**June 2-8 PLATE** 

## **Breakfast**

### Hours

Mon-Fri: 7:30-11 a.m. **Sat-Sun:** 8 a.m.–2 p.m.

## Weekly Specials – With choice of whole fruit

**Husky Combo** – Local cage-free eggs scrambled or plant-based eggs scrambled, bacon or sausage, two hash brown patties

### Daily Specials – With choice of whole fruit

### **Monday**

**Plant-Based Breakfast Taco** – Plant-based egg, meatless chorizo, mozzarella, green onion and tomatillo salsa in a flour tortilla

### **Tuesday**

Southwest Plant-Based Scramble & Cheese – Plant-based eggs scrambled with fire-roasted corn and peppers, black beans and plant-based mozzarella

### Wednesday

Italian Vegetable Scramble - Local cage-free eggs scrambled with roasted red peppers, pesto and asiago, Romano and Parmesan cheeses

#### **Thursday**

Caramelized Onion & Bacon Scramble – Local cage-free eggs scrambled with caramelized onions, bacon and mozzarella

#### **Friday**

**Green Tofu Scramble** – Plant-based tofu scramble with plant-based mozzarella, spinach, pepita pesto, peppers and onions

#### Saturday-Sunday

Sausage-Potato Scramble – Local cage-free eggs scrambled with potatoes, sausage, peppers, onions, cheddar and scallions

### À la Carte Sides

**Biscuit & Sausage Gravy Buttermilk Biscuit** 

French Toast

**Hardwood-Smoked Bacon** 

**Hash Brown Patty** 

**Plant-Based Sausage Patty** 

**Plant-Based Scramble** 

Sausage Gravy Sausage Link

**Scramble** 





Additional nutrition information is available upon request but can also be found on NetNutrition and on menus in dining location.



Eating raw or undercooked foods may increase the risk of foodborne illness. Menu subject to change without notice.

## **Lunch/Dinner**

## **Hours**

**Mon–Fri:** 11:30 a.m.–9 p.m. **Sat–Sun:** 11 a.m.–9 p.m.

Select one entrée, two vegetables/salad, and one starch/grain to build a Balanced Plate.

## **Entrées Weekly Specials**

Herb-Roasted Chicken

**Seared Salmon** 

## **Entrée Daily Specials**

### **Monday**

**Tofu-Mushroom Sauce With Herb Pasta** 

**Chicken Cacciatore With Herb Pasta** 

### Tuesday-Wednesday

Texas Mushroom Chili Beef & Black Bean Chili

### Thursday-Friday

**Warmed Falafel Patties** 

**Grilled Garlic & Ginger Flank Steak** 

## **Vegetables**

**Roasted Seasoned Broccoli Florets** 

#### Salad

**Caprese Salad** 



Hours of Operation: hfs.uw.edu-eat

# **Starch/Grains Daily Specials**

Monday-Wednesday

**Spanish-Style Roasted Potatoes** 

Thursday-Sunday

**Garlic Mashed Potatoes With Olive Oil** 

### Sauces

**Greek Salsa** 

Cajun Lemon Sauce

### **Dessert**

**Blueberry Pie With Topping** 

