

DELI & SALAD

April 7–13

Breakfast

Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8–11 a.m.

Classic Breakfast Sandwich – Egg patty, American cheese, English muffin

Dub Muffin w/ Sausage – Egg patty, American cheese, sausage, English muffin

Dub Muffin w/ Bacon – Egg patty, American cheese, bacon, English muffin

Plant Powered Sando (VG) – Just Egg patty, Chao cheese, English muffin

Salad Bar: Yogurt & Fruit Breakfast Bar

Selection of yogurt, granola and seasonal fruit

Lunch/Dinner

Hours

Sun–Thu: 11 a.m.–11 p.m. **Fri–Sat:** 11 a.m.–9 p.m.

Salad Bar

Rotating selection of greens, toppings and dressings. UW Farm produce provided when available.

Weekly Specials

Plant-Based Mango-Habanero Wrap

Plant-based mango-habanero nuggets, caramelized onions, plant-based cheddar cheese, choice of vegetables, flour tortilla

Buffalo Chicken Wrap

Crispy chicken, Gorgonzola spread, spicy buffalo sauce, fresh veggies, flour tortilla



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

Sandwiches & Wraps

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies, telera bun

Caprese Sandwich

Fresh mozzarella, Roma tomato, fresh basil, balsamic vinaigrette, baguette

Ham & Havarti Sandwich

Hardwood-smoked ham, Havarti, mayoli, Dijon mustard, choice of veggies, telera bun

BBQ Chicken Wrap

Crispy chicken, caramelized onions, Ray's BBQ sauce, pepperjack cheese, fresh veggies, flour tortilla

Grilled Plant-Based Cheese Sandwich

Plant-based cheddar cheese, sourdough bread

BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough bread

Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia bread

Spicy Tofu Wrap

Spicy tofu salad, red onion, tomato, lettuce, flour tortilla

Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

Grilled Cheese & Tomato Soup

Cheddar cheese, American cheese, sourdough bread, tomato soup

Soup

Tomato Basil

Dessert

Chocolate Brownie

Plant-Based Coconut Ranger Cookie



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