

# CENTER TABLE MENUS

May 24–30, 2026



# MENU ICON LEGEND

## Dietary Icons



Gluten Free



Vegetarian



Vegan



Halal



Plant-Based

## Service Style & Flavor



Served Hot



Served Cold



New Item



Spicy Item

## Allergen Icons



Fish



Crustacean Shellfish



Wheat



Eggs



Milk



Treenuts



Peanuts



Sesame



Soybeans



Coconut

**PLATE**


# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Mushroom & Cheese Scramble

Local, cage-free scrambled eggs, mushrooms, onion, mozzarella cheese

\$6.49 370 Cal   

### Banana Pancakes

Plant-based pancake batter, bananas

\$2.79 150 Cal   

### Bacon & Onion Quiche


Bacon and onion in a rich baked custard and flaky crust

\$5.99 470 Cal    

## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal





\*Chicken Sausage in beef casing.

# SUNDAY



Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

# PLATE

SUNDAY

## DAILY SPECIALS

### Orange Chicken Plate

Orange chicken, jasmine rice, blistered green beans, bok choy

**\$11.99** 610 Cal   

### Sesame Tofu Plate

Tofu, jasmine rice, blistered green beans, bok choy

**\$10.99** 550 Cal   

## A LA CARTE/ADD ONS

### Orange Chicken + Vegetables

**\$5.99** 390 Cal   


### Sesame Tofu + Vegetables

**\$4.99** 390 Cal   


### Jasmine Rice

**\$2.59** 130 Cal 

### Blistered-Garlic Green Beans

**\$2.59** 60 Cal 

### Stir-Fry Bok Choy

**\$2.59** 25 Cal  

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal       



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# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Bacon & Onion Scramble

Local, cage-free scrambled eggs, caramelized onion, bacon, mozzarella cheese

\$6.29 370 Cal  

### French Toast Sticks

Whole wheat French toast sticks

\$2.79 270 Cal   

### Bacon Breakfast Burrito


Local, cage-free scrambled eggs, potatoes, sausage, peppers, onions, cheddar cheese, scallions

\$7.99 1060 Cal   

## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken Sausage in beef casing.

# MONDAY




Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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# PLATE

MONDAY

## DAILY SPECIALS

### Chicken Enchilada Plate

Cheese enchilada, tomato jasmine rice, tropical slaw, zucchini cotija cheese

**\$11.99** 450 Cal   

### Cheese Enchilada Plate

Cheese enchilada, tomato jasmine rice, tropical slaw, zucchini, cotija cheese

**\$10.99** 430 Cal  

## A LA CARTE/ADD ONS


### Chicken Enchilada + Green Chili Sauce

**\$5.99** 160 Cal  

### Cheese Enchillada

**\$4.99** 210 Cal  

### Mexican-Style Red Rice

**\$2.59** 90 Cal 

### Spicy Tropical Slaw

**\$2.59** 20 Cal 

### Roasted Zucchini + Cotija Cheese

**\$2.59** 110 Cal  

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal       



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# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Sausage & Potato Scramble

Local, cage-free scrambled eggs, potatoes, pork sausage, peppers, onions, cheddar cheese, scallions

\$6.49 390 Cal   

### Cinnamon Rolls

\$5.99 520 Cal     

### Biscuit & Sausage Gravy

Buttermilk biscuit, pork sausage gravy

\$4.99 470 Cal    




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## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken Sausage in beef casing.

# TUESDAY




Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  

# PLATE

TUESDAY

## DAILY SPECIALS

### Chipotle Honey Rockfish Plate

Chipotle rockfish, jasmine rice, cucumber salad, bean & corn salad

**\$14.99** 460 Cal 

### Blackened Tofu Plate

Blackened tofu, jasmine rice, cucumber salad, bean & corn salad


**\$10.29** 490 Cal  

## A LA CARTE/ADD ONS

### Roasted Chipotle Honey Rockfish

**\$8.99** 200 Cal 

### Blackened Tofu

**\$4.29** 230 Cal  

### Jasmine Rice

**\$2.59** 130 Cal 

### German Cucumber Salad

**\$2.59** 15 Cal 

### Black Bean & Corn Salad

**\$2.59** 120 Cal 

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal 



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# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Pork Verde Scramble

Local, cage-free scrambled eggs, pork verde, fajita-sautéed peppers, tomatoes, Swiss cheese, salsa verde

\$6.29 400 Cal  




### Blueberry Pancakes

Plant-based pancake batter, blueberries

\$2.79 120 Cal   

### Rava Uttapam + Cilantro Chutney


Semolina pancakes, onion, tomatoes, green & serrano peppers, cilantro chutney

\$5.99 770 Cal   

## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal




\*Chicken Sausage in beef casing.

