

## Breakfast

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### Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8 a.m.–2 p.m.

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### Weekly Specials – With choice of whole fruit

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**Husky Combo** – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

### Daily Specials – With choice of whole fruit

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#### Monday

**Meatlovers Scramble** – Local cage-free eggs scrambled, ham, bacon, Italian sausage, cheddar cheese

#### Tuesday

**Plant-Based Scramble With Soyrizo** – Plant-based egg scramble, Soyrizo, plant-based cheese

#### Wednesday

**Salami, Onion & Mozzarella Scramble** – Local cage-free eggs scrambled, salami, caramelized onion, mozzarella cheese

#### Thursday

**Onion, Pepper & Potato Scramble** – Local cage-free eggs scrambled, onions, roasted potatoes, red peppers, Parmesan cheese

#### Friday

**Plant-Based Cheese & Mushroom Scramble** – Scrambled plant-based eggs, mushrooms, onions, plant-based mozzarella

#### Saturday–Sunday

**Denver Scramble** – Local cage-free eggs scrambled, ham, peppers, onion, cheddar cheese

### À la Carte Sides

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**Biscuit & Sausage Gravy**

**Buttermilk Biscuit**

**French Toast**

**Hardwood-Smoked Bacon**

**Hash Brown Patty**

**Plant-Based Pancakes**

**Plant-Based Sausage Patty**

**Plant-Based Scramble**

**Sausage Gravy**

**Sausage Link**

**Scramble**



Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

*Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.*

# Lunch/Dinner

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## Hours

**Mon–Fri:** Lunch 11:30 a.m.–2.30 p.m. Dinner 5–9 p.m.

**Sat–Sun:** Lunch 11 a.m.–2 p.m. Dinner 5–9 p.m.

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Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

## Entrées

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**Seared Salmon**

**Brined Chicken Quarter**

## Entrée Daily Specials

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### Monday

**Cheese Ravioli With Brown Butter**

**Ravioli Beef Bolognese**

### Tuesday–Wednesday

**Harissa Chickpea Stew**

**Bamia Lamb Stew**

### Thursday–Friday

**Grilled Pineapple & Jalapeno Tempeh**

**Grilled Garlic & Ginger Flank Steak**

## Vegetables

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**Roasted Brussels Sprouts**

**Herb-Roasted Rainbow Carrots**

**Winter Roasted Vegetables**

## Salad

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**Quinoa & Black Bean Salad**



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## Starch/Grains

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**Lemon-Herb Brown Rice**

## Starch/Grains Daily Specials

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### Monday–Wednesday

**Rustic Potatoes & Tomatoes**

### Thursday–Sunday

**Garlic Mashed Potatoes With Olive Oil**

## Sauce

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**Cranberry Citrus**

**Sun-Dried Tomato Cream**

## Dessert

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**Dutch Apple Pie With Topping** – Apple pie, streusel topping



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