1. Assemble your cleaning materials
You will need the following items for cleaning. They can be acquired at any grocery store including the District Market in Alder Hall. Some items may also be found in the building’s student cleaning closets:

- Multipurpose bathroom cleaner and disinfectant (solution or spray)
- Toilet bowl cleaner
- Toilet bowl brush
- Sponges/cloths/rags
- Glass cleaner
- Broom and dustpan
- Mop and bucket

Cleaning products should not be stored on counter areas as products may leave stains over time.

2. Dust and sweep
Use a duster or damp rag to remove dust from the bathroom surfaces including the back of the toilet and sink areas. Then use a broom to sweep the floor and put all swept items in the trash.

3. Scrub the toilet
Apply toilet bowl cleaner to the inside of the toilet bowl and follow the directions on the cleaning bottle. Put multipurpose bathroom cleaner on a sponge, wipe the toilet bowl, the seat of the toilet, the lid and all around the toilet itself. Remove all stains and discoloration. Once the toilet bowl cleaner has been allowed to set (follow directions on cleaner), use the toilet brush to scrub the inside of the toilet bowl and flush. Repeat if necessary.

4. Clean the shower
For shower cleaning use a multipurpose bathroom cleaner or shower cleaner and follow directions on the cleaner. For most multipurpose bathroom cleaners, apply to shower walls, door and floor and wait 15 to 30 minutes, then scrub off with a sponge and rinse. For the shower door, repeat the process until it is clear. Remove all hair from the drain area. The bottom of the shower should be scrubbed free of any white, pink or black coloring, taking care not to damage the caulking.

5. Clean the sink and counter
Apply the bathroom multipurpose cleaner to the sink and the counter area. Scrub off all dirt, hair and other products, and wipe clean with a sponge. Rinse with clean water.

6. Wipe the mirror
Apply glass cleaner to the mirror and wipe off with rag, cloth or paper towel.

7. Mop the floor
Fill a bucket with cleaning solution and water. Place the mop in the bucket and then remove it and squeeze the excess water from the mop into the bucket. Pull the mop across the floor and rinse the mop in the bucket as needed. Allow the floor to dry and then dump the water from the bucket in the shower or sink and rinse the mop.

8. Empty the trash and recycle
Gather all your trash together and put the recycling in a separate bag. Take items to the proper trash and recycling area in your building.

Clean every week—it’s easier!
If cleaning is done frequently, the bathroom will accumulate less dirt. Cleaning every week will help the cleaning to go quickly each time. If you wait longer between cleanings, you will need to spend more time cleaning in order to do a thorough job.

Cleaning tips from the pros
Here are some ideas for keeping the bathroom clean over time and minimizing biweekly cleaning:

- Use a squeegee to wipe down the shower and shower door after each use to slow down the build up of soap residue.
- Keep a sponge and cleaning solution under the sink and wipe down countertops more frequently to avoid buildup.
- Rotate when you deep clean items. For instance, clean every week, but deep clean the shower one week and the toilet on the other so you minimize the amount of time all at once.
- Crumpled newspaper is a great way to clean glass without streaks!
- Clean first, then disinfect for the most thorough cleaning—and if using multipurpose cleaner, you can clean and disinfect at the same time. By cleaning and disinfecting, you are getting rid of germs, which will help prevent spreading the flu and other illnesses.

Thank you!