# WEDNESDAY

Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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# PLATE

WEDNESDAY

## DAILY SPECIALS

### Beef & Broccoli Plate

Sesame beef and broccoli, brown rice, vegetables, snap peas

**\$12.99** 810 Cal  



### Teriyaki Tofu Plate

Teriyaki tofu, brown rice, stir-fry vegetables, snap peas



**\$10.99** 660 Cal     

## A LA CARTE/ADD ONS



### Sesame Beef & Broccoli Stir-Fry

**\$6.99** 350 Cal  

### Crispy Fried Teriyaki Tofu Bites

**\$4.99** 200 Cal  

### Fried Brown Rice

**\$2.59** 240 Cal  

### Ginger Snap Peas

**\$2.59** 90 Cal 

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal       



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# PLATE






## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Turkish Menemen

Plant-based soft scrambled eggs, red & Anaheim peppers, tomatoes, feta cheese, Aleppo pepper, parsley, baguette  
**\$6.29** 580 Cal    

### French Toast

Egg bread dipped in a rich egg batter, griddled golden brown  
**\$2.79** 140 Cal     

### Fresh Fruit Yogurt Parfait

Greek yogurt, honey, strawberries, blueberries, blackberries, granola  
**\$3.99** 400 Cal   




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## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.


### Husky Combo

Cage-Free Scrambled Eggs	350 Cal	
Bacon (2)	60 Cal	
Chicken Sausage* Link (2)	140 Cal	
Hashbrowns (2)	270 Cal	  
<b>Plant-Based Husky Combo</b>		
Plant-Based Scrambled Eggs	240 Cal	  
Plant-Based Sausage Patty (1)	140 Cal	   
Hashbrowns (2)	270 Cal	  

**\$6.99**

## FAVORITES

### Cage-Free Scrambled Eggs

**\$3.99** 350 Cal  

### Chicken Sausage\* Link

**\$0.99** 70 Cal

### Hardwood-Smoked Bacon

**\$0.99** 30 Cal

\*Chicken Sausage in beef casing.

# THURSDAY




### Plant-Based Scrambled Eggs

**\$5.99** 240 Cal   

### Plant-Based Sausage Patty

**\$1.49** 140 Cal    

### Hashbrown Patty

**\$1.49** 140 Cal   

### Whole Fruit

(Apple, banana, orange)

**\$1.50**  

# CANTINA AT PLATE

## BUILD A BOWL OR BURRITO

Your choice of protein determines the cost of your bowl or burrito. Includes choice of rice and black beans.

## CHOOSE YOUR PROTEIN

### Pollo Asado

\$11.49 140 Cal

### Pork Carnitas

\$11.99 160 Cal

### Chipotle Jackfruit

\$11.49 280 Cal  

## CHOOSE YOUR RICE AND BEANS

### Cilantro Lime White Rice

150 Cal 

### Cilantro Lime Brown Rice

240 Cal 

### Spiced Black Beans


150 Cal 

## CHOOSE YOUR VEGGIES AND TOPPINGS

### Shredded Lettuce

0 Cal 

### Fajita Vegetables

80 Cal 

### Cheddar Jack Cheese Blend

110 Cal   

### Plant-Based Cheddar Cheese

80 Cal  

### Pico De Gallo Salsa

15 Cal


### Tomatillo Salsa

10 Cal 


### Ancho Chipotle Salsa

80 Cal  

### Sour Cream

20 Cal 

### Plant-Based Sour Cream

170 Cal  

## EXTRAS

Add-ons for an additional price.

### Roasted Peppers & Sweet Corn

\$1.49 160 Cal 

### Queso Chili Cheese Sauce

\$1.49 100 Cal  

### Guacamole

\$2.59 50 Cal 

### Peach Pie

\$3.99 280 Cal  

# THURSDAY



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# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Bacon & Brie Scramble

Local, cage-free scrambled eggs, baby spinach, bacon, and brie

\$6.29 470 Cal  

### Apple Pancakes

Plant-based pancake batter, apple-cinnamon compote

\$2.79 440 Cal   

### Hawaiian-Style Spam & Egg Bowl


Jasmine rice, fried Spam, scrambled eggs, green onion, Furikake

\$7.49 630 Cal    

## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken Sausage in beef casing.

