



Made in a facility that also prepares wheat-based foods. v = vegetarian. vg = vegan. hp = made with certified halal protein. Eating raw and/or undercooked foods may increase the risk of food borne illness. Menu subject to change without notice. Allergen information for menu items are available and/or posted in each dining location. | www.hfs.uw.edu/eat

PLATE

SUN

Brunch **French Toast (V) Pancakes (V), Bacon, Sausage Link, Plant-Based Sausage (VG), Biscuit and Sausage Gravy, Hash Browns (VG) and Plain Scrambled Eggs (V)** [calories 130–450]

Dinner **Shrimp Etouffee** – Classic Cajun-inspired stew with shrimp, tomato and okra, served with cheddar grits [calories 410]

Chicken & Andouille Gumbo – Cajun chicken and sausage stew with tomato, okra and spices, served with your choice of brown or jasmine rice [calories 420–440]

Creole-Style Red Beans & Rice (VG) – Served with your choice of brown or jasmine rice [calories 300–310]

MON – MLK Holiday

Brunch **French Toast (V) Pancakes (V), Bacon, Sausage Link, Plant-Based Sausage (VG), Biscuit and Sausage Gravy, Hash Browns (VG) and Plain Scrambled Eggs (V)** [calories 130–450]

Dinner **Shrimp Etouffee** – Classic Cajun-inspired stew with shrimp, tomato and okra, served with cheddar grits [calories 410]

Chicken & Andouille Gumbo – Cajun chicken and sausage stew with tomato, okra and spices, served with your choice of brown or jasmine rice [calories 420–440]

Creole-Style Red Beans & Rice (VG) – Served with your choice of brown or jasmine rice [calories 300–310]

TUE

Breakfast **Meatlovers** – Local cage-free eggs scrambled with ham, bacon, sausage and cheddar cheese [calories 370]

Lunch & Dinner **Build Your Own Latin Bowl**

Base Includes: Cilantro or tomato rice, pinto beans or black beans or quinoa salad, served with your choice of toppings [calories 250–300]

Options to Add: Beef barbacoa, chicken tinga, pork verde, plant-based chorizo [calories 180–250]

Toppings: Pico de gallo, tomatillo salsa, corn salsa, sour cream, lettuce, cheese [calories 4–110]

WED

- Breakfast** **Greek Veggie Scramble (V)** – Local cage-free eggs scrambled with spinach, sun-dried tomato, kalamata olives and feta cheese [calories 320]
- Lunch** **Shrimp Etouffee** – Classic Cajun-inspired stew with shrimp, tomato and okra, served with cheddar grits [calories 410]
- Chicken & Andouille Gumbo** – Cajun chicken and sausage stew with tomato, okra and spices, served with your choice of brown or jasmine rice [calories 420–440]
- Creole-Style Red Beans & Rice (VG)** – Served with your choice of brown or jasmine rice [calories 300–310]
- Dinner** **Balsamic Flank Steak** – Served with herb pasta and broccolini [calories 500]
- Roasted Vegetable Plate (V)** – Mediterranean roasted vegetables, artichoke and kalamata olives, served with herb pasta [calories 380]

THU

- Breakfast** **French Toast** – Egg bread dipped in a rich egg batter, griddled golden brown [calories 140]
- Lunch** **Pork Tamales** – Pork tamales with ancho chile tomato sauce, served with cilantro rice and pinto beans [calories 970]
- Cheese Enchiladas (V)** – Corn tortillas filled with cheddar cheese smothered in red chili enchilada sauce, served with cilantro rice and pinto beans [calories 800]
- Dinner** **Balsamic Flank Steak** – Served with herb pasta and broccolini [calories 500]
- Roasted Vegetables Plate (V)** – Mediterranean roasted vegetables, artichoke and kalamata olives, served with herb pasta [calories 380]

FRI

- Breakfast** **Sausage & Swiss** – Local cage-free eggs scrambled with sausage, mushrooms and Swiss cheese [calories 410]
- Lunch** **Pork Tamales** – Pork tamales with ancho chile-tomato sauce, served with cilantro rice and pinto beans [calories 970]
- Cheese Enchiladas (V)** – Corn tortillas filled with cheddar cheese smothered in red chili enchilada sauce, served with cilantro rice and pinto beans [calories 800]

SAT

- Brunch** **French Toast (V) Pancakes (V), Bacon, Sausage Link, Plant-Based Sausage (VG), Biscuit and Sausage Gravy, Hash Browns (VG) and Plain Scrambled Eggs (V)** [calories 130–450]

DELI SANDWICH SPECIAL

Buffalo Wrap – Crispy chicken, fresh veggies, Gorgonzola spread and spicy buffalo sauce, wrapped in a flour tortilla [calories 930]

Field Roast (VG) – Field Roast tomato slices, Chao cheese, sweet roasted peppers, chipotle mayoli and lemon-dressed kale on a telera roll [calories 730]

Egg Salad (V) – Egg salad on white sourdough bread with lettuce, tomato and onions [calories 560]

DUB STREET BURGERS SPECIAL

Mushroom Cheddar – All-beef patty on a toasted bun with cheddar, Parmesan aioli, sautéed mushrooms, lettuce, tomato and onion [calories 750]

Fry Special – Lattice fries [calories 430]

NOODLE

LUNCH (Mon–Fri)

DINNER (Sun–Thu)

Lunch & Dinner **Vietnamese Shrimp Noodle Salad With Peanuts** – Stir-fried shrimp over rice noodles with spring mix, green leaf lettuce, bean sprouts, fresh herbs and vegan nuoc cham [calories 550]

Vietnamese Pork Noodle Salad With Peanuts – Stir-fried pork over rice noodles with spring mix, green leaf lettuce, bean sprouts, fresh herbs and vegan nuoc cham [calories 580]

Vietnamese Tofu Noodle Salad (VG) With Peanuts – Choice of regular or spicy tofu over rice noodles with spring mix, green leaf lettuce, bean sprouts, fresh herbs and vegan nuoc cham [calories 470]

SELECT

LUNCH (Mon–Fri)

DINNER (Mon–Thu)

Lunch & Dinner **Curry Bowl (VG)** – Spinach, steamed broccoli, pickled lemon, served with housemade chutneys and your choice of brown or jasmine rice [calories 400-430]

Options to Add: Curry-spiced chicken (**HP**) or chana aloo (**VG**) [calories 100–480]