Local Point Menus

Sunday, October 12 – Saturday, October 18





MENU ICON LEGEND

Dietary Icons









Gluten Free

Vegetarian

Vegan

Plant-Based

Service Style & Flavor









Served Hot

Served Cold

New Item

Spicy Item

Allergen Icons



















Fish

Crustacean Shellfish

Wheat

Eggs

Milk

Treenuts

Peanuts

Sesame

Soybeans

Plate

TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Kale + Tomato Scramble

Plant-based scrambled eggs, kale, tomatoes, plant-based mozzarella

\$6.29 170 Cal





M&M Pancakes

Plant-based batter, M&Ms

180 Cal \$2.79









Bacon Breakfast Burrito

Local, cage-free scrambled eggs, bacon, black beans, cheddar cheese, flour tortilla

\$7.99 1060 Cal



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2)

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % Plant-based scrambled eggs 240 Cal Plant-based sausage patty (1) 140 Cal











\$1.50

Includes a variety of toppings.

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

₩ VG %

CEREAL BAR

WAFFLE BAR

Includes a variety of cereals, milk, and plant-based milk.

60 Cal





Hashbrowns (2)

270 Cal







\$6.99

FAVORITES

Cage Free Scrambled Eggs





\$3.99 60 Cal

Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Sunday

Sunday

DAILY SPECIALS

BBQ Beef Brisket

BBQ-glazed brisket, pit beans, creamy coleslaw, corn on the cob

මේ **\$14.99** 800 Cal

Grilled Jerk Tempeh

Grilled jerk tempeh, pit beans, creamy coleslaw, corn on the cob

\$11.29 920 Cal





A LA CARTE/ADD ONS

BBQ Beef Brisket

\$8.99 270 Cal

Grilled Jerk Tempeh

\$5.29 380 Cal



BBQ Pit Beans

\$2.59 240 Cal





Coleslaw

\$2.59 190 Cal



Corn on the Cob

\$2.59 80 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Italian Scramble

Local, cage-free scrambled eggs, prosciutto, sundried tomatoes, parmesan, fresh herbs

\$6.29 400 Cal

Blueberry Pancakes

Plant-based pancake batter, blueberries

120 Cal \$2.79







Egg & Cheese Quesadilla

Plant-based egg and cheese, Pico de Gallo, cilantro, flour tortilla

\$7.99

660 Cal





VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2) 210 Cal

270 Cal Hashbrowns (2)





WG % 240 Cal Plant-based scrambled eggs 140 Cal Plant-based sausage patty (1)

Hashbrowns (2)

270 Cal







WAFFLE BAR

Includes a variety of toppings.

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

\$1.50

₩ VG %

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.

Husky Combo

Sausage (2)





Plant-Based Husky Combo













FAVORITES

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Monday



Monday

WEEKLY SPECIAL

Chicken Fettucine Butternut Alfredo

Herbed fettucine, butternut alfredo, peas, mushrooms, chicken, parmesan

\$9.99 650 Cal





CHOOSE A PROTEIN

Your choice of protein determines the cost of your plate.

Beef-Chicken Meatballs

\$12.99 260 Cal O 🗓 % 🕸







Plant-Based Meatballs

\$11.99 190 Cal / 🔠 % 🖇









Garlic Lemon Chicken Strips

\$12.99 180 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

CHOOSE YOUR PASTA

Herb Pasta

290 Cal / VG 🕸



Herbed Corn and Rice Pasta

400 Cal



VEGETABLES

Yellow Squash & Zucchini

60 Cal





CHOOSE YOUR SAUCE

Marinara

50 Cal



Alfredo

250 Cal 🔻 🗓 🕸





Plant-Based Alfredo

140 Cal 🔒 😘





Kale Pesto

90 Cal





CHOOSE YOUR CHEESE

Mozzarella

80 Cal



Plant-Based Mozzarella

90 Cal





Parmesan

120 Cal 🔻 🗓



ADD-ONS

Pick your add-ons for additional cost

Garlic Breadstick

\$2.49 160 Cal VG *





TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Caprese Scramble

Local, cage-free scrambled eggs and mozzarella, tomatoes, fresh basil

\$6.29 240 Cal





Banana Pancakes

Plant-based pancake batter, bananas

150 Cal \$2.79









Fried Chicken Biscuit Sandwich

Fried chicken patty, pepper jack cheese, egg, buttermilk biscuit

680 Cal \$7.99









VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

Plant-based scrambled eggs

Plant-based sausage patty (1)

240 Cal

140 Cal

270 Cal







(V %











FAVORITES

\$6.99

Hashbrowns (2)

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Tuesday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal











Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.