# FRIDAY




Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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# PLATE

FRIDAY

## DAILY SPECIALS

### Pesto Salmon Plate

Pesto salmon, potatoes & tomatoes, Roasted Broccoli, rainbow carrots

**\$15.49** 530 Cal  

### Cheese Lasagna Rollette Plate

Cheese lasagna, potatoes & tomatoes, Roasted Broccoli, rainbow carrots

**\$10.49** 650 Cal   

## A LA CARTE/ADD ONS


### Pesto Salmon

**\$9.99** 280 Cal  


### Rustic Potatoes & Tomatoes

**\$2.59** 110 Cal 

### Roasted Broccoli

**\$2.59** 90 Cal 

### Herb-Roasted Rainbow Carrots

**\$2.59** 50 Cal 

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal       



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# PLATE

## TODAY'S SPECIALS

Daily scramble, sweet & savory specials.

### Bacon & Brie Scramble

Local, cage-free scrambled eggs, baby spinach, bacon, and brie

\$6.29 470 Cal  

### Apple Pancakes

Plant-based pancake batter, apple-cinnamon compote

\$2.79 440 Cal   

### Hawaiian-Style Spam & Egg Bowl


Jasmine rice, fried Spam, scrambled eggs, green onion, Furikake

\$7.49 630 Cal    

## VALUE BREAKFAST

Includes choice of scrambled eggs or plant-based eggs, choice of protein, hashbrowns, whole fruit.

### Husky Combo

Cage-Free Scrambled Eggs 350 Cal 





Bacon (2) 60 Cal

Chicken Sausage\* Link (2) 140 Cal

Hashbrowns (2) 270 Cal   

### Plant-Based Husky Combo

Plant-Based Scrambled Eggs 240 Cal   

Plant-Based Sausage Patty (1) 140 Cal    

Hashbrowns (2) 270 Cal   

\$6.99

## FAVORITES

Cage-Free Scrambled Eggs

\$3.99 350 Cal  

Chicken Sausage\* Link

\$0.99 70 Cal

Hardwood-Smoked Bacon

\$0.99 30 Cal

\*Chicken Sausage in beef casing.

# SATURDAY




Plant-Based Scrambled Eggs

\$5.99 240 Cal   

Plant-Based Sausage Patty

\$1.49 140 Cal    

Hashbrown Patty

\$1.49 140 Cal   

Whole Fruit

(Apple, banana, orange)

\$1.50  



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# PLATE

SATURDAY

## DAILY SPECIALS



### Pesto Salmon Plate

Pesto salmon, potatoes & tomatoes, Parmesan cauliflower, rainbow carrots

**\$15.49** 530 Cal  

### Cheese Lasagna Rollette Plate

Cheese lasagna, potatoes & tomatoes, Parmesan cauliflower, rainbow carrots

**\$10.49** 650 Cal   

## A LA CARTE/ADD ONS

### Pesto Salmon

**\$9.99** 280 Cal  

### Mushroom, Leek & Spinach

**\$4.49** 400 Cal   

### Rustic Potatoes & Tomatoes

**\$2.59** 110 Cal 

### Roasted Garlic & Parmesan

**\$2.59** 90 Cal  

### Herb-Roasted Rainbow Carrots

**\$2.59** 50 Cal 

## DESSERT

### German Chocolate Cake

**\$3.99** 190 Cal       







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# DELI & SALAD

# DELI & SALAD

## BREAKFAST SANDWICHES


### Classic Breakfast Sandwich

\$4.29 300 Cal    





### Pork Sausage, Egg & Cheese

\$5.29 490 Cal   





### Bacon, Egg & Cheese

\$5.29 390 Cal   

### Plant Powered Sausage & Egg

\$5.29 440 Cal    


### Plant-Powered Egg & Cheese

\$4.99 290 Cal    

## WAFFLE BAR

Waffles served at SALAD BAR

### Belgian Waffle

\$4.99 950 Cal   

### Assorted Toppings:

Strawberries



Butter





Maple Syrup



Whipped Cream





Powdered Sugar



## CEREAL BAR

Cereal served at SALAD BAR

### Assorted Cereals

Whole Milk



Plant-Based Milk





## OATMEAL

Oatmeal served SALAD BAR

### Assorted Toppings:

Brown Sugar 108 Cal





Raisins 85 Cal





Dried Cranberries 90 Cal





Dried Cherries 100 Cal





## FRUIT

### Assorted Fruit

Apple, Banana, Orange

\$1.50 220 Cal





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# MARKET DELI

## THIS WEEK'S SPECIALS

### Avocado White Bean Sandwich

Avocado white bean mash, wheat bread, mustard, cucumber

**\$9.29** 460 Cal  

### Rachel Sandwich



Turkey, Swiss cheese, 1000 Island dressing, coleslaw, marble rye

**\$9.49** 680 Cal    

## SANDWICHES

### Turkey Cheddar Sandwich

Smoked turkey breast, cheddar cheese, eggless mayoli, fresh veggies, multigrain bread

