

DELI & SALAD

Sept 29 – Oct 5

Breakfast

Hours

Mon–Fri: 7:30 – 11 a.m.

Sat–Sun: 8 – 11 a.m.

Classic Breakfast Sandwich– Egg patty, American cheese on English muffin

DUB Muffin w/ Sausage– Egg patty, American cheese, sausage on English muffin

DUB Muffin w/ Bacon– Egg patty, American cheese, bacon on English muffin

Plant-Powered Sando (VG)– Just Egg patty, Chao cheese on English muffin

Salad Bar: Yogurt & Fruit Breakfast Bar

Selection of yogurt, granola and seasonal fruit

Lunch/Dinner

Hours

Mon–Sun: 11 a.m. – 10 p.m.

Salad Bar

Rotating selection of greens, toppings and dressings. UW Farm produce provided when available.

Weekly Specials

Edamame Mash Sandwich (VG)

Edamame Mash Salad with cabbage, tomatoes, and spinach on wheat bread

Curry Chicken Salad Sandwich

Curried chicken salad with lettuce, tomato and red onion on multi-grain bread.



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Sandwiches & Wraps

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies, telera bun

Caprese Sandwich

Fresh mozzarella, Roma tomato, fresh basil, balsamic vinaigrette, baguette

Ham & Havarti Sandwich

Hardwood smoked ham, Havarti, mayoli, Dijon mustard, choice of veggies, telera bun

Turkey Cheddar

Smoked turkey breast, cheddar cheese, eggless mayoli, and fresh veggies on multi-grain bread

Grilled Plant-Based Cheese Sandwich

Plant-based cheddar cheese, sourdough bread

BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough bread

Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted Focaccia bread

Spicy Tofu Wrap

Spicy tofu salad, red onion, tomato, lettuce, flour tortilla

Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

Grilled Cheese & Tomato Soup

Cheddar cheese, American cheese, sourdough bread, tomato soup

Soup

Loaded Potato Soup

Fiery Two Bean Chili Soup

Dessert

Chocolate Brownie

Plant-Based Coconut Ranger Cookie