Tuesday

DAILY SPECIALS

Cuban Mojo Pork

Cuban mojo pork, black beans and rice, jerk roasted vegetables, lime coleslaw

\$12.49 740 Cal

Pineapple & Jalapeño Tempeh

Pineapple & jalapeño tempeh, black beans & rice, jerk roasted vegetables, lime coleslaw

\$11.29 690 Cal **V**6 **%**





A LA CARTE/ADD ONS

Cuban Mojo Pork

\$6.49 390 Cal

Pineapple + Jalapeño Tempeh

\$5.29 330 Cal **V**⁶ **%**



Black Beans & Rice

\$2.59 240 Cal

Jerk Roasted Vegetables

\$2.59 200 Cal



Lime Coleslaw

\$2.59 30 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Greek Vegetable Scramble

Plant-based scrambled eggs, caramelized onions, bacon, mozzarella cheese

380 Cal \$6.29







Plant-based batter, chocolate chips

280 Cal \$2.79

930 Cal









Upma + Yogurt & Lemon

Semolina, spices, cashews, lemon, yogurt

\$5.99



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs,

Husky Combo

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2)

Sausage (2) 210 Cal

270 Cal

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)













WAFFLE BAR

Includes a variety of toppings.

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

\$1.50

WG %

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.

choice of protein, hashrowns, whole fruit.

Hashbrowns (2)

























\$6.99

Cage Free Scrambled Eggs



\$3.99 60 Cal

Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



Wednesday

Wednesday

DAILY SPECIALS

Beef Bolognese Lasagna Rolette

Beef Bolognese Lasagna Rolette, roasted broccoli, yellow squash & zucchini

\$12.49 520 Cal

Cheese Lasagna Rolette

Cheese Lasagna Rolette, roasted broccoli, yellow squash & zucchini

\$10.29 1180 Cal V 🗓 🕸







A LA CARTE/ADD ONS

Beef Bolognese Lasagna Rolette

\$6.49 380 Cal

Lasagna Cheese Rolette

\$4.29 290 Cal



Roasted Broccoli Florets

\$2.59 80 Cal



Roasted Yellow Squash + Zucchini

\$2.59 90 Cal



DESSERT

Churro

\$2.99 130 Cal











TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Italian Vegetable Scramble

Plant-based scrambled eggs and mozzarella, roasted red peppers, kale pesto

\$6.29 220 Cal





French Toast

Egg bread, egg batter

140 Cal \$2.79











Breakfast Tacos

Local, cage-free scrambled eggs, bacon, cheddar cheese, green onions, tomatillo salsa, flour tortilla

\$7.49 630 Cal



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2) Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal





(V %







FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Thursday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal









Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.





Thursday

DAILY SPECIALS

Pesto Salmon

Pesto salmon, lemon-parsley red potatoes, yellow squash & zucchini, parmesan cauliflower

\$15.49 600 Cal | 🕏 🗓

BBQ Nuggets

Plant-based BBQ nuggets, lemon-parsley red potatoes, yellow squash & zucchini, parmesan cauliflower

\$11.99 690 Cal / V 🗓 % 🕸







A LA CARTE/ADD ONS

Pesto Salmon

\$9.49 | 140 Cal | 😂 🗓

BBQ Nuggets

\$5.99 380 Cal 🙆 💖 📽

Lemon-Parsley Red Potatoes

\$2.59 240 Cal **VG**

Roasted Yellow Squash + Zucchini

\$2.59 60 Cal



Garlic & Parmesan Cauliflower

\$2.59 90 Cal

DESSERT

Churro

\$2.99 130 Cal











TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Denver Scramble

Local, cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

\$6.29 380 Cal

Mango Pancakes

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49











Broccoli + Bacon Strata

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole

\$5.99 210 Cal

O 🗓 🕸



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

60 Cal Bacon (2)

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % 240 Cal Plant-based scrambled eggs Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal









(V) %



FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link

\$0.99 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

Friday

Plant-Based Scrambled Eggs

\$5.99 240 Cal





Plant-Based Sausage Patty

\$1.49 140 Cal







Hashbrown Patty

\$1.49 140 Cal







Whole Fruit

(Apple, banana, orange)

\$1.50





WAFFLE BAR

Includes a variety of toppings.

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.