**\$9.79** 610 Cal    



### BLTC Sandwich

Bacon, lettuce, tomato, white cheddar cheese, sourdough bread

**\$9.79** 690 Cal  

### Italian Club Sandwich

Genoa salami, smoked ham, crispy bacon, Mama Lil's Pepper eggless mayoli, fresh veggies, telera roll

**\$9.79** 580 Cal  

### Ham and Havarti Sandwich

Hardwood smoked ham, havarti cheese, mayoli, Dijon mustard, choice of veggies, telera roll

**\$9.79** 910 Cal   

### Tofu Goddess Sandwich

Marinated tofu, avocado, plant-based cheese, lettuce, red onion, toasted focaccia bread

**\$9.79** 810 Cal     

### Egg Salad Sandwich

Egg Salad, lettuce, tomato and onion stacked on 9-Grain Bread

**\$8.49** 570 Cal    

### BBQ Chicken Wrap

Crispy chicken or plant-based nuggets, caramelized onion, BBQ sauce, pepper jack or plant-based cheese, veggies, flour tortilla

**\$9.79** 1040 Cal  

**\$9.29** 950 Cal   

### Tuna Salad Sandwich

Tuna salad, eggless mayoli, lettuce, tomato, onion, multi-grain bread

**\$8.79** 500 Cal   








### Caprese Sandwich

Mozzarella cheese, tomatoes, kale pesto, telera roll

**\$8.79** 590 Cal   

### Toasted Cheese

Choice of cheddar or plant-based cheese on sourdough bread. **Add tomato soup + \$1**

**\$4.99** 480 Cal      
670 Cal    

## EXTRAS

### Tomato Basil Soup

**\$4.99** 90 Cal 

### Split Pea & Kale Soup

**\$4.99** 80 Cal 

### Smoked Salmon Chowder

**\$4.99** 330 Cal      

### Chocolate Chip Cookie

**\$3.49** 110 Cal     

## FOUNTAIN BEVERAGE

### Pepsi Products



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**GLOBAL**



# AT GLOBAL

## PLATE LUNCH

### Kalbi Tofu Plate

Tofu marinated in shoyu, ginger and brown sugar seared and served with Calrose rice, Asian-style slaw

**\$7.99** 380 Cal

### Teriyaki Chicken Plate

Roasted chicken thighs, sesame teriyaki sauce, sticky rice, kimchi.

**\$9.99** 340 Cal

### Kalua Pork Plate

Shredded pork, sticky rice, Hawaiian-style mac salad

**\$9.99** 810 Cal



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## ALOHA BOWLS

### Kalbi Tofu Aloha Bowl

Fried rice, kalbi tofu, pickled carrot & daikon, pineapple salsa, gochujang mayoli, sesame seeds, green onions

**\$9.99** 750 Cal

### Huli Huli Aloha Chicken Bowl

Fried brown rice, huli huli chicken, pickled carrot & daikon, pineapple salsa, gochujang mayoli

**\$10.99** 730 Cal

### Kalua Pork Aloha Bowl

Fried brown rice, kalua pork, pickled carrot & daikon, pineapple salsa, gochujang mayoli, sesame seeds, green onions

**\$10.99** 760 Cal

## EXTRAS

### Spam Musubi

Tamari-glazed Spam, sticky rice, Nori

**\$4.99** 350 Cal

### Cheesecake

With pineapple compote

**\$5.99** 420 Cal

## SIDES

### Calrose Rice

Sticky Rice

**\$2.59** 60 Cal

### Mac Salad

Macaroni, plant-based mayoli, carrots, green onions

**\$2.59** 320 Cal

### Ginger Slaw

Red and green cabbage, pickled ginger dressing

**\$2.59** 30 Cal

### Kimchi

Fermented mixed vegetables

**\$2.59** 30 Cal



**NOODLE**

# NOODLE

## WEEKLY SPECIAL

### Chicken & Vegetable Cellentani

Roasted garlic-lemon chicken, cellentani pasta, asparagus, baby zucchini, broccoli, pesto alfredo sauce, Parmesan cheese

