

PLATE

MON **Breakfast** **Special Scramble** with Spinach, Olives, Sundried Tomatoes & Feta

Lunch **Schweinebraten** Fried Pork Chops with Herb Pasta, Mustard Cream Sauce & Braised Red Cabbage
 Mushroom Stew (v) over Herb Pasta

Dinner **Chicken & Veggie Curry** with Housemade Chutneys & Basmati or Brown Rice
 Veggie Curry (vg) with Cauliflower, Pepper, Potatoes and Peas with Basmati or Brown Rice

TUES **Breakfast** **Cocoa French Toast Bake**

TACO
TUESDAY **Lunch & Dinner** **Build Your Own Taco, Burrito, Bowl or Salad**
 Choice of: Beef, Pork, or Chicken (**Halal, V, VG available**)
 Black Beans, Pinto Beans, Smoked Tomato Rice, Cilantro Rice, Fajita Veggies,
 Toppings: Sour Cream, Aji Amarillo Cream, Pico de Gallo, Guacamole, Lettuce, Assorted Salsa, Cheese, Fajita Vegetables, Chipotle Cream

WEDS **Breakfast** **Special Scramble** with Beef Barbacoa, Pico de Gallo, Jack & Cheddar Cheeses

Lunch **Schweinebraten** Fried Pork Chops with Herb Pasta, Mustard Cream Sauce & Braised Red Cabbage
 Mushroom Stew (v) over Herb Pasta

Dinner **Lamb Ragu Pasta** with Béchamel Sauce and Greek Salad
 Falafel Gyro (v) Chickpea Fritters, Lettuce, Tomato, Onion & Tzatziki in a Pita with choice of Fries or Salad

THUR **Breakfast** **Special Scramble** with Sausage, Red Onion & Brie

Lunch **Beef Stroganoff** with Herb Pasta and Roasted Veggies
 White Bean & Sundried Tomato Stew (vg) over White or Brown Rice and Roasted Veggies

Dinner **Lamb Ragu Pasta** with Béchamel Sauce and Greek Salad
 Falafel Gyro (v) Chickpea Fritters, Lettuce, Tomato, Onion & Tzatziki in a Pita with choice of Fries or Salad

FRI **Breakfast** **Special Scramble** with Roasted Mushroom, Onion & Mozzarella

Lunch **Beef Stroganoff** with Herb Pasta and Roasted Veggies
 White Bean & Sundried Tomato Stew (vg) over White or Brown Rice and Roasted Veggies

Dinner **BBQ Pork Sandwich** Pulled Pork on a Bun served with 2 sides
 (Fri & Sat) **Honey BBQ Chicken Wings** served with 2 sides

MARKET

Curried Chicken Salad

SELECT

Bowl: Roasted Cauliflower, Chickpea Curry, Brown Rice, Lemon Pickle, Spinach & Curry Chicken (**H**) Chutneys

Soup Tomato Basil (**vg**) and Du Jour

DUB STREET **Which Fish:** Crispy Cod, Cheddar Cheese, Lettuce, Tomato, Onion and Tartar Sauce on a Toasted Bun