Friday

DAILY SPECIALS

Blackened Chicken

Blackened chicken thigh, dirty rice, sweet corn succotash, blistered garlicky green beans **\$12.49** 630 Cal

Tofu Po' Boy

Tofu po' boy, dirty rice, sweet corn succotash, blistered garlicky green beans

\$14.99 1310 Cal VG % *







Blackened Chicken Thigh

A LA CARTE/ADD ONS

\$5.99 260 Cal

Crispy Tofu Po' Boy

\$8.99 950 Cal





Vegetable Dirty Rice

\$2.59 170 Cal **VG**



Sweet Corn Succotash

\$2.59 80 Cal



Blistered Garlic Green Beans

\$2.59 60 Cal



DESSERT

Churro

\$2.99 130 Cal













TODAY'S SPECIALS

Weekly scramble, sweet & savory specials.

Denver Scramble

Local, cage-free scrambled eggs, ham, peppers, onion, cheddar cheese

\$6.29 380 Cal



Mango Pancakes

Buttermilk pancake batter, mangos, butter, maple syrup

3890 Cal \$7.49









Broccoli & Bacon Strata

Sourdough bread, egg, broccoli, bacon, cheddar cheese breakfast casserole

\$5.99 210 Cal



VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashrowns, whole fruit.

Husky Combo

Local cage-free scrambled eggs 230 Cal

Bacon (2) 60 Cal

Sausage (2) 210 Cal

270 Cal Hashbrowns (2)

Plant-Based Husky Combo

WG % Plant-based scrambled eggs 240 Cal Plant-based sausage patty (1) 140 Cal

Hashbrowns (2)

270 Cal













(N) %

WAFFLE BAR

\$1.50

Includes a variety of toppings.

Plant-Based Scrambled Eggs

Plant-Based Sausage Patty

\$5.99 240 Cal

\$1.49 140 Cal

Hashbrown Patty

(Apple, banana, orange)

\$1.49 140 Cal

Whole Fruit

₩ VG %

CEREAL BAR

Includes a variety of cereals, milk, and plant-based milk.

FAVORITES

\$6.99

Cage Free Scrambled Eggs

\$3.99 60 Cal





Sausage Link **\$0.99** 110 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.



UW Dining

Saturday

Saturday

DAILY SPECIALS

Blackened Chicken

Blackened chicken thigh, dirty rice, sweet corn succotash, blistered garlicky green beans **\$12.49** 630 Cal

Tofu Po' Boy

Tofu po' boy, dirty rice, sweet corn succotash, blistered garlicky green beans

\$14.99 1310 Cal VG % *







A LA CARTE/ADD ONS

Blackened Chicken Thigh

\$5.99 260 Cal

Crispy Tofu Po' Boy

\$8.99 950 Cal





Vegetable Dirty Rice

\$2.59 170 Cal **VG**



Sweet Corn Succotash

\$2.59 80 Cal



Blistered Garlic Green Beans

\$2.59 60 Cal



DESSERT

Churro

\$2.99 130 Cal













Deli & Salad

DELI

THIS WEEK'S SPECIALS

Greek Vegetable Wrap

Hummus, tzatziki, feta, pepperoncini, cucumbers, veggies, flour tortilla

\$9.29 540 Cal V 🗓 🙈 🕸





Turkey Pesto Brie Sandwich

Turkey, kale pesto, brie cheese, vegetables, Telera roll



SANDWICHES

Turkey Cheddar Sandwich

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

\$9.79 620 Cal 🗓 🗯 📽 🕸



BLTC Sandwich

Bacon, lettuce, tomato, white cheddar, sourdough

\$9.79 690 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, eggless mayoli, fresh veggies, telera roll

\$9.79 580 Cal % *

Ham and Havarti Sandwich

Hardwood smoked ham, havarti, mayoli, dijon mustard, choice of veggies, telera roll

\$9.79 910 Cal □ % 🕸



Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia.











Roasted Vegetable Wrap

Sesame hummus, caramelized onion, roasted vegetables, flour tortilla

\$9.79 460 Cal VG 88 \$





Caprese Sandwich

Mozzarella cheese, tomatoes, kale pesto, and a telera roll

\$8.79 740 Cal **V** □ 🕸







Tuna Salad Sandwich

Tuna salad, eggless mayoli, lettuce, tomatoes, onions, and multi-grain bread

\$8.79 500 Cal V 🗓 🕸





Toasted Cheese + Tomato Soup

Choice of cheddar or plant-based grilled cheese with tomato soup.

\$6.99 590 Cal 790 Cal





Toasted Cheese a la Carte

Choice of cheddar or plant-based cheese and sourdough bread.