**\$9.99** 740 Cal   

### Grilled Spring Vegetable Cellantani

Grilled asparagus, baby zucchini, roasted broccoli, kale pesto, Parmesan cheese

**\$10.99** 910 Cal   

## CHOOSE A PROTEIN

**Build your Own Pasta - pasta, sauce, cheese included for \$7.99. Add on a protein, vegetable, or breadstick.**

### Beef-Chicken Meatballs

**\$4.99** 260 Cal    

### JackFruit Meatballs

**\$3.99** 230 Cal  

### Garlic Lemon Chicken Strips

**\$4.99** 180 Cal 




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## CHOOSE YOUR PASTA

### Herb Pasta

650 Cal  

### Herbed Corn and Rice Pasta

500 Cal 

## VEGETABLES

### Lemon & Garlic Roasted Asparagus

80 Cal 

## CHOOSE YOUR SAUCE



### Marinara

50 Cal 

### Alfredo

250 Cal   

### Plant-Based Alfredo

140 Cal  

### Kale Pesto

320 Cal  

## CHOOSE YOUR CHEESE

### Mozzarella

80 Cal  

### Plant-Based Mozzarella

90 Cal  


### Parmesan

120 Cal  

## ADD-ONS

**Pick your add-ons for additional cost**

### Garlic Breadstick

**\$2.59** 160 Cal  

**SEARED (DUB Street)**



## THIS WEEK'S SPECIALS

### Bleu Cheese Bliss Burger

Beef patty, sliced bleu cheese, bacon, Parmesan aioli, lettuce, tomato, onion, toasted bun

**\$8.99** 780 Cal

## HOUSE FAVORITES

### Classic Dub Burger

Choice of protein patty\*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

**\$9.29/\$11.29** 650 / 910 Cal

### Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal



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### Hellfire Burger

Beef patty, pepperjack, jalapeños, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.49** 660 Cal

### Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

**\$9.29** 640 Cal

### Cali Club Chicken Sandwich

Pickle-brined chicken breast, avocado, Swiss, Bacon, Lettuce, Tomato, Onion, Citrus Mayoli

**\$12.99** 700 Cal

### Lil' Dub Burger (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal

### Fish and Chips (2 or 3 Piece)

Choice of two or three pieces of fried and battered pollock, fries, choice of dipping sauce

**\$7.99/\$9.79** 400 / 550 Cal

### DUB Me Tenders (Small or Large)

Choice of small or large basket of chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal   
**\$7.99 / \$9.79** 570 / 740 Cal

## SIDES

<b>Fries</b>	<b>\$3.49</b>	240 Cal	
<b>Curly Fries</b>	<b>\$3.49</b>	260 Cal	
<b>Onion Rings</b>	<b>\$3.49</b>	520 Cal	

## EXTRAS/SUBSTITUTIONS

### Patty Options

Beef	260 Cal	
Plant-Based	160 Cal	
Pickle-Brined Chicken	210 Cal	

### Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

**\$1.00** 250 - 310 Cal

### Bacon

**\$1.49** 30 Cal

## FOUNTAIN BEVERAGES

### Pepsi Products

**\$1.99 / \$2.99**

# SUN-MON









## THIS WEEK'S SPECIALS

### UW Dawg


Pork sausage, jalapeño cream cheese, caramelized onions, jalapeño, hoagie roll

**\$7.49** 770 Cal    

## HOUSE FAVORITES

### Classic Dub Burger

Choice of protein patty\*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

**\$9.29/\$11.29** 650 / 910 Cal    

### Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal   



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

### Hellfire Burger

Beef patty, pepperjack, jalapeños, lettuce, tomato, onion, sriracha mayoli, toasted bun





**\$9.49** 660 Cal    

### Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

**\$9.29** 640 Cal   





### Cali Chicken Sandwich

**\$11.99** 710 Cal    

**\$9.29** 630 Cal    


### Lil' Dub Burger (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal    

### Fish and Chips (2 or 3 Piece)

Choice of two or three pieces of fried and battered pollock, fries, choice of dipping sauce

**\$7.99/\$9.79** 400 / 550 Cal   


### DUB Me Tenders (Small or Large)



Choice of small or large basket of chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal 

**\$7.99 / \$9.79** 570 / 740 Cal    

## SIDES

**Fries** **\$3.49** 240 Cal 

**Tots** **\$3.49** 260 Cal  

**Onion Rings** **\$3.49** 520 Cal   

## EXTRAS/SUBSTITUTIONS

### Patty Options

Beef 260 Cal

Plant-Based 160 Cal  

Pickle-Brined Chicken 210 Cal

### Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

**\$1.00** 250 - 310 Cal  

### Bacon

**\$1.49** 30 Cal

## FOUNTAIN BEVERAGES

### Pepsi Products

**\$1.99 / \$2.99**

# TUES









## THIS WEEK'S SPECIALS

### Bleu Cheese Bliss Burger

Beef patty, sliced bleu cheese, bacon, Parmesan aioli, lettuce, tomato, onion, toasted bun

**\$8.99** 780 Cal    

### Fried Chicken Wings

Fried chicken wings + choice of sauce (Franks Red Hot, Sweet Baby Ray's BBQ, Gochujang)

**\$12.99** 800 Cal 

## HOUSE FAVORITES

### Classic Dub Burger

Choice of protein patty\*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

**\$9.29/\$11.29** 650 / 910 Cal    

### Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal   



Scan the code for allergen and nutrition info. 2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

