal

**Grilled Yellow Curry Tofu** \$3.99 140 Cal 🕻 😘 %

**Lemon Garlic Shrimp \$7.49** 280 Cal

