BIG KITCHEN

BREAKFAST

SUN  French Toast with Maple Syrup
MON  Special Scramble with Ham, Cheddar & Green Onion
TUE  French Toast with Maple Syrup
WED  Spanish Scramble with Chorizo, Pico de Gallo & Cheese
THU  Italian Scramble with Bacon, Mushroom & Swiss
FRI  Congee with Chicken, Ginger & Green Onion
SAT  Buttermilk Pancakes with Maple Syrup

LUNCH

MON  PASTA BAR  Make Your Own Pasta Bar
     Sauces:  Marinara (vg), Alfredo (v), Lentil Bolognese (vg)
     Toppings & Add-Ons: Pork Italian Sausage, Beef & Pork Meatballs, Grilled Chicken,
     Seasonal Veggies (vg), Basil Pesto (v)
TUE  SANDWICH: Chicken Shawarma Wrap – Greek Pita filled with Tender Chicken
     marinated in Yogurt, Cumin, Dill & Lime and topped with Romaine, Cucumber &
     Shawarma Sauce. Served with French Fries.
     SANDWICH: Sabich Sandwich (v) – Greek Pita filled with Sesame Hummus, Fried
     Eggplant, Hard-Cooked Egg, Cucumber, Tomato, Mango Pickle, & Tahini Drizzle.
     Served with French Fries.
WED  SANDWICH: Philly Cheesesteak – Grilled Steak, Peppers & Onions topped with
     Cheese Sauce on an Italian Milano Roll. Served with French Fries.
     SANDWICH: Gardein Beef Philly (vg) – with Onions, Green Bell Peppers & Chao
     Cheese on a Telera Roll, served with French Fries
THU  SPECIAL: Vietnamese Beef & Rice Noodle Salad – Grilled Flank Steak, Rice Noodles,
     Carrots, Cabbage, Ginger, Coriander & Mint with a Lime & Rice Vinegar Sauce
     SPECIAL: Vietnamese Rice Salad (vg) – Rice Noodles, Soy Mushroom Dressing, Carrot,
     Daikon & Sweet Peppers
FRI  PASTA BAR  Make Your Own Pasta Bar

Made in a facility that also prepares wheat-based foods. v = vegetarian. vg = vegan. h = prepared with halal meats. Eating raw and/or undercooked foods may increase the risk of food borne illness. Menu subject to change without notice. Allergen information for menu items are available and/or posted in each dining location. | www.hfs.uw.edu/eat
### DINNER

#### SUN


#### MON

**Chili Con Carne (Halal)** – Spicy Stew with Chili Peppers, Ground Beef, Tomatoes, Onions, Garlic & Cumin. Served with Cornbread & Toppings.

**Black Bean Chili (vg)** – Spicy Stew with Chili Peppers, Black Beans, Tomatoes, Onions, Garlic & Cumin.

**Toppings:** Assorted Salsas, Onions, Sour Cream, Cheddar Cheese, Olives, Pickled Jalapenos, Tortilla Strips, Cilantro, Lime

#### TUE

**TACO TUESDAY**

**Beef Barbacoa Tacos** – 2 Corn Tacos filled with Braised Shredded Beef, Lime Creama, Pickled Cabbage & Cilantro. Served with Spanish Rice & Beans.

**Cornmeal-Crusted Croquette Tacos (v)** – 2 Corn Tacos with Cornmeal-Crusted & Pan-Fried Potato Croquettes, Lime Creama, Pickled Cabbage & Cilantro. Served with Spanish Rice & Beans.

**Toppings:** Assorted Salsas, Tomatoes, Lettuce, Onions, Pico, Sour Cream, Cheddar Cheese, Olives, Pickled Jalapenos

#### WED

**WING NIGHT**

**Baked Chicken Wings** – 5 per plate served with Garlic-Roasted JoJo’s & Baked Beans

**Fried Cauliflower Bites (vg)** – served with Garlic-Roasted JoJo’s & Baked Beans

**Sauces:** BBQ or Apricot Glaze

#### THU

**Miso-Glazed Salmon** with Jasmine Rice and Snap Beans

**Miso-Glazed Tofu (vg)** – with Jasmine Rice and Snap Beans

#### FRI

**Make Your Own Pasta Bar** — Penne, Whole Wheat, and Gluten Free Pastas (vg)

**Sauces:** Marinara (vg), Alfredo (v), Lentil Bolognese (vg)

**Toppings/Add-Ons:** Pork Italian Sausage, Beef & Pork Meatballs, Grilled Chicken, Seasonal Veggies (vg), Basil Pesto(v)

#### SAT

**Beef Meatloaf** with Mashed Potatoes, Mushroom Gravy & Roasted Carrots

**Sliced Field Roast (v)** with Roasted Potatoes, Mushroom Gravy & Carrots

#### TERO

**Bowl: Sabra (v)** with Couscous & Brown Rice Blend, Arugula, Tomatoes, Roasted Eggplant, Hard-Cooked Egg, Parsley, Mama Lil’s Peppers, Hummus & Lemon Tahini Drizzle

**Flatbread: Jam Session (v)** Naan, Kale Gomen, Shaved Brussels Sprouts, Roasted Sweet Potato, Pickled Onion, Cojita Cheese, Onion Jam & Balsamic Drizzle

**Add-On Proteins:** Barramundi, Walnut Chorizo Crumbles, Chicken

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### DUB STREET

<table>
<thead>
<tr>
<th>Item</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tri Colore</td>
<td>Crispy Chicken, Provolone Cheese, Sundried Tomato Pesto, Lettuce, Tomato, Onion &amp; Basil Pesto on a Telera Roll</td>
</tr>
<tr>
<td>Fry Special</td>
<td>Sidewinders</td>
</tr>
<tr>
<td><strong>DESSERT</strong></td>
<td>Beignets</td>
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