### Hellfire Burger

Beef patty, pepperjack, jalapeños, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.49** 660 Cal    

### Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

**\$9.29** 640 Cal   





### California Club Chicken Sandwich

Pickle-brined chicken breast, Swiss, Bacon, Lettuce, Tomato, Onion, Citrus Mayoli

**\$11.99** 700 Cal     

### Lil' Dub Burger (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal    

### Fish and Chips (2 or 3 Piece)

Choice of two or three pieces of fried and battered pollock, fries, choice of dipping sauce


**\$7.99/\$9.79** 400 / 550 Cal   



### DUB Me Tenders (Small or Large)

Choice of small or large basket of chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal   
**\$7.99 / \$9.79** 570 / 740 Cal    

## SIDES

**Fries** **\$3.49** 240 Cal 

**Curly Fries** **\$3.49** 260 Cal  

**Onion Rings** **\$3.49** 520 Cal   

## EXTRAS/SUBSTITUTIONS

### Patty Options

Beef 260 Cal

Plant-Based 160 Cal  

Pickle-Brined Chicken 210 Cal

### Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

**\$1.00** 250 - 310 Cal  

### Bacon

**\$1.49** 30 Cal

## FOUNTAIN BEVERAGES

### Pepsi Products

**\$1.99 / \$2.99**

WED





## THIS WEEK'S SPECIALS

### Bleu Cheese Bliss Burger

Beef patty, sliced bleu cheese, bacon, Parmesan aioli, lettuce, tomato, onion, toasted bun

**\$8.99** 780 Cal

## HOUSE FAVORITES

### Classic Dub Burger

Choice of protein patty\*, lettuce, tomato, red onion, cheese, DUB sauce, toasted bun

**\$9.29/\$11.29** 650 / 910 Cal

### Smokestack Burger

Beef patty, onion ring, bacon, white cheddar, BBQ sauce, toasted bun

**\$9.79** 630 Cal



Scan the code for allergen and nutrition info.  
2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

### Hellfire Burger

Beef patty, pepperjack, jalapeños, lettuce, tomato, onion, sriracha mayoli, toasted bun

**\$9.49** 660 Cal

### Chicken Sammie

Crispy chicken, BBQ sauce, pickles, red onion, lettuce, brioche roll

**\$9.29** 640 Cal

### Cali Club Chicken Sandwich

Pickle-brined chicken breast, avocado, Swiss, Bacon, Lettuce, Tomato, Onion, Citrus Mayoli

**\$12.99** 700 Cal

### Lil' Dub Burger (NO PATTY CHOICE)

Beef patty, lettuce, tomato, onion, DUB sauce, American cheese, toasted bun

**\$4.99** 510 Cal

### Fish and Chips (2 or 3 Piece)

Choice of two or three pieces of fried and battered pollock, fries, choice of dipping sauce

**\$7.99/\$9.79** 400 / 550 Cal

### DUB Me Tenders (Small or Large)

Choice of small or large basket of chicken or plant-based tenders, fries, choice of dipping sauce

**\$7.99 / \$9.79** 750 / 1010 Cal   
**\$7.99 / \$9.79** 570 / 740 Cal

## SIDES

**Fries** **\$3.49** 240 Cal

**Curly Fries** **\$3.49** 260 Cal

**Onion Rings** **\$3.49** 520 Cal

## THUR-SAT

## EXTRAS/SUBSTITUTIONS

### Patty Options

Beef 260 Cal

Plant-Based 160 Cal

Pickle-Brined Chicken 210 Cal

### Cheese (Plant-Based Available)

Cheddar, Provolone, Swiss, Pepper Jack, American Cheese

**\$1.00** 250 - 310 Cal

### Bacon

**\$1.49** 30 Cal

## FOUNTAIN BEVERAGES

### Pepsi Products

**\$1.99 / \$2.99**



**PIZZA**

# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal    

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal   

## DAILY SLICES





### Meat Lovers

House-made sauce, mozzarella cheese, pepperoni, Genoa salami, Italian sausage, bacon

**\$4.49** 430 Cal   

### Veggie

Mozzarella cheese, spinach, red onion, green bell pepper, zucchini, Roma tomatoes

**\$4.29** 330 Cal    

## SPECIALTIES

### Garlic Knots

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL    

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal     




### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal     

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal   

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal  

# SUNDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal     




### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal     

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal   




#### Mudslide

**\$7.49** 780 Cal     

#### Mint Chocolate Chip

**\$7.49** 690 Cal     

#### Honeycomb Toffee

**\$7.49** 690 Cal   



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# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal

