

# PLATE

## Finals Week

### Breakfast

June 9 – 13

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#### Hours

**Mon–Fri:** 7:30–11 a.m.

**Sat–Sun:** 8 a.m.–2 p.m.

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#### Weekly Specials – With a choice of whole fruit

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**Husky Combo** – Local cage-free or plant-based eggs scrambled, bacon or sausage, two hash brown patties

#### Daily Specials – With a choice of whole fruit

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##### Monday

**Plant-Based Italian Vegetable Scramble** – Plant-based eggs scrambled, roasted red peppers, kale pesto, plant-based mozzarella

##### Tuesday

**Southwest Scramble** – Local cage-free eggs scrambled, fire-roasted corn, peppers, black beans, Colby Jack cheese

##### Wednesday

**Tofu Scramble** – Plant-based eggs scrambled, tomatoes, green onions, plant-based mozzarella

##### Thursday

**Spinach Mushroom Scramble** – Local cage-free eggs scrambled, spinach, mushrooms, peppers, Swiss cheese

##### Friday

**Salami Onion Mozzarella Scramble** – Local cage-free eggs scrambled, salami, caramelized onions, mozzarella cheese

##### Saturday–Sunday

**Plant-Based Caprese Scramble** – Local cage-free eggs scrambled, tomatoes, plant-based mozzarella, fresh basil

#### À la Carte Sides

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**Biscuit & Sausage Gravy**

**Buttermilk Biscuit**

**French Toast**

**Hardwood-Smoked Bacon**

**Hash Brown Patty**

**Plant-Based Pancakes**

**Plant-Based Sausage Patty**

**Plant-Based Scramble**

**Sausage Gravy**

**Sausage Link**

**Scramble**



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Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

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Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

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*Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.*

## Lunch/Dinner

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### Hours

**Mon–Fri:** 11:30 a.m.–9 p.m.

**Sat–Sun:** 11 a.m.–9 p.m.

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Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate

### Entrées Weekly Specials

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**Herb-Roasted Chicken**

**Seared Salmon**

### Entrée Daily Specials

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#### Monday

**Lentil Bolognese With Herb Pasta**

**Beef Bolognese With Herb Pasta**

#### Tuesday–Wednesday

**Plant-Based Gumbo**

**Chicken & Andouille Stew**

#### Thursday–Friday

**Lemongrass Tofu**

**Roasted Ginger Pork**

### Vegetables

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**Herb-Roasted Rainbow Carrots**

**Roasted Brussels Sprouts**

**Green Beans & Tomatoes**

### Salad

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**Mediterranean Chickpea**

## Starch/Grains

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**Jasmine or Brown Rice**

## Starch/Grains Daily Specials

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### Monday–Wednesday

**Buttermilk Mashed Yukon Potatoes**

### Thursday–Sunday

**Herb Roasted Fingerling Potatoes**

## Sauces

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**Teriyaki**

**Green Coconut Curry**

## Dessert

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**Red Velvet Layer Cake** – Three-layer red velvet cake, cream cheese frosting