

## Lunch/Dinner

---

### Hours

**Mon–Fri:** Lunch 11 a.m.–2 p.m.    Dinner 5–9 p.m.    **Sat–Sun:** CLOSED

---

### Grain Bowls

---

**The Gram Bowl** – Rainbow vegetable blend, edamame, turmeric rice, spinach, kale, chard, frisée salad mix, avocado-tahini dressing, furikake

**Yum Yum Bowl** – Steamed brown rice, arugula, roasted mushrooms, gai lan, snap peas, furikake, edamame, carrots, toasted sesame vinaigrette, cilantro

### Weekly Special Grain Bowl

---

**Sabra Bowl** – Couscous, barley, eggplant, hard-cooked egg, tomatoes, hummus, Mama Lil’s peppers, lemon-tahini dressing

### Protein Add-Ons

Lemon-Garlic Shrimp

Roasted Chicken Thigh

Spicy Tofu Salad

Chickpea Salad

## Build Your Own – Choose your base, veggies, toppings and dressing

---

### Grain Options – Choose 1

---

Brown Rice

Turmeric Rice

Couscous

## **Dressing Options – Choose 1**

---

**Lemon-Tahini Dressing**

**Avocado Tahini**

**Toasted Sesame Vinaigrette**

## **Veggie Options – Choose up to 5**

---

**Furikake Edamame & Carrots**

**Tomatoes**

**Broccoli**

**Snap Peas**

**Rainbow Vegetable Blend**

**Eggplant**

**Roasted Mushrooms**

## **Topping Options – Choose 1**

---

**Chard Frisée Salad**

**Kale**

**Hard-Boiled Egg**

**Cilantro**

**Spinach**

## **Protein Add-Ons**

---

**Lemon-Garlic Shrimp**

**Roasted Chicken Thigh**

**Spicy Tofu Salad**

**Chickpea Salad**