## DAILY SLICES

### BBQ Chicken

House-made pizza sauce, mozzarella cheese, smoky cheese blend, red onion, cilantro

**\$4.49** 310 Cal

### Caprese

House-made tomato sauce, fresh mozzarella cheese, basil, balsamic drizzle

**\$4.29** 270 Cal

## SPECIALTIES

### Garlic Knots

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal

### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal

# MONDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal

### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal

#### Mint Chocolate Chip

**\$7.49** 690 Cal

#### Honeycomb Toffee

**\$7.49** 690 Cal



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# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal

## DAILY SLICES

### Greek

Roasted garlic oil, fresh spinach, Mama Lil's Peppers, kalamata olives, red onion, feta cheese

**\$4.29** 350 Cal

### Hawaiian

House-made tomato sauce, mozzarella cheese, roasted Spam, pineapple, green onion

**\$4.29** 320 Cal

## SPECIALTIES

### Garlic Knots

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal

### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal

# TUESDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal

### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal

#### Mint Chocolate Chip

**\$7.49** 690 Cal

#### Honeycomb Toffee

**\$7.49** 690 Cal



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# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal

## DAILY SLICES

### Supreme

Mozzarella cheese, pepperoni, Italian sausage, mushrooms, black olives, green bell peppers, red onion

**\$4.49** 400 Cal

### Goat Cheese

House-made tomato sauce, mozzarella cheese, roasted tomatoes, caramelized onions, goat cheese, arugula, balsamic drizzle

**\$4.29** 350 Cal

## SPECIALTIES

### Not Available

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal

### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal

# WEDNESDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal

### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal

#### Mint Chocolate Chip

**\$7.49** 690 Cal

#### Honeycomb Toffee

**\$7.49** 690 Cal



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# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal

## DAILY SLICES

### Chicken Bacon Ranch

Grilled chicken, bacon, ranch dressing, mozzarella cheese, diced tomatoes, green onion

**\$4.49** 410 Cal

### Pesto

Pesto, roasted tomatoes, artichokes, roasted garlic, ricotta and mozzarella cheese

**\$4.29** 350 Cal

## SPECIALTIES

### Garlic Knots

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal

### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal

# THURSDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal

### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal

#### Mint Chocolate Chip

**\$7.49** 690 Cal

#### Honeycomb Toffee

**\$7.49** 690 Cal



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# PIZZA



**WHOLE PIES AVAILABLE  
THROUGH DUB GRUB**

## CLASSIC SLICES

### Cheese

House-made pizza sauce, mozzarella cheese, roasted garlic oil

**\$2.99** 380 Cal

### Pepperoni

House-made pizza sauce, mozzarella cheese, pepperoni

**\$3.79** 390 Cal

## DAILY SLICES

### White

Roasted garlic oil, mozzarella, Parmesan and seasoned ricotta cheese, oregano

**\$4.29** 380 Cal

### Chorizo

House-made sauce, smoky cheese blend, mozzarella cheese, chorizo, fire-roasted corn & peppers, red onion, jalapeño peppers, Pico de Gallo

**\$4.29** 310 Cal

## SPECIALTIES

### Garlic Knots

Whole wheat dough, garlic oil, Parmesan cheese, parsley, marinara dipping sauce

**\$2.99** 360 CAL

### Caesar Salad (Anchovy)

Romaine, parmesan, garlic croutons, Caesar dressing

**\$4.99** 370 Cal

### Chicken Caesar Salad (Anchovy)

Chicken, Romaine, parmesan, garlic croutons, Caesar dressing

**\$7.99** 470 Cal

### Baked Pasta (15 min wait)

Ricotta lasagna roll, spicy marinara sauce, pesto, choice of cheese, pork sausage, or chicken

**\$10.99-13.99** 660-850 Cal

### Greek Pasta Salad

Cavatappi pasta, kalamata olives, pepperoncini, roasted cherry tomatoes, parsley, red wine vinaigrette

**\$6.99** 1200 Cal

# FRIDAY

## DRINKS & DESSERT

### Poppi Soda (Assorted Flavors)

**\$3.69**

### Tiramisu

Espresso-soaked lady fingers, marscapone custard, cocoa

**\$4.49** 90 Cal

### Chocolate Chip Cannoli

Ricotta chocolate chip filling, powdered sugar

**\$4.99** 310 Cal

### Tillamook Ice Cream Pints

#### Vanilla Bean

**\$7.49** 630 Cal

#### Mudslide

**\$7.49** 780 Cal

#### Mint Chocolate Chip

**\$7.49** 690 Cal

#### Honeycomb Toffee

**\$7.49** 690 Cal



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**SELECT**

# SELECT

Make a  
BALANCED PLATE.

