

# DELI & SALAD

March 31–April 6

## Breakfast

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### Hours

Mon–Fri: 7:30–11 a.m.

Sat–Sun: 8–11 a.m.

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### Daily Specials

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#### Monday

**Bacon Cheddar Breakfast Taco**– scrambled eggs, cheddar cheese, green onions, flour tortilla

#### Tuesday

**Plant-Based Soyrito Breakfast Taco** – scrambled eggs, plant-based soyrito, plant-based cheddar cheese, green onions, flour tortilla

#### Wednesday

**Griddled Cuban Breakfast Sandwich** – pork, sliced ham, egg patty, Swiss cheese, pickle, mustard, baguette

#### Thursday

**Bacon Breakfast Burrito** – Scrambled eggs, bacon, black beans, cheddar cheese, flour tortilla

#### Friday

**Tofu & Bean Burrito** – Tofu, black beans, potato, cumin, curry powder

### Salad Bar: Yogurt & Fruit Breakfast Bar

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Selection of yogurt, granola and seasonal fruit



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Hours of Operation: [hfs.uw.edu–eat](https://hfs.uw.edu/eat)

Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.

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*Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.*

# Lunch/Dinner

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## Hours

**Sun–Thu:** 11 a.m.–11 p.m.    **Fri–Sat:** 11 a.m.–9 p.m.

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## Salad Bar

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Rotating selection of greens, toppings and dressings. UW Farm produce provided when available.

## Weekly Specials

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### Grilled Chicken Caesar Wrap

Grilled garlic-lemon chicken, Parmesan cheese, Caesar dressing, fresh vegetables, flour tortilla

### Vegetable Caesar Wrap

Romaine lettuce, red onion, tomatoes, Caesar dressing, flour tortilla

## Sandwiches & Wraps

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### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, Mama Lil's pepper eggless mayo, fresh veggies, telera bun

### BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough bread

### Caprese Sandwich

Fresh mozzarella, Roma tomato, fresh basil, balsamic vinaigrette, baguette

### Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted Focaccia bread

### Ham & Havarti Sandwich

Hardwood smoked ham, Havarti, mayoli, Dijon mustard, choice of veggies, telera bun

### Spicy Tofu Wrap

Spicy tofu salad, red onion, tomato, lettuce, flour tortilla

### BBQ Chicken Wrap

Crispy chicken, caramelized onions, Ray's BBQ sauce, pepperjack cheese, fresh veggies, flour tortilla

### Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

### Grilled Plant-Based Cheese Sandwich

Plant-based cheddar cheese, sourdough bread

### Grilled Cheese & Tomato Soup

Cheddar cheese, American cheese, sourdough bread, tomato soup



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## Soup

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**Tomato Basil**

## Dessert

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**Chocolate Brownie**

**Plant-Based Coconut Ranger Cookie**



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