

Breakfast

Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: CLOSED

Weekly Specials – With choice of whole fruit

Husky Combo – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

Daily Specials – With choice of whole fruit

Monday

Meatlovers Scramble – Local cage-free eggs scrambled, ham, bacon, Italian sausage, cheddar cheese

Tuesday

Plant-Based Scramble With Soyrimo – Plant-based egg scramble, Soyrimo, plant-based cheese

Wednesday

Salami, Onion & Mozzarella Scramble – Local cage-free eggs scrambled, salami, caramelized onion, mozzarella cheese

Thursday

Onion, Pepper & Potato Scramble – Local cage-free eggs scrambled, onions, roasted potatoes, red peppers, Parmesan cheese

Friday

Plant-Based Cheese & Mushroom Scramble – Scrambled plant-based eggs, mushrooms, onions, plant-based mozzarella

Saturday–Sunday

Denver Scramble – Local cage-free eggs scrambled, ham, peppers, onion, cheddar cheese

À la Carte Sides

Biscuit & Sausage Gravy

Buttermilk Biscuit

French Toast

Hardwood-Smoked Bacon

Hash Brown Patty

Plant-Based Pancakes

Plant-Based Sausage Patty

Plant-Based Scramble

Sausage Gravy

Sausage Link

Scramble

Lunch/Dinner

Hours

Mon–Thu: Lunch 11:30 a.m.–2.30 p.m. Dinner 5–9 p.m.

Fri: Lunch 11:30 a.m.–2.30 p.m.

Sat–Sun: CLOSED

Mon–Tue: Late Night 9–11 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Entrées

Herb-Roasted Chicken

Seared Salmon

Entrée Daily Specials

Monday

Corned Beef Brisket With Sweet Mustard Sauce

Tuesday–Wednesday

White Bean Stew With Sun-Dried Tomato

Bison Chili

Thursday–Friday

Baked Tofu With Mushroom Gravy

Fried Pork Schnitzel With Mushroom Gravy

Vegetables

Herb-Roasted Rainbow Carrots

Roasted Brussels Sprouts

Grilled Zucchini & Yellow Squash

Salad

Kale Caesar Salad



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Starch/Grains

Lemon-Herb Brown Rice

Starch/Grains Daily Specials

Monday–Wednesday

Colcannon

Thursday–Sunday

Fried Rosemary-Garlic Baby Potatoes

Sauces

Arugula Pesto

Plant-Based Mushroom Gravy

Dessert

Dutch Apple Pie – Apple pie with streusel topping



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