\$4.99 480 Cal V 🗓 % 🕸





670 Cal 🙆 % 🖇

EXTRAS

Tomato Basil Soup

\$4.99 90 Cal VG



Italian Wedding Soup

\$4.99 130 Cal ① 🗓 🕸



Spicy Lentil Vegetable Soup

\$4.99 140 Cal



Chocolate Chip Cookie

\$3.49 470 Cal **V** ○ 🗓 % 🕸









Pepsi Products



SALAD BAR

YOGURT BAR

\$11.99 per lb. Includes yogurt and toppings

Available All Day

Assorted Yogurt

Vanilla, Strawberry, and plant-based coconut

Assorted Toppings:

Assorted Fruit Granola SALAD BAR

\$11.99 per pound.

Available Lunch & Dinner

Mushroom Couscous Salad

Mango-Almond, Edamame, Quinoa Salad

Sicilian Pasta Salad



The UW Farm is a 2.5 acre student-powered urban farm, living laboratory & educational facility located on three growing sites at the University of Washington's Seattle Campus.

UW Dining partners with the farm to source fresh and local ingredients to serve on its salad bars.

*Look for signage highlighting which ingredients are fresh from the farm.





GLOBAL

PHO BAR AT GLOBAL

BUILD YOUR BOWL

Your choice of protein determines the cost of your bowl

CHOOSE YOUR PROTEIN

Roasted Lemongrass Chicken

\$12.99 190 Cal

Grilled Garlic-Ginger Flank Steak

\$15.99 200 Cal

Vietnamese-Style Pork Loin

\$12.99 230 Cal

Grilled Yellow Curry Tofu

\$11.99 140 Cal







CHOOSE YOUR BROTH

Beef

45 Cal



\$ 88 88

Chicken

60 Cal



Vegetable

20 Cal



CHOOSE YOUR VEGETABLES

10 Cal VG **Bean Sprout** 15 Cal VG **Sliced Crimini Mushrooms** 5 Cal **Baby Bok Choy** 0 Cal Jalapeño Pepper 25 Cal VG **Matchstick Carrots** 10 Cal VG **Sugar Snap Pea** 0 Cal VG **English Cucumber**

CHOOSE YOUR GARNISH

0 Cal Cilantro

10 Cal VG Thai Red Basil

0 Cal Sliced Green Onions

0 Cal Lime

CHOOSE YOUR SAUCE

60 Cal VG % % \$ Hoisin

30 Cal VG Sriracha

40 Cal VG % Nuoc Cham





DUB STREET



THIS WEEK'S SPECIALS

UW Dawg

Pork sausage, jalapeño cream cheese, caramelized onions, jalapeño, hoagie roll

\$7.49 770 Cal ☐ % 🕸

Mango Habanero Wings

Fried spicy wings, mango-habanero glaze

\$13.99 1010 Cal 🕸 🕖

HOUSE FAVORITES

Classic Dub

Choice of protein patty, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

\$9.29 / \$11.29 650 / 910 Cal 🗓 📽 📽 🕸

Smokestack Burger

Beef patty, whiskey-battered onion ring, bacon, white cheddar, BBQ sauce, toasted bun

\$9.79 630 Cal □ % 🕸



Scan the code for allergen and nutrition info.

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

Hellfire Burger

Beef patty, pepperjack cheese, jalapenos, lettuce, tomato, onion, sriracha mayoli, toasted bun

\$9.29 660 Cal



Chicken Sammie

Crispy chicken, white BBQ sauce, pickles, red onion, lettuce, brioche roll

\$8.99 640 Cal 88 88

Nashville Hot Chicken Sandwich

Crispy chicken or plant-based fritter, Nashville hot sauce, dill pickles, creamy coleslaw

Classic Lil' Dub

All beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

\$4.99 510 Cal □ 8 8 \$

Fish and Chips

Beer battered and fried pollock, fries, choice of dipping sauce

\$7.99/\$9.79 400/550 Cal 😂 🗓 🕸

DUB Me Tenders

Battered and deep fried chicken or plant-based tenders, fries, choice of dipping sauce

SIDES

Fries \$3.49 240 Cal ♥6
Curly Fries \$3.49 260 Cal ♥6
Onion Rings \$3.49 520 Cal ♥ 🖟 🕸