## WEEKLY SPECIAL

### Pork Vindaloo Bowl

Pork vindaloo, saffron rice, turmeric cauliflower, raisins, kachumbari, spicy lemon pickle, cilantro chutney

**\$14.49** 480 Cal

## BUILD YOUR BOWL

1 Base, 4 veg  
Sauce/Dressing, Garnish. **\$8.99**

### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

#### Somali-Style Spiced Rice

170 Cal 

#### Saffron Rice
























50 Cal  

#### Kale & Arugula Greens

60 Cal  

### 2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$2.59)

Steamed Snap Peas	45 Cal	 
Jerk Roasted Vegetables	200 Cal	 
Roasted Smoky Parsnips	100 Cal	  
UW Farms Sautéed Greens	90 Cal	  
Red Cabbage + Fennel Slaw	200 Cal	 
Grilled Spring Vegetables	160 Cal	 
Cauliflower + Honey	90 Cal	  
Spicy Lemon Pickle	15 Cal	  
Kachumbari	80 Cal	  

### 3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing	40 Cal	
Pomegranate Glaze	50 Cal	
Dried Cranberries	90 Cal	
Sweet Potato Bread Strips	90 Cal	
Toasted Pepitas	160 Cal	
Avocado	<b>\$2.59</b> 110 Cal	
Cilantro Chutney	20 Cal	 

### 4: ADD A PROTEIN

Chicken Bites 6pc	<b>\$5.99</b> 250 Cal	
Red Lentil Dal	<b>\$3.99</b> 210 Cal	  
Roasted Coconut Tandoori Chicken	<b>\$5.99</b> 150 Cal	 
Pork Vindaloo	<b>\$6.99</b> 140 Cal	

### FRIED ENTREES / SIDES

**Chicken Bites (6) & Swt. Pot. Fries**  
**\$8.49** 590 Cal

**Chips & Salsa**  
**\$3.99** 320 Cal

**Sweet Potato Fries**  
**\$3.49** 240 Cal 

### SOUP DE JOUR

**Chana Masala Cauliflower**  
**\$4.99** 150 Cal   

### ITALIAN ICE

**Strawberry or Lemonade**  
**\$2.99** 70 Cal 



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# SUN-TUE

# SELECT

Make a  
BALANCED PLATE.

## WEEKLY SPECIAL

### La Cocina Bowl

Mexican-style red rice, pinto beans, fajita vegetables, black bean and corn salsa, three sisters vegetable blend, tomatillo salsa

**\$8.99** 370 Cal 

## BUILD YOUR BOWL

1 Base, 4 veg  
Sauce/Dressing, Garnish. **\$8.99**

### 1: CHOOSE YOUR BASE

(Extra servings \$1.99)

#### Somali-Style Spiced Rice

170 Cal 

#### Mexican-Style Red Rice

90 Cal  

#### Lettuce & Kale Superfood Salad Mix

50 Cal  

### 2: CHOOSE UP TO 5 VEGGIES

(Extra servings \$2.59)

Steamed Snap Peas	45 Cal	 
Jerk Roasted Vegetables	200 Cal	 
Pinto Beans	160 Cal	  
Fajita Vegetables	80 Cal	  
Red Cabbage + Fennel Slaw	200 Cal	 
Grilled Spring Vegetables	160 Cal	 
Black Bean & Corn Salad	120 Cal	  
Medium Pico De Gallo Salsa	15 Cal	  
Three Sisters Vegetable Blend	70 Cal	  

### 3: CHOOSE YOUR DRESSING & GARNISH

Green Goddess Dressing	40 Cal	
Pomegranate Glaze	50 Cal	
Dried Cranberries	90 Cal	
Sweet Potato Bread Strips	90 Cal	
Toasted Pepitas	160 Cal	
Avocado	<b>\$2.59</b> 110 Cal	
Tomatillo Salsa Verde	20 Cal	 

### 4: ADD A PROTEIN

Chicken Bites 6pc	<b>\$5.99</b> 250 Cal	
Chipotle Jackfruit	<b>\$4.99</b> 30 Cal	 
Adobo Chicken Thighs	<b>\$5.99</b> 180 Cal	
Carne Asada	<b>\$7.99</b> 310 Cal	

### FRIED ENTREES / SIDES

**Chicken Bites (6) & Swt. Pot. Fries**  
**\$8.49** 590 Cal

**Chips & Salsa**  
**\$3.99** 320 Cal

**Sweet Potato Fries**  
**\$3.49** 240 Cal 

### SOUP DE JOUR

**Santa Fe Tortilla**  
**\$4.99** 90 Cal  

### ITALIAN ICE

**Strawberry or Lemonade**  
**\$2.99** 70 Cal 

# WED-SAT



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