

Breakfast

Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8 a.m.–2 p.m.

Weekly Specials – With choice of whole fruit

Husky Combo – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

Daily Specials – With choice of whole fruit

Monday

Tofu Scramble With Tomato & Onion – Plant-based tofu scramble with tomatoes, green onions and plant-based mozzarella

Tuesday

Southwest Scramble With Cheddar Cheese – Local, cage-free eggs scrambled with roasted red peppers, corn, black beans and cheddar

Wednesday

Egg White & Bean Burrito – Egg whites, baby spinach, quinoa, black beans, tomatillo salsa, whole wheat flour tortilla

Thursday

Mushroom & Mozzarella Scramble – Local cage-free eggs scrambled with mushrooms and mozzarella

Friday

Plant-Based Scramble With Peppers – Plant-based eggs scrambled with red and green peppers, onions and plant-based mozzarella

Saturday–Sunday

Bacon & Cheddar Scramble – Local cage-free eggs scrambled with bacon and cheddar

À la Carte Sides

Biscuit & Sausage Gravy

Buttermilk Biscuit

French Toast

Hardwood-Smoked Bacon

Hash Brown Patty

Plant-Based Pancakes

Plant-Based Sausage Patty

Plant-Based Scramble

Sausage Gravy

Sausage Link

Scramble

Lunch/Dinner

Hours

Mon–Fri: 11:30 a.m.–9 p.m.

Sat–Sun: 11 a.m.–9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

Entrées Weekly Specials

Herb-Roasted Chicken

Seared Salmon

Entrée Daily Specials

Monday

Spaghetti & Plant-Based Meatballs

Spaghetti & Beef Meatballs

Tuesday–Wednesday

Curried Coconut-Chickpea Stew

Kuku Paka Coconut-Chicken Curry

Thursday–Friday

Baked Huli Huli Tofu

Braised Brisket With Jus (Anchovy)

Vegetables

Slow-Cooked Greens

Salad

Ginger Slaw



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Starch/Grains Daily Specials

Monday–Wednesday

Herb-Roasted Potatoes

Thursday–Sunday

Yukon Gold Mashed Potatoes

Sauces

Chimichurri

Sun-Dried Tomato Cream Sauce

Dessert

Red Velvet Layer Cake



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