EXTRAS/SUBSTITUTIONS

Protein Patties*

Beef 260 Cal

Plant-Based 160 Cal 🔮 🚾

Pickle-Brined Chicken 210 Cal

Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

\$3.99 250 - 310 Cal V

Bacon

\$1.99 30 Cal

BEVERAGES & SOFT SERVE ICE CREAM

Pepsi Products

\$2.99



PIZZA





Cheese

\$2.99 310 Cal V 🗓 % 🕸







Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal 👶 🗓 🖠 🕸

Caprese

\$4.29 330 Cal 🔞 🔻 🗓 📽 🕸

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal O 🕏 🗓 % 🕸

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

\$4.49 340 Cal V O 🗓 🕸





Monday

Tillamook Ice Cream Pints

Vanilla Bean

0 0 **\$7.49** 630 Cal

Mint Chocolate Chip

0 0 % **\$7.49** 1090 Cal

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal









Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Hawaiian

\$4.29 320 Cal 👶 🗓 📽 🕸

Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🕏 🗓 📽 🕸

Tuesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Mint Chocolate Chip

\$7.49 1090 Cal O 🗓 🗞 📽

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal ○ ○ □









Cheese

\$2.99 310 Cal V 🗓 📽 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Supreme

\$4.29 400 Cal 👶 🗓 📽 🕸

Goat Cheese

\$4.29 350 Cal **6 V 1 6 8 ★**

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗣 🗓 % 🕸

Wednesday

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal









Cheese

\$2.99 310 Cal V 🗓 📽 🕸

Pepperoni

\$3.79 390 Cal □ 🕏 🕸

DAILY SLICES

BBQ Chicken

\$4.29 310 Cal 👶 🗓 📽 🕸

Caprese

\$4.29 270 Cal **6 V 1 8 ★**

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🦠 🗓 📽 🕸

DRINKS & DESSERT

Poppi Soda (Assorted Flavors) \$3.69

Thursday

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal









Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🚳 🕸

DAILY SLICES

Hawaiian

\$4.29 320 Cal 👶 🗓 📽 🕸

Veggie

\$4.29 330 Cal **6 ♥ 1 % ***

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🕏 🗓 📽 🕸

DESSERT & DRINKS

Poppi Soda (Assorted Flavors) \$3.69

Friday

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal









Cheese

\$2.99 310 Cal V 🗓 % 🕸

Pepperoni

\$3.79 390 Cal □ 🕏 🕸

DAILY SLICES

Hawaiian

\$4.29 320 Cal 👶 🗓 🖇 🕸

Veggie

\$4.29 330 Cal 👶 🔻 🗓 📽

SPECIALTIES

Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

\$4.99 370 Cal O 🕏 🗓 📽 🐞

Chicken Caesar Salad

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

\$7.99 470 Cal ○ 🗫 🗓 % 🕸

Saturday

DESSERT & DRINKS

Poppi Soda (Assorted Flavors) \$3.69

Tiramisu

Tillamook Ice Cream Pints

Vanilla Bean

\$7.49 630 Cal ○ □

Mint Chocolate Chip

\$7.49 1090 Cal ○ 🗓 🗞 📽

Sea Salt & Honeycomb Toffee

\$7.49 690 Cal





TERO



Make a BALANCED PLATE.

WEEKLY SPECIAL

Spinach & Vegetable Bowl

Spinach, artichokes, fennel, cherry tomato, chickpeas, Mama Lil's peppers, lemon-pepper vinaigrette

\$8.99 520 Cal



BUILD YOUR BOWL

Choose your base, veggies, toppings, garnish & dressing. \$8.99

1: CHOOSE YOUR BASE

(Extra servings \$1.99)

Turmeric Jasmine Rice

120 Cal



Steamed Farro

160 Cal





Mixed Salad Greens

35 Cal





Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

2: CHOOSE VEGGIES

(Extra servings \$1.99)

Artichoke Hearts

VG VG 50 Cal Roasted Mushroom W VG **Roasted Brussel Sprouts** 230 Cal **₩** VG **Rainbow Vegetable Blend**

₩ VG Edamame

₩ VG % **Sesame Snap Peas** 150 Cal

₩ WG Cucumber W WG

₩ W V G 45 Cal Fennel

₩ WG Roasted Cherry Tomatoes 30 Cal

3: ADD PREMIUM TOPPINGS

Feta Cheese \$1.00 **Pepper Rings** \$1.00 Avocado \$2.00

4: CHOOSE YOUR DRESSING & GARNISH

(Extra servings \$1.99)

Sesame (VG) 88 88 140 Cal Vinaigrette **Basil Vinaigrette** 140 Cal **Lemon & Pepper** 220 Cal

Vinaigrette Sliced Almonds

Furikake

Toasted Pepitas 160 Cal

Sunflower Seeds

5: ADD A PROTEIN

Spicy Tofu Salad

\$3.99 170 Cal VG % % D



Roasted Chicken Thigh

\$5.99 150 Cal

Grilled Citrus Garlic Tempeh

\$5.49 330 Cal







\$8.99